

The Scoop

Statewide Staff Meeting

February 5th, 2018

Areas Represented

Beaver

Box Elder

Davis

Duchesne

Emery

Juab

Salt Lake

Wasatch

Wayne

Weber

Uintah

Social Media

State Office

Google Calendars - LaCee

Thank you to those who have updated their Google Calendars, we really appreciate it as it is a requirement for each county to do so.

New Curriculum Feedback – Casey & Jacqueline

We really appreciate the feedback we have received about the new curriculum. If you have anything for us to incorporate, please let us know as soon as possible. This is our final call! We hope to incorporate your ideas by the end of the month, so be looking for new changes.

A Few Things - Heidi

Thank you to the supervisors for signing up for your one-on-ones. They have been very insightful and good. I have enjoyed getting to know your programs better.

Second, I would like to thank everyone for attending the regional trainings. Things I have noticed is the chatter on FB has increased because you are connecting. I love that and also hope those counties with multiple NEAs will reach out to other counties and chat about the great things you are all doing. Thanks to Kristi and Marcia for setting these up and doing such a great job training. Also, thanks to all of those who assisted with food, location, and training.

The majority of people in our office are at ASNNA this week. This is a national meeting on SNAP-Ed programming for all the states. We always look forward to learning and implementing new innovative programming.

Annual Conference @ Hyatt Place in Farmington
October 2nd-4th, 2018

Our office is working on the \$1.50 Luncheon updates and to brand it with CREATES. We hope to share with you all early summer.

Just a reminder about the email I sent out in regard to timely record keeping; specifically financial. Please turn in mileage, receipts, and paperwork monthly. This helps us have an accurate picture of our budget throughout the entire year.

Social Media Reports

Tayla Russel – Food Sense Utah Accounts

- Instagram: foodsense_utah
- Twitter: @UtahFoodSense

Many new features on our social media platforms are increasing our ability to provide meaningful information to people. Instagram’s “story” feature is the most popular place for people to comment and like posts, allowing them to engage with our program more effectively. Links to our handouts can be directly posted on our page, allowing people to download them directly for their use.

Please like & comment on our posts as much as possible. The more we engage with our posts, the more they will be available for everyone else to see them as well.

Look for posts about utilizing a handful of simple ingredients for various kinds of meals (i.e. same ingredients for tacos, casseroles, salads, omelets, etc.)

Kerry Garvin – Snappily Every After

- <http://snappilyforever.blogspot.com/>
- Twitter: @snappilyforever

February will have a heart health undertone to each post and March will focus on National Nutrition Month. If any educators would like help reinforcing the recipes taught in their classes, feel free to reach out to me. My blog can be used to show people an online version of the recipes demonstrated during classes.

County Reports

Beaver

Kailey – We have been implementing both the “MyPlate” and “Food, Fun, and Reading” curriculums in our elementary schools. One teacher emailed thanking us for the lessons, commenting that her students loved them and were talking about them all week long. We are also launching an upcoming Family Mealtime series.

Box Elder

Ashley – In the past we have only been able to teach at DWS once a month and as a result had a difficult time getting the same group of people for each lesson. We discussed this with DWS and worked out an agreement for us to teach five consecutive lessons week after week. We have been going for four weeks now and seen a lot of success from it: the same group of people are being taught and the curriculum feels much more effective.

Cache

Hirum – Daniela and I have been doing lots of work to improve the programs here in Cache Valley. We have been attending the food pantry distribution times to educate clients about healthy eating habits. We plan to go earlier on those days and prepare recipe kits with available food for clients to take home with them. There will be a

Mommy & Me class beginning in late February. We have scheduled regular WIC & DWS classes for English speakers. The Spanish classes are doing great – multiple classes are taught a week.

Daniela – Working on creating pictorial recipe cards for refugees. If anyone has any tips or resources in this regard, please reach out.

Davis

Erin – We have been busy focusing on new classes: for example, we are taking over Storytime at the library for the month of February teaching “Food, Fun, and Reading.” This was really successful last week – we almost doubled their usual participation.

We are also working with food pantries to create recipe bags and hope to implement the Thumbs Up Toolkit in department stores and convenience stores. 7-11 seemed willing to work with us, so that is exciting.

Lecy has been great at hosting Spanish content on social media sites.

Work is being done to improve our PSE work in local community gardens. We hope to have a row designated for the homeless to grow their own food.

DUD

Katherina – We are teaching a new Family Mealtime series. Parents (husbands included) are learning how to better involve their children in the kitchen. These seem to be very successful and participation is high.

Two food pantries in Duchesne county are implementing recipe bags. Pantries are still hesitant due to time restraints on pantry managers, so we are continuing to recruit and work through this barrier.

Suzanne - Local boy scouts have been assisting with food salvage efforts. Excess perishable food is compiled into soup and quick bread recipes “in a jar.” The jars are then distributed to those in need with instructions on how to make the meal (i.e. just add water and bake at “ “ temperature). We can share these recipes with everyone!

Ashley - About to start “Food, Fun, and Reading” program at local Headstart next month. I am also meeting with the district coordinator to implement the “MyPlate” curriculum in our elementary schools.

Next Meeting

NO MEETING on the 3rd Monday of this month – Happy President’s Day!

NEXT MEETING will be March 5th, 2018

Reporting: Emery, Garfield, Iron, Juab, Kane, Millard