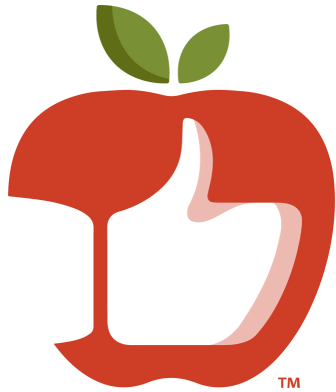


Whole Grain Cereal

CREATE
HEALTHY CHOICES



- Great source of fiber to help with digestion.
- Enriched with folate, which reduces risk of heart attack and stroke.
- Most cereals are enriched with added vitamins and minerals.
- Add some variety to your morning by adding fruit or yogurt to your cereal or use cereal as a topping for yogurt and fruit salads.

CREATE SNAP-ED
BETTER HEALTH

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