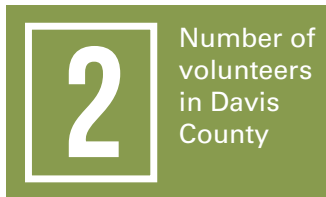


## COUNTY IMPACT REPORT



### HIGHLIGHTED PROGRAMS

- Family Connection Center - Layton Food Bank
- Davis Community Learning Center
- Autumn Glow Senior Center
- North Davis Senior Center
- Safe Harbor Women's Shelter



### WORK PERFORMED BY VOLUNTEERS

- Gather people for classes
- Translate when needed
- Bring new people to class



### NUMBER OF PEOPLE REACHED THROUGH FOOD \$ENSE



### INCREASING INTAKE OF FRUITS AND VEGETABLES

Our classes make individuals aware of the food they are eating and assist them in finding ways to get more vegetables and fruits on the table. We have challenged participants to increase the whole foods in their diets. Many times they return saying they are doing better.



### PARTNERSHIPS WITH LOCAL ORGANIZATIONS AND AGENCIES

#### SUCCESS STORIES

We are always excited to hear when families try the recipes we give them. One participant made pita pizzas for her teenagers, and now they are a regular meal each month. Many others have tried things they were not familiar with and opened their minds to different foods.

- Davis County has had a great new start! We have made contact with all of the Senior Centers in Davis County; we have two ongoing classes and one more starting soon.
- We have reached out to the Family Connections Centers in Davis County in Layton and in Clearfield. Both locations have scheduled classes.
- Assisted housing and women's shelters have been very receptive and excited about the education we are sharing.
- We have reached out to many other locations and hope to build more relationships as we continue to recruit and find those who need the assistance and information we share.
- The Creates Curriculum allows us to truly teach ways to use food already in the home. Our best example is teaching at the Food Bank: by using food from the food bank, we are showing those who use that resource ways to make meals with the items they receive.