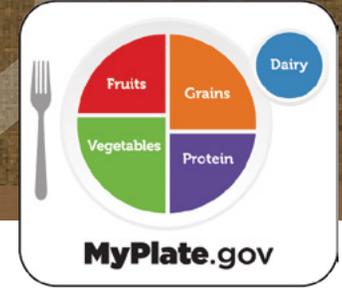


MyPlate Lesson

Take Home Activity Sheet



Which foods go into which Food Groups? Match up the colors!

Color the Fruits **RED**

Color the Vegetables **GREEN**

Color the Grains **ORANGE**

Color the Protein **PURPLE**

Color the Dairy **BLUE**

