

# The Scoop

Statewide Staff Meeting

June 4<sup>th</sup>, 2018

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## Areas Represented

Beaver

Box Elder

Cache

Carbon

Davis

Emery

Millard

Salt Lake

Tooele

Utah

Weber

Social Media

State Office

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## Hiring – Heidi

Just a note on hiring – the guidance outlines that we are supposed to hire para-professionals. We do this for a couple of reasons. #1 They relate to our participants easier. #2 Gives those in greatest need of a job an opportunity to be employed. Please recruit potential employees from para-professional populations.

## Call for Learning Tasks - Kristi

At our upcoming Regional Conference, we would like to highlight the learning activities you NEAs are already doing to enhance your lessons (i.e. visuals, games, etc.) We will recreate those learning activities for everyone to see and provide the supplies for you to add one or two of the activities to your own curriculum. Please submit your learning tasks to both Kristi & Marcia.

## Photo Release Form - Jocelin

Photos are flowing in for both the NEAs in action and success stories. They are unbelievable delightful, but often include images of people without signed consent. In order to post any photo, we need a signed “Photo Release Form” from each individual in the picture. Please send us your OWN photo release form as well as a form for each participant featured in your images.

Staff Website → Misc Forms → Photo Release Form

## Updates - Casey

### Create Better Health Curriculum Update

Unfortunately, we will not have the updates available for July’s training. The curriculum is in the peer review process right now. The only major change was made in regard to CREATE concepts with lessons. Now, with each lesson, you have the opportunity to choose which CREATE concept to highlight. Concepts should be tailored specifically to your location and audience.

### Create Farm Fresh Supplies & Surveys

This year you can order all supplies for the Create Farm Fresh series through the Qualtrics order form on the staff website – just the same as you would for any other CREATE curriculum materials.

Our survey tool is available in PEARS. If you need help locating the survey, contact Leslie.

Thanks to our Latino team, we now have 24 Spanish farmers market recipes on the staff website. Staff Website → Farmers Market Materials → Farmers' Market Recetas

### Farmers' Market Cookbook

We are printing 5,000 copies of the Live Well Utah Farmers' Market Edition cookbook. These will have updated lists of markets accepting EBT machines and markets with a Food \$ense booth. Cookbooks will be distributed on an "as-needed" basis. If you need cookbooks in your county, let Caleb know what your needs are via email. Once the books are printed, you can send in your orders through the Qualtrics order form. They should be ready by next month.

### PSE Efforts

Each county should be involved in at least one PSE effort. Special circumstances may arise, but it is standard for PSE work to be ongoing in each county. If you need assistance getting something set up in your own county, set up a meeting with Casey to brainstorm ideas.

Each PSE effort must be approved by the state office. If you have any questions on whether or not an activity counts as PSE, talk to Casey. Many activities that seem as if they would qualify are really just indirect activities. Please get approval prior to implementing your program.

Starting in October, there will be new opportunities to incorporate PSE work into the schools. This is great news as it will help us expand on the work we are already doing in the schools.

## **Eligible Locations & Teaching Series – LaCee**

It is vital to target locations saturated with members of our target audience. Locations to focus on are #1 where 50% of the population is eligible for our services and #2 where we can teach a 4 to 8 week series. Teaching series of classes allows us to really see behavior change.

## **Google Calendar - LaCee**

THANK YOU to all who regularly update the Google calendar. This has been very helpful in scheduling times for senators to go and observe classes and PSE efforts throughout the state. We cannot reemphasize enough the importance of updating this calendar.

## **Aggietime – Gayla & Heidi**

Per Food \$ense policy, Aggietime must be entered on a daily basis. While it can be a slow program to work with on the computer, it should take less than a minute to turn in your hours each day. To speed up the process and remove risk of glitches, please download Google Chrome and make sure the spinning circle stops rotating before you click out of the website. All supervisors must approve their NEA's hours on time. We must report our time on a timely basis.

## Fiscal Year End & New TA Requests - Gayla

At the end of this week, you will receive an email reminding you to submit a new TA request. Turn in your mileage ASAP. All mileage for this fiscal year must be submitted by July 2<sup>nd</sup> at the latest. Early submissions are more than welcome! P-card receipts also must be turned in ASAP.

## Social Media Reports

### Food \$ense Utah Accounts – Shayla Shearer

- Instagram: [foodsense\\_utah](#)
- Twitter: [@UtahFoodSense](#)

This month we are focusing on physical activity, especially hydration and fueling. June is National Dairy Month, so we will focus on how to incorporate healthy dairy options with less fat and sugar into our life. Kitchen tips, fun facts, and other regular posts will continue to be incorporated into our posting schedule. Big thanks to the NEAs who share our posts and help extend our efforts to a greater audience. Feel free to mention our accounts in classes when people have questions.

### Snappily Every After – Kerry Garvin

- <http://snappilyforever.blogspot.com/>
- Twitter: [@snappilyforever](#)

We have a bunch of fun summer stuff coming up on the blog. This summer, I will be attending the farmers market and farm stand in Perry on a regular basis. All recipes will be created with whatever is available at the market. We hope the blog will offer a model for participants to follow (i.e. purchase food at the farmers market, emphasize fruits and vegetables, etc.) All photos that I take at the farmers market will be shared in a community Box folder.

The activity list is a perfect handout for summer food sites, farmers markets, etc. It is a list of multiple non-threatening activities that encourage a healthy lifestyle. You can order them from the state office and have them printed out. Our hope is that these handouts can help inspire people to feel that healthy living brings happiness.

## County Reports

### Piute

With school finishing up, we are starting up our summer activities. We will have a food camp next week – with both cooking demonstrations and nutrition education lessons. Each day will focus on something different (i.e. fruits and veggies, breakfast, dairy, and protein). After the food camp, we will have a day camp focused on how healthy living helps you be active in the summertime. We also have three community gardens up and running now.

### Salt Lake

All the after-school programs are wrapped up. We have Food, Fun, and Reading classes open at the library and Glendale Community Center. We are working with four different community gardens. At Kearns High School and the AIDS Pantry, we focus on upkeep and harvesting in the garden. Produce grown at the high school is donated either to us

or to local food sites. At the Redwood Health Center and Family Promise Program, we provide gardening and nutrition education for participants. We are hoping these programs will call back and ask for us to do a series with them. In addition to all of that, we have started a partnership with the Veterans Affairs and University of Utah food pantries where we plan to host a healthy food drive to benefit these pantries.

### **Tooele**

We are getting ready for a week-long kids camp focused on yoga and other dairy based snacks. Each class we will do yoga and have a quick snack lesson. In June and July, we are doing an expedited Food, Fun, and Reading group, attending the nutrition and food science conference in Saratoga Springs, putting on a health and safety expo, and building blender bites for a smoothie exhibit emphasizing dairy.

### **Utah**

Last Friday, we filmed four cooking videos that will be edited and distributed on Facebook and in food pantries. These will give participants a visual demonstration of the recipe that they can access wherever they are. We have volunteer interns at four different farmers' markets in the valley – Springville, Spanish Fork, Orem, and Provo. We got a photo booth with props and a background to get people interested in the Facebook page as we post the pictures from the booth. Our summer elementary programs will be at South Franklin and Spring Creek elementary schools. There, we will do two sets of four-week classes. We will have hands-on cooking as well as a Kids Create section. Food, Fun, and Reading programs are going on at three different locations – everyone is really enjoying it. Finally, we are teaching the CREATE curriculum at the

### **Washington**

After working with Casey to brainstorm PSE efforts, we have lots of ideas on how to expand our current efforts. We have a couple of unusual classes – one at Dove Center and one at Southwest Behavioral Health and hope to start up some more series. In addition, we are meeting with DWS on Friday.

### **Weber**

This summer we are hosting a kids summer camp at the school for the deaf. The school has provided translators and we have prepared the games and activities for the children. Another success for us has been working with the senior center's "make-and-take" program. The center provides the food for the meal, and we teach a small group of seniors how to create a healthy meal out of the provided food.

## **Next Meeting**

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**NEXT MEETING will be July 2<sup>nd</sup>, at 10:00 am.**

### **Counties Reporting**

- **Beaver, Box Elder, Cache, Carbon, Davis, Duchesne, Emery, Garfield, Iron, Juab, Kane, Millard**

### **Social Media Reporting**

- **Eat Well Utah, Kids Create**