

Healthy Food Drive

1 Whole Grain Cereal	2 Peanut Butter	3 Dried Beans	4 Boxed Potatoes	5 Canned Chili
6 Canned Fruit in 100% juice	7 Low-Sodium Canned Tomatoes	8 Canned Tuna	9 Dried Lentils	10 Unsweetened Applesauce
11 Low-Sugar Jam/Jelly	12 100% Fruit Juice	13 Boxed Dinners	14 Canned Soup	15 Brown or White Rice
16 Whole Grain Spaghetti	17 Oatmeal	18 Spaghetti Sauce	19 Low-Sodium Canned Soup	20 Dried Herbs and Spices
21 Pudding Cups or Mix	22 Jello Cups or Mix	23 Low-Sodium Canned Veggies	24 Condiments	25 Baking Ingredients
26 Cornmeal	27 Hot Chocolate	28 Low-Sodium Canned Beans	29 Canned Meat	30 Shelf Stable Milk

