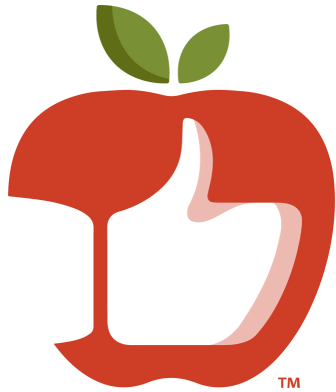


Non-Fat Dried Milk

CREATE
HEALTHY CHOICES



- 3 Tbsp. of dried milk has 10 grams of protein. It also has vitamin D and calcium.
- If stored in a cool dry area, dried milk can last for 3 years sealed, and 3 months after opened.
- Try adding dry milk to smoothies, regular milk, casseroles, and soups for extra protein and minerals.

CREATE SNAP-ED
BETTER HEALTH

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