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*Kids*

**CREATE**™

**CREATE** SNAP-ED  
BETTER HEALTH. ED

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Cooking Skills



Measurement  
Tools



Kid-friendly  
Recipes



MyPlate and  
Nutrition Tips



Fun Physical  
Activities

Kids Create is an extension of Create Better Health (Utah SNAP-Ed).  
For more information, see [CreateBetterHealth.org](https://www.createbetterhealth.org).



Extension  
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