

Mexican Rice

Ingredients

- 2 Tbsp. oil
- 1 cup rice, uncooked (brown rice preferred)
- 2 cups chicken broth (low-sodium preferred)
- 1 (5.5 oz) can tomato juice OR tomato sauce (low-sodium preferred)
- Salt and pepper, to taste
- 1-2 cans veggies of choice or 1 bag frozen vegetables (optional)

Directions

1. Heat oil in skillet over medium heat.
2. Add rice and stir until rice is slightly browned.
3. Add chicken broth, tomato juice, vegetables, salt and pepper. Stir until well combined.
4. Reduce heat to simmer and cover with lid for about 20 minutes, stirring occasionally.
5. Once all liquid is absorbed, remove from heat and let stand, covered, for 10 to 15 minutes.

Extension

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