The SCOOP:

Date: June 15th, 2020
Meeting: Statewide Meeting
Meeting YouTube Link: https://youtu.be/MiYHgHfabuU

Create Better Health Notes, News and Updates:

**Due to the COVID-19 restrictions, you may not be permitted to do all you hope to do this summer. Please go to and fill out this form through Qualtrics so the CBH State Office can assist you with COVID-19 adaptations or alternative work plans. Here is the link: https://usu.co1.qualtrics.com/jfe/form/SV_5yZOhYb508IcL9r

State Office Agenda Items and Updates:

Heidi

- No face to face until it is announced
- Contact tracker
- Team
- Evidence of work is required (what does that mean) - police manual

Casey

- Reporting Facebook classes
  - After August 15th, move program activities that do not have any survey responses to an indirect activity.
    - You will receive detailed instructions on how to do this.
  - For program activities that do have survey responses, use data from responses to populate demographics in the program activity entry.
    - You will also receive detailed instructions on how to do this.
  - Reshare videos until August 15th
- Success stories should still be entered
  - Online education, partnerships, PSE, indirect, etc.

LaCee

- Decision Tree and Survey

Jocelin

- Ambassadors in Action:
  We need more Ambassadors in Action photos. Please email photos of you participating in ANY of the CBH concepts. Photos should be sent to Candi Merritt.

- Facebook Impressions Tally File:
  Facebook page reach in PEARS looks awesome! Many of you are forgetting to upload the Insights report with your tally in the "file upload" section of your report. Please remember to do that as evidence of your page impressions.

Social Media Updates:

Candi @ Create Better Health

- CBH upcoming blog is top 10 uses of cantaloupe
- Newletter
- Going live – fix google calendar – reach out to Amalia for help

Paola @ Create Better Health en español

- Spanish Blog – Farmers market winning recipe
- Post recipes that follow the farmers markets
- FB posts

Hiram @ Captain Create

This month we'll release at least two Captain Create videos. One will be a physical activity Plank Challenge. If you can send footage of you doing a plank (any type will do: https://greatist.com/move/plank-variations-for-core-strength#intermediate), email hiram.wigant@usu.edu for details about file transfers. One per ambassador (the more the merrier)!

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- The second video will be a Grains Food Group Video. Keep an eye on the Facebook page for any needed vocal talent.

Ashley @ Utah SNAP-Ed Works

- Reminder in SM to do list – covid specific success stories. Please email.

Kate @ Kids Create!

- Theme weeks
- Around the world in 80 plates scheduled through July
- Like and share ☺
- Please send photos to share

Social Media To Do List

This week would you please do the following:

- Create Better Health: Comment on three Facebook or Instagram posts.
- Create Better Health Stories: Watch at least two Create Better Health Utah Facebook and/or Instagram stories. Answer any polls, quizzes, or questionnaires within the stories.
- Kids Create: Comment and/or share a post from Kids Create Facebook page.
- Captain Create: Watch, Like, then Share the *Foraging for Asparagus* video.
- SNAP-Ed Works: Do you have any COVID19 season teaching success? How have you found ways to help our target population during this time? We want to share them on Utah SNAP-Ed Works, please email them to ashley.sullivan@usu.edu

Thank you from your CBH Social Media Team. Have a great week!

CREATE BETTER HEALTH
Blog
Facebook
Instagram
Pinterest
Twitter
YouTube

KIDS CREATE
Blog
Facebook
YouTube

CREATE BETTER HEALTH EN ESPAÑOL
Blog
Facebook

UTAH SNAP-ED WORKS
Facebook
Twitter
LinkedIn

***Protocol Manual* Reminder of the Week:**

**GOOGLE CALENDAR

Below (and attached) are three examples of correct Google calendar entries. (Props to Utah County – from whence these came.) Perhaps seeing some visual samples will help everyone recognize if they are entering their classes the right way. Also, please remember to go in and add **CANCELED** to any live, face-to-face classes that are/were canceled due to COVID 19 quarantine. We need to have a record of classes that were scheduled and did not occur. We also need to have CANCELED on there to signal Candi not include the events in social media or on your county newsletter.

OPEN-Facebook Live-Adult-Create Better Health: Nutrition Facts Labe...
Saturday, April 25 · 11:30am – 12:00pm

https://www.facebook.com/createbetterhealthutahcounty/

April 25, 11:30am

Join us live en Español as we learn about how to read andunderstand nutrition facts labels, and how to overcome physical activitybarriers! We will also show you how to make a delicious meal. We will meet overFacebook and stream live. Hope to see you there!

Utah County CBH SNAP-Ed
Created by: nancy.aleccia@usu.edu

OPEN-Video Recorded Class-Kids Food, Fun & Reading: Fruits Lesson
Wednesday, April 29 · 11:30 – 11:45am
Weekly on Wednesday, 5 times

Facebook.com/CreateBetterHealthUtahCounty

https://www.facebook.com/createbetterhealthutahcounty/
April 29, 11:30am
Join us on Facebook (Facebook.com/CreateBetterHealthUtahCounty) for a pre-recorded Food, Fun, and Reading Class. These classes are great for pre-school aged children through 2nd grade. We will read a book and learn about the fruit group on MyPlate. Hope to see you there!

Leading: Rachel

Utah County CBH SNAP-Ed
Created by: maggie.taylor@usu.edu

CLOSED-Virtual-Adult-Create Better Health: Fruits, Vegetables &...
Tuesday, April 21 · 10:00 – 11:00am
Every 2 weeks on Tuesday

The Promise of Women & Families - North
1479 Center St, Orem, UT 84058, USA

Zoom Link: Provided by North Promise

April 21, 11:30am

Join us live as we learn about incorporatingmore fruits and vegetables into our diets, and aerobic physical activity! We willalso show you how to make a delicious meal. We will meet over Zoom conferencesoftware, which is free and available for download at https://zoom.us/

Leading: Nancy

Utah County CBH SNAP-Ed
Created by: nancy.aleccia@usu.edu

County Sharing:

Group #2 -

Salt Lake

- Kaitlin finished a series of FB live series – Creates handouts
- Nicole has been doing Spanish classes

San Juan

- Two new hires – in the process of being hired/starting training

Sanpete

- Getting ready for summer programs.

Sevier

- Been reaching out to partners about classes that can be promoted
- FFR classes – library promoting
- Ongoing talks with Farmers Market

Uintah

- FB page is being followed and people are reaching out
- Reached out to LaPoint community garden at school. Extension maintaining. Hopefully going to be able to use the produce for the school in the fall
- New pantry director. Wants recipes for boxes that are being sent out to those in need

Utah

- Private zoom classes
- Farm Fresh class with library
- Working in community garden and working on buy produce for your neighbor

Wasatch

- Finished NNCP
- Trying to keep up on trainings

Washington

- Not online – building up Facebook – posting 2-3 posts per week
- Trying to get things ready for fall

Wayne

- Working on getting community garden dirt in
- Writing recipes and things that can be done from home
- Building up FB following

Weber

- New Hire Hailee
- End of June there is a kids cooking class scheduled, will end mid July, then start a second session.

County Sharing Schedule:

Group 1:

Beaver, Box Elder, Cache, Carbon, Davis, Duchesne, Emery, Garfield, Iron, Juab, Kane, Millard, Piute

- Please be prepared to share on the following dates: July 6th, August 3rd

Group 2:

Rich, Salt Lake, San Juan, Sanpete, Sevier, Summit, Tooele, Uintah, Utah, Wasatch, Washington, Wayne, Weber

- Please be prepared to share on the following dates: July 20th, August 17th

Chat Box From Meeting (Names entered here are on the roll) –

10:01:24 From Brittney Johnson : Brittney Johnson-Kane

10:01:24 From Ashley : Ashley Stegeman – Uintah

10:01:25 From Mercedis Zismer : Mercedis Zismer- Duchesne County

10:01:27 From travis : Laraine Hollingshead- Beaver

10:01:30 From Yvette Rea : Yvette Rea- Duchesne

10:01:45 From Abi Mickelson : Abi Mickelson-Iron County

10:01:58 From Cindy Nelson : Cindy Nelson-Beaver

00:07:35 Heather's iPad: Heather-Carbon

00:07:43 Christina Pay: Christina Pay - Carbon

00:07:48 Andrea Schmutz: Andrea Schmutz - Washington

00:08:06 Hiram Wigant: Hiram Wigant - Social Media

00:08:10 Ann Henderson: Box Elder - Ann Henderson

00:08:36 Jocelin Gibson: Jocelin Gibson, State Office

00:08:47 Ashley Sullivan: Ashley Sullivan - Social Media

00:09:01 Anny's iPad: Anny Galvin - Cache

00:09:14 Marcia Gertge: Marcia Gertge - State Office

00:09:23 iPad (3): Laura Streeter Salt Lake county

00:09:25 LaCee Jimenez: LaCee Jimenez- State Office

00:11:51 Paola Johnson: Paola Johnson -

00:12:30 Emily Smith: Emily Smith - Cache

00:14:18 Kaitlin: kaitlin Waters- salt lake

00:15:25 Rachel Brower: Rachel Brower- Utah

00:15:55 Debbie's iPad: Debbie Wlmer-Wasatch

00:18:02 Gaby's iPhone: Gabriela Porter - Utah

00:18:30 sierrathornley: Sierra Hill- Weber

00:18:41 Emma Parkhurst: Emma Parkhurst - Davis

00:19:47 Tasha Killian: Tasha Killian - Juab

00:20:17 Elizabeth Davis: Elizabeth Davis - Kane

00:21:01 Sarah Patino: Sarah Patino - Tooele

00:21:03 Kaylee Anderson:Kaylee Anderson Nguyen- Utah

00:23:07 Hiram Wigant: Wow! What a flow chart! Haha

00:24:00 Debbie's iPad: yeah, that makes me feel more overwhelmed and unproductive

00:28:24 Candi Merritt: Candi Merritt

00:29:42 Celina: Celina Wille

00:29:49 Chris Jensen: Christine Jensen, Emery

00:30:03 Tricia Mathis: Tricia Mathis - Wasatch

00:30:13 Michelle Vanfleet: Michelle Vanfleet Box Elder

00:33:47 Amberly Lambertsen: sorry, I think my kids hit the button on driving mode while I was solving a disagreement 🤦‍♀️

00:35:06 Cara Murray: it looks sooooo good! I love it!

00:35:10 LaCee Jimenez: It was great! I loved seeing Cara's helpers forage and enjoy the asparagus.

00:36:58 Melanie Jewkes: Melanie Jewkes — Salt Laje

00:37:34 Michelle Vanfleet: hyrum, when do you want those videos by?

00:38:12 Hiram Wigant: Great question! Whenever you can get them to me. Preferably by the end of this week, but into next week works too.

00:38:33 Mekeisia: Mekeisia Westwood - Piute

00:39:06 Kristi Strongo: What if we harvested rhubarb and made a pie? Does that work for ambassador in action? I mean it was a pie and delicious but not exactly a healthy dessert.

00:39:29 Kate Chappell: We have Sunday sweets! And whole wheat pie crust is a thing!

00:39:44 Kaylee Anderson: who should we send the covid 19 success stories to again?

00:39:47 Candi Merritt: Kristi, works for me!

00:40:08 Kristi Strongo: So is Pillsbury Kate :) That is my kind of pie crust.

00:40:33 Ashley Sullivan: Please send COVID success stories to ashley.sullivan@usu.edu Thanks!!

00:45:00 Kate Chappell: Lol Kristi! I'll send you a super easy pie crust than you can do in a food processor! But I do use all butter in my pie crust so its all relative.