

SEVIER COUNTY

COUNTY IMPACT REPORT



PARTNERSHIPS WITH LOCAL ORGANIZATIONS AND AGENCIES

Donna Maxfield, the Sevier County NEA, works very closely with the Central Utah Food Sharing (Food Bank) and provides regular classes there. Participants receive extra food incentives for attending Donna's classes.

NUMBER OF PEOPLE REACHED THROUGH FOOD \$ENSE



STRETCH FOOD DOLLARS

FOOD \$ENSE PARTICIPANTS:	BEFORE FOOD \$ENSE CLASSES	AFTER FOOD \$ENSE CLASSES
Usually are able to stretch their food dollars	42.75%	25.91%
Always are able to stretch their food dollars	26.85%	53.23%



IMPACTS SPECIFIC TO FOOD SECURITY INCREASE, INTAKE OF FRUITS AND VEGETABLES, AND ACCESS TO FOOD

There are an estimated 3,210 people in Sevier County considered to be food insecure. **Stretch food dollars:** Prior to Food \$ense, 42.75% reported they usually are able to stretch their food dollars and 26.85% reported they always are able to. After Food \$ense, 25.91% reported they usually are able to stretch their food dollars and 53.23% reported they always are able to. **Use MyPlate recommendations:** Before: 20.3% never, 27.41% seldom, 22.26% sometimes, 11.6% usually, 4.49% always; After: 0% never, 4.02% seldom, 28.16% sometimes, 35.55% usually, 13.75% always.

SUCCESS STORY

A participant who comes to every class I give at the Food Bank was telling new people who had come for the first time how great the classes are for her. She told him her husband looks forward to coming home to find out what new foods she is fixing them. He dislikes vegetables, but she has brought many new vegetables home for him to try and has fixed some that he has tried in new ways. He admits that he likes all the new things she tries and they now eat together and try new vegetables at every meal. She says they get along better now too; that's the bonus.



USE MYPLATE RECOMMENDATIONS

BEFORE
FOOD SENSE
CLASSES

AFTER
FOOD SENSE
CLASSES

20.3%

0%

Never use MyPlate
Recommendations

BEFORE
FOOD SENSE
CLASSES

AFTER
FOOD SENSE
CLASSES

27.41%

4.02%

Seldom use MyPlate
Recommendations

BEFORE
FOOD SENSE
CLASSES

AFTER
FOOD SENSE
CLASSES

22.26%

28.16%

Sometimes use MyPlate
Recommendations

BEFORE
FOOD SENSE
CLASSES

AFTER
FOOD SENSE
CLASSES

11.6%

35.55%

Usually use MyPlate
Recommendations

BEFORE
FOOD SENSE
CLASSES

AFTER
FOOD SENSE
CLASSES

4.49%

13.75%

Always use MyPlate
Recommendations