

# CREATE BETTER HEALTH THROUGH SNAP-ED

## SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION

By Utah State University Food \$ense SNAP-Ed

7,056,986 INDIRECT IMPRESSIONS



Number of contacts/views (not unique individuals)

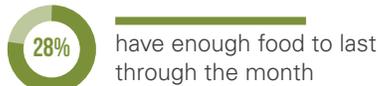
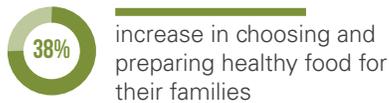
6,434 ADULTS

### Direct Education

While participating in a series of classes



Six months after participating in classes



\*excludes dried beans, dark green and orange vegetables

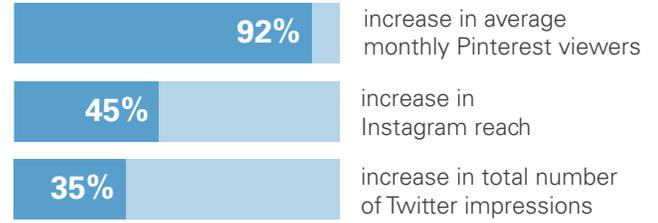
"Strong, healthy families is what some of us need to survive."

"Thank you for showing me how to eat better so I can be the fun grandma, instead of the tired old grandma."

"I love the challenge to eat a family meal together!"

"I like green things now!"

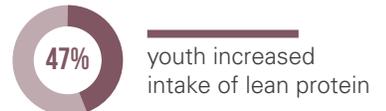
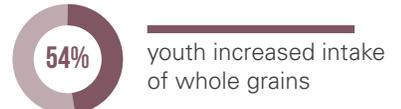
## SOCIAL MEDIA



15,748 YOUTH

### Direct Education

As reported by parents



## NNCP National Nutrition Certification Program

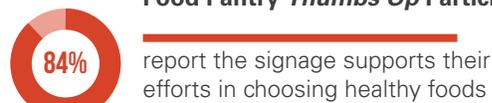


32 participants internationally

## THUMBS UP FOR HEALTHY CHOICES

in Food Pantries (Policy, Systems, and Environment)

Food Pantry *Thumbs Up* Participants



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EXTENSION UtahStateUniversity.

FOOD \$ENSE SNAP-ED