Create Better Health Notes, News and Updates:

Agenda items:

Casey

- Virtual education clarification: is it an indirect activity or program activity in PEARS?
  - If you teach your class on Facebook and the only reach numbers you have are from the Facebook analytics (views/impressions) then you will report it as an indirect activity.
  - If you know how many people truly watched your class, whether that is by offering it through zoom where you can see how many people are there, there is someone on the other end of your video that can tell you how many people viewed it, or you have people complete surveys, then it is a program activity.
- Food demonstration/sample approval
  - New templates (these will be available on the website in the next few days)
  - Programs already approved

LaCee

- New Pantry Assessment Tool Announcement – A recorded training will be provided this week.
  - Please watch the training before the 3rd Monday Meeting
  - Email LaCee with any questions and she will answer any that are relevant to most counties during the 3rd Monday Meeting.
- Upcoming Physical Activity-focused social marketing campaign will be launched May 1st. Training will be coming up in the two months.

Kristi

- Follow-up homework from Region Training. Watch for email.
- We have a Kahoot account if you want to use it for classes. Please reach out to Kristi or Marcia for the information if you are interested.

Marcia

- Wellness update

Jocelin

- County Newsletter Templates are on the Staff Website > Recruiting & Marketing > Recruiting & Marketing Materials > Newsletter Templates (Adult & Youth)
- County Newsletter Reporting Instructions are on the Staff Website > PEARS & Reporting > County Newsletter Monthly Reporting Instructions
- County Newsletter Tips and Recommendations are attached to this email. A mini-training video is coming soon.
Amalia

- Please keep the google calendar updated.
  - We need it as updated as possible three months in advance.

Hiram

- Captain Create Script and Video Templates

**County Sharing March 1st, 2021**

**Beaver**
⇒ It was great to see the kids in the store, where I have started Thumbs Up, talking about the youth classes and the information they are learning.

**Box Elder**
⇒ Waiting on approval for going back to Independent Life Skills Center and teach CBH classes.

**Cache**
⇒ Will start teaching the youth curriculum in schools this month.

**Carbon**
⇒ Able to participate in the St. Patrick’s Day parade again.
⇒ Will be able to teach in the circles group starting soon.

**Davis**
⇒ Just got approval to teach in person classes at the young parent center.

**Duchesne**
⇒ Continued partnership with Painted Horse Garden Boxes
  - Will be up to 93 garden boxes this year

**Emery**
⇒ Continued to take handouts and newsletters everywhere we are able and we are always looking into new places to drop them off.

**Garfield**
⇒ Working with Farm Bureau doing a virtual family meals class
⇒ Starting to work on creating a class in an after-school program

**Iron**
⇒ Going to elementary schools and teaching captain create to 1st and 2nd grade
⇒ Working with Care and Share to create a possible partnership

**Juab**
⇒ Laurie is doing an after-school cooking class with youth.

**Kane**
⇒ There is now a healthy checkout lane at the local grocery store with a great CBH banner hanging up now.

**Millard**
⇒ Teaching Captain Create and FFR in elementary schools.
Piute
⇒ Working on hiring. There are some potential ambassadors that have been interviewed. Just need to decide who is the best option.
⇒ Preparing the community gardens.
⇒ Cooking with Chris class taught with CBH curriculum.

Candi Merritt - Create Better Health Utah
⇒ National nutrition month – CBH.org
⇒ Upcoming Blogs:
  o Cooking with wheat
  o Food safety if the power goes out
⇒ Thank you for sending in Ambassador in Action photos, please keep sending them!
⇒ Newsletter coming out this week.

Paola Johnson - Create Better Health en español
⇒ Spanish blog coming up
  o Soup – Broccoli cream soup
  o Sharing MyPlate information

Group 1:
Beaver, Box Elder, Cache, Carbon, Davis, Duchesne, Emery, Garfield, Iron, Juab, Kane, Millard, Piute, Social Media: Candi Merritt - Create Better Health Utah, Paola Johnson - Create Better Health en español
  o Please be prepared to share on the following dates: March 1st, April 5th, May 3rd

Group 2:
  o Please be prepared to share on the following dates: March 15th, April 19th, May 17th

**Upcoming Meeting's:**
(Full month of meetings if possible and list the canceled meetings with a note next to them)

March 8th, 2021 – Nutrition Working Group and CBH Supervisor Meeting 10:00am

March 15th, 2021 – Statewide Staff Meeting 10:00am

March 24th, 2021 – Statewide Inservice Meeting 10:00am

April 5th, 2021 – Statewide Staff Meeting 10:00am

April 12th, 2021 - Nutrition Working Group and CBH Supervisor Meeting 10:00am

April 19th, 2021 – Statewide Staff Meeting 10:00am

April 28th, 2021 - Statewide Inservice Meeting 10:00am

May 3rd, 2021 – Statewide Staff Meeting 10:00am

May 10th, 2021 - Nutrition Working Group and CBH Supervisor Meeting 10:00am

May 17th, 2021 – Statewide Staff Meeting 10:00am

May 26th, 2021 - Statewide Inservice Meeting 10:00am