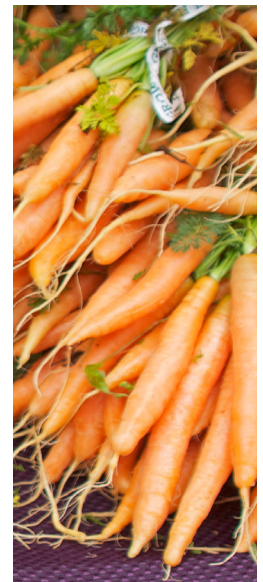




The Sanpete County Community Garden and Farmers Market projects were started through a partnership with USU Extension’s Food \$ense program, the City of Ephraim, Snow College, and the Sanpete Pantry. The main objective of the project was to provide fresh produce to low-income citizens of Sanpete County through gardening practices.

COMMUNITY GARDEN

The Community Garden Project ran 24 weeks from May-October. Volunteers consisted of Snow College Service Club members, Girl’s Home residents, and community agency staff. Each group donated approximately 2 hours of their time each visit.



| VOLUNTEERS | | | | |
|---|----------------------|-----------------|----------------|-------------|
| Library | Number of Volunteers | Number of Weeks | Hours per Week | Total Hours |
| Girl’s Home Residents | 12 | 4 | 2 | 96 |
| Snow Service Club Members (Executive Group) | 7 | 24 | 2 | 336 |
| Snow Service Club Members | 32 | 4 | 2 | 256 |
| Community Agency Staff | 5 | 24 | 2 | 240 |



FARMERS MARKET

The Farmers Market ran for 9 weeks during August-October. Volunteers consisted of both adults and youth from the community. Community volunteers and agencies shared resources and information targeting low-income, SNAP-Ed eligible citizens of Sanpete County.

| VOLUNTEERS | | | | |
|--------------------------------------|----------------------|-----------------|----------------|-------------|
| Library | Number of Volunteers | Number of Weeks | Hours per Week | Total Hours |
| Community Members and Agency Members | 25 | 9 | 3 | 675 |

FOOD \$ENSE RECIPIENTS

Food \$ense provided resources through recipes and handouts to community garden and farmers market participants. During the first year of activities, information was provided indirectly. However, Food Pantry clientele, garden participants, and farmers market attendees will be contacted and encouraged to participate in Food \$ense Creates classes starting in 2015.

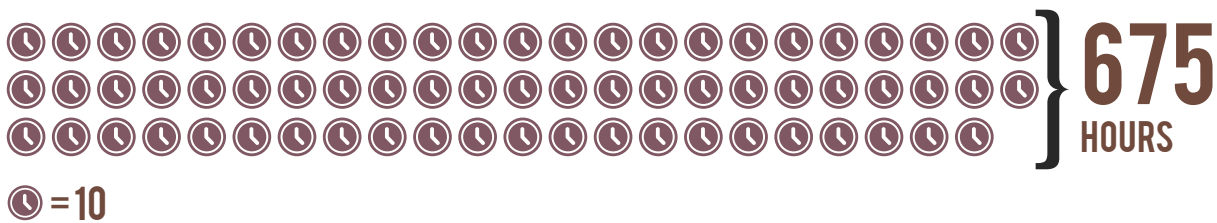
COMMUNITY GARDEN PARTICIPANTS

9 Weeks



FARMERS MARKET VOLUNTEER HOURS

9 Weeks | 3 Hours Per Week



IMPACTS AND SUCCESS STORIES

- Impacts and success stories were collected through informal narratives from participants.
- Families reported they noticed a reduction in their grocery bills due to growing their own produce.
- Families reported an increase in fresh fruit and vegetable consumption due to the availability of fresh produce in their garden plots.
- Community partnerships were strengthened in order to provide resources to SNAP-Ed eligible families in Sanpete County.

In the future, an IRB approved formal survey would be beneficial for more detailed impacts. Because it was the first year of the project, we were not sure how well the project would be received.



HOW AM I FIGHTING HUNGER?

The Community Garden and Farmers Market projects provided individuals and families with the tools and resources to grow their own produce and increase their knowledge about fruit and vegetable consumption. In addition, community agencies and resources that focus on fighting hunger were made available to county residents.



PARTNERSHIPS WITH LOCAL ORGANIZATIONS AND AGENCIES

The Community Garden and Farmers Market project was successful due to partnerships throughout Sanpete County.

Partners included:

- USU Extension's Food \$ense (SNAP-Ed) Program
- Snow College
- City of Ephraim
- Sanpete Pantry
- Central Utah Health Department
- Girl's Home Staff
- Sanpete County Residents