



LUNCH MENU IDEAS

Remember, family mealtime doesn't just have to be for dinner. Create Family Mealtime with this week's lunch menu. Find these, and more great recipes on extension.usu.edu/foodsense.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cheese Quesadillas Corn & Black Bean Salsa	Turkey Wraps Cucumber & Tomato Salad	Greek Pasta Salad	Barley Lentil Soup Whole Grain Crackers	Buffalo Chicken Sliders Carrots & Celery	Tuna Salad Sandwich Apple Slices	English Muffin Pizza Marinated Zucchini Salad

