

## Statewide Staff Meeting

May 1<sup>st</sup>, 2017

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### Counties Represented

**Beaver**  
**Box Elder**  
**Cache**  
**Davis**  
**Duchesne**  
**Emery**  
**Garfield**  
**Iron**  
**Juab**  
**Millard**  
**Piute**  
**Salt Lake**  
**Sevier**  
**Tooele**  
**Utah**  
**Wasatch**  
**Washington**  
**Wayne**  
**Weber**

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### Reporting Ultimatum Reminder – Heidi

Just a reminder that the reporting ultimatum is this Saturday, the 6<sup>th</sup>. All reports (from classes, travel, etc.) is due. From now on, reporting is due by the end of the week, as Kim goes over the previous week's reports each Monday.

### Monthly Inservice Training: Roll Call -- Jocelin

After our federal management evaluation, we are required to keep a roll of all those who attend or watch training meetings (i.e. statewide meetings, inservice, etc.). To keep track of attendance for our monthly inservice training, I'll send out an email, you can respond to that email if you watched the training (even if you watched it afterward).

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### *Social Media Report*

### Snappily Ever After – Kerry Garvin

<http://snappilyforever.blogspot.com/>

I am starting my summer posting schedule, which means that I'll be posting four times a week. I will be posting about ingredients available at farmers' markets. These will include Introductions to vegetables at farmers' markets, what they are how to use them. Two times a week, I will have posts about simple ways to prepare fresh produce.

### Eat Well Utah – Candi Merrit

<https://eatwellutah.org/>

With this month being national egg month, I will be doing posts about how to use eggs in different ways. I have been doing weekly challenges. This month, the challenges with include trying a new fruit, and encouraging people to go to farmers' markets. I am also going to be doing slow cooking recipes. Last, I wanted to thank all of the NEAs for collecting emails from your county so I can send the Eat Well Newsletter (specific to your county) to the people in your county.

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## *County Reports*

### Duchesne -- Katherina

We are finishing up our incredible super veggie cartoon contest. We worked in the schools to have kids submit their best cartoons about increasing fruit and vegetable consumption. The winning cartoons were selected to be turned into posters in the lunchrooms of the schools. Several local businesses sponsored us so we could provide bicycles to the children with the winning cartoons.

### Emery -- Barbra

We recently taught at Head Start. We did a Peter Rabbit lesson. We read the book and talked about the vegetables that Peter liked to steal, then ate those veggies prepared on a vegetable tray. For our physical activity component, we taught them the bunny hop.

We have also been working with the food commodity food program, where participants receive a food box from the food bank.

### Garfield -- Holly

I teach in the schools. Lately I have had a class of about 30-40 kids where I have been teaching about My Plate servings. For the physical activity component, I have been teaching the kids yoga positions. My Plate servings. First graders, food fun and reading.

I have also been teaching an afterschool program "Healthy Happy You." There, I also incorporated a yoga day. To incorporate physical activities into the class, I learned that it is important to ask the teachers to get their support and it has worked well for me.

### Iron

They are hiring a new NEA.

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## *Next Meeting*

### Next Meeting

Next Meeting: May 15<sup>th</sup> at 10:00 a.m.

Counties Reporting: Salt Lake, Sanpete, Sevier, Tooele