

# The Scoop

Statewide Staff Meeting

May 7<sup>th</sup>, 2018

---

## Areas Represented

Beaver

Box Elder

Cache

Carbon

Davis

Duchesne

Emery

Iron

Kane

Millard

Piute

Salt Lake

Summit

Tooele

Uintah

Utah

Wasatch

Washington

Wayne

Weber

Social Media

State Office

---

## Private Vehicle Record Form - Gayla

Please be more thorough when filling out the 'Private Vehicle Record Form.' Be sure to not only include the destination address, but also a description of what you are doing at the destination (i.e. teaching, recruiting, etc.) If you are teaching, include what lesson you will be using. Send Gayla as many sheets as you need to adequately describe what you are doing.

Details to be aware of:

- Round decimals to the nearest whole number
- Assure the entirety of the departure & destination addresses is readable. Use the 'text wrap' feature and/or extend the available space within the cell.

The fiscal year is approaching. In about a month, you will need to request a new TA be created for you. Gayla will send a reminder about this.

All mileage must be submitted prior to July 2<sup>nd</sup> with the old TA number in order to be counted on this years' budget.

## Create Farm Fresh Food Evaluation Tool - Casey

We are making a few changes to the Create Farm Fresh Food evaluation tool. It has been submitted for approval, but that may take a couple of weeks. So, if you have a series scheduled for May go ahead and use the approved evaluation form for your series. We will let everyone know when the new tool has been approved and it can be used. You can find the approved curriculum and handouts on the staff website under the farmers' market tab. The survey is currently in the PEARS and reporting tab-->Adult Reporting --> Create Farm Fresh Evaluation Form. Let me know if you have any questions.

## Campus Kitchen Grant – Jackie & Caleb

Caleb & Jackie have been working to create a campus kitchen at Utah State University. It is essentially a student-run soup kitchen where students recover food waste from the community, prepare it into nutritious meals, and then distribute those meals to people in need. We have everything in place to get started this next school year, but need a means of transportation for the volunteers to use. The money earned from this grant will allow us to get the transportation we need.

Please take a minute to vote for Utah State. The competition ends tomorrow at noon. You can vote once per device per day.

Link: [https://campuskitchens.org/spring\\_launch2018/](https://campuskitchens.org/spring_launch2018/)



## Social Media Reports

### Eat Well Utah – Candi Merrit

Upcoming posts:

- National Salsa Month – Make Your Own Fresh Salsa at Home
- Berries in 5 Different Ways
- Top 10 Ways to Enjoy Asparagus

Thanks to those who have sent in pictures for the NEAs in action series. We are hoping to do one post each week, so please keep sending pictures and descriptions of your activity to Candi.

The Newsletter is going out this week. Please make sure all of your classes are added to the Google Calendar. Include the details of what/when/where you are teaching. Be sure to add if the class is open or closed next to the title of the event so we know if we can share it on the Newsletter or not.

### Kids CREATE Blog – Hannah Davis

- <https://kidscreatesite.wordpress.com>

Watch for food highlights Monday, recipes on Wednesday, and physical activity tips on Friday. Look for a post on the farmers' market soon.

## County Reports

### **Beaver – Cindy Nelson**

We recently finished up our after-school program that went very well. One huge victory came from an obstacle course we did with the kids to encourage physical activity. One teacher commented “This is so good and so easy, we need to incorporate something like this in the classroom every single day.” This was great to hear since we hope our efforts will be continued even after our role has finished in the schools.

We also distributed the Cinco de Mayo recipe cards at our local grocery store and Zumba class. Tomorrow we will host an “Ag in the Classroom” lesson. A local LDS Relief Society requested some of our resources. We gave them a few, including the Live Well Utah pamphlet that highlights family mealtime and a handful of affordable nutritious recipes.

### **Box Elder – Ashley Sullivan**

We just met with our community garden and plan to do PSE work with them; taking excess produce grown in the garden to our local food pantry and soup kitchen. As far as lessons go, we are wrapping up our series in the schools and are teaching at an independent life skills center. Teaching adults with special needs has been a unique challenge, and we have learned we need to be very specific with what we tell them. Over the summer we plan to teach the Food, Fun, and Reading curriculum as well as the Create Farm Fresh Foods curriculum. In June, we have a Create Better Health challenge set up. Each participant receives an allotted amount of points for certain My Plate objectives: physical activity, eating fruits, eating vegetables, eating whole grains, etc. Point values will qualify participants for a prize drawing with an array of prizes donated from the hospital and other community resources.

### **Cache – Hiram Wigant**

Daniela has been teaching classes at WIC and has her foot in the door with the local refugee community (CRIC). May is our last month of Mommy & Me classes (taught in both English and Spanish). We recently attended a health fair and reached about 300 people. This summer, we will be a part of 3 After-School programs, begin Food, Fun, and Reading, and come to 5 different summer meal sites. We have everything set up to begin the Farmers’ Market this Saturday. Our Facebook following is growing and we just got word that a group wants our 8 series class.

### **Carbon – Heather Salee-Cloward**

Shared the Cinco de Mayo recipe with the community, and they loved it! This week we are meeting with the housing authority and food pantry coalition. We will likely be in charge of the vegetable garden – teaching children how to plant seeds. Food, fun, and reading will be taught twice a week during the summer at the local library. This week and next week we are going to the food pantry for commodity classes to hand out flyers for participants.

**Davis – Kendyl Radle**

We will be starting a series at both DWS and the WIC office this month. We will continue our PSE efforts at the Bountiful Food Pantry and 7-Eleven. We'll have a booth at the 'Safe Kids Fair' and 'Davis Dash and Bash.' In June, we plan to begin our Food, Fun, and Reading program as well as our farmers' market booth.

**Duchesne – Katherina Christensen**

Just finished a Create Better Health series with the senior citizens. We are in the middle of the Food, Fun, and Reading curriculum at 2 libraries and are teaching 2 Family Mealtimes a week. In June, we will start Create Farm Fresh Foods. We also plan to have a booth at a family fun run.

**Emery – Chris Jensen**

All 7 schools in our district are participating in the free summer lunch program. This will be very helpful to our county that is struggling with low employment rates. We will also implement the Food, Fun, and Reading program at our elementary schools and library.

**Garfield – Holly Frandsen**

We just wrapped up Food, Fun, and Reading with 1<sup>st</sup> graders. This is our 3<sup>rd</sup> year of teaching this program and greatly enjoy teaching it. This month we will wrap up the last Create My Plate Curriculum with the youth. We are planning our teaching plan for farm field day, and a 4H Ninja Warrior obstacle course. Our food pantry was recently re-done, so we will reset all of our Thumbs-Up materials there. This summer we will for sure teach a 6-8 week "Kids in the Kitchen" class series where we do a mini nutrition lesson through the Create My Plate manual. Kids love this class because they get to be creative and learn kitchen safety. We are deciding which class to teach this summer: Mommy & Me or Food, Fun, and Reading.

**Iron – Delaney Matheson**

We just completed a Mommy & Me series with a passport theme. It went well, but we had a wide range of ages and hope to make the age more specific next time. We had a booth at our county mental health awareness fair. The booth highlighted sugar, especially in sugar sweetened beverages. Many parents remarked that they were surprised by how much sugar was in supposedly healthy drinks and that they would only give their kids 100% fruit juice from now on. Over 750 youth were taught at the farm field days. We taught a lot about dairy.

On a side note, Delaney will be leaving Food \$ense. We are so grateful for the work she has done and wish her the best in her future.

**Juab – Tasha Killian**

We are teaching lots of classes. Recently we had a successful recruiting at "Community Night Out" where we were able to get the word out about our program.

**Kane – Brittney Johnson**

Lately we have set up indirect booths at many street festivals in Kanab. We are finishing up teaching the youth curriculum at our elementary school. We created a snack cookbook for kids to use while their parents are at work after school. We are planning our farm field day and 4H camps. We are starting Food, Fun, and Reading at the library, doing monthly adult classes, and working on PSE efforts at food pantries.

**Millard – Mary Anna Henke**

We have been doing a lot of work in elementary schools with 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> graders including the farm field day. Food, Fun, and Reading classes will begin in both Delta and Fillmore libraries from May to July. Family mealtime classes will also be taught in both Delta and Fillmore. On Monday, we will go to the food banks for a demonstration in hopes of encouraging healthier food choices.

---

## Final Comments/Questions

**Caleb**

We at the State Office are so excited to hear about the great work you are doing around the state. There are so many good things going on in the schools, libraries, and elsewhere in the community. Keep up the good work!

**Patrick**

We just hired a new NEA, and are hoping to hit the ground running. We have things lined up to work with the Piute tribe, but would greatly appreciate input from everybody else on other programs we can implement here.

**Food, Fun, and Reading - Darlene Christensen**

The IRB approval asked for our parental consent to be in Spanish. We are still waiting for the translation to come through. Once we get our materials we will be able to send you everything you need. If you are starting this week, let us know ASAP.

**Evaluation Concerns**

Incentives from the 6 month survey are being sent out by Leslie. If you have had questions from participants on whether or not they have been contacted, Caleb can double check to make sure their names have been entered in the drawing.

Check Caleb's email regarding the Qualtrics survey and punch card.

## Next Meeting

**NEXT MEETING will be June 4<sup>th</sup> at 10:00 am.**

**County Reporting:** Piute, Salt Lake, Sanpete, San Juan, Sevier, Summit, Tooele, Utah, Wasatch, Washington, Wayne, Weber

**Social Media Reporting:** Food \$ense Utah Accounts, Snappily Ever After