

# Harvest Schedule

Wasatch Back

**CREATE** SNAP-ED  
**BETTER HEALTH.**

Although each growing season is different, here is a list of when you are likely to find some of your favorite items at the local farmers market. Chat with local farmers to find out exactly when certain items will be ready in your area this year.

| Crop                | March | April | May | June | July | Aug | Sept | Oct | Nov |
|---------------------|-------|-------|-----|------|------|-----|------|-----|-----|
| Apricots            |       |       |     |      | X    |     |      |     |     |
| Arugula             |       | X     | X   | X    | X    | X   | X    |     |     |
| Basil               |       | X     | X   | X    | X    | X   | X    |     |     |
| Beets               |       |       |     |      | X    | X   | X    |     |     |
| Broccoli            |       |       |     | X    | X    | X   | X    | X   |     |
| Cabbage             |       |       |     |      | X    | X   | X    | X   |     |
| Carrots             |       |       |     | X    | X    | X   | X    | X   |     |
| Cucumbers           |       |       |     |      | X    | X   | X    |     |     |
| Eggplant            |       |       |     |      | X    | X   | X    |     |     |
| Garlic              |       |       |     |      |      | X   | X    |     |     |
| Garlic Scapes       |       |       |     | X    | X    |     |      |     |     |
| Greens (Chard/Kale) |       | X     | X   | X    | X    | X   | X    |     |     |
| Green Beans         |       |       |     |      | X    | X   | X    |     |     |
| Melons              |       |       |     |      | X    | X   | X    |     |     |
| Onions              |       |       |     |      |      |     | X    |     |     |
| Peaches             |       |       |     |      |      | X   | X    |     |     |
| Peppers             |       |       |     |      | X    | X   | X    |     |     |
| Potatoes            |       |       |     |      | X    | X   | X    |     |     |
| Raspberries         |       |       |     |      | X    | X   | X    |     |     |
| Summer Squash       |       |       |     |      | X    | X   | X    |     |     |
| Sweet Cherries      |       |       |     |      | X    |     |      |     |     |
| Sweet Corn          |       |       |     |      |      | X   | X    |     |     |
| Tomatoes            |       |       |     |      | X    | X   | X    |     |     |
| Winter Squash       |       |       |     |      |      | X   | X    | X   |     |

