

Age Appropriate Chores for the Kitchen



AGES 2-3

- Wipe up messes

AGES 4-6

- Any previous chore
- Take care of feeding pets
- Set and clean the table
- Put away groceries
- Empty trashes

AGES 7-11

- Any previous chore
- Sweep
- Vacuum
- Take out trash
- Meal prep

AGES 11+

- Any previous chore
- Wash dishes
- Unload dishwasher
- Take trash to curb
- Mop floors
- Clean out fridge

