

# Harvest Schedule

Southern Utah  
(Warm)

**CREATE** SNAP-ED  
**BETTER HEALTH.**

Although each growing season is different, here is a list of when you are likely to find some of your favorite items at the local farmers market. Chat with local farmers to find out exactly when certain items will be ready in your area this year.

Crop	March	April	May	June	July	Aug	Sept	Oct	Nov
Apricots				X	X				
Arugula		X	X	X	X				
Basil			X	X	X	X	X	X	
Beets		X	X	X	X				
Broccoli		X	X					X	X
Cabbage		X	X					X	X
Carrots			X	X	X	X	X	X	
Cucumbers				X	X	X	X		
Eggplant				X	X	X	X	X	
Garlic			X	X					
Garlic Scapes		X							
Greens (Chard/Kale)	X	X	X	X					
Green Beans				X	X	X	X	X	
Melons				X	X	X	X		
Onions				X	X	X			
Peaches				X	X	X	X	X	
Peppers				X	X	X	X	X	
Potatoes				X	X	X	X		
Raspberries									
Summer Squash				X	X	X	X		
Sweet Cherries			X	X					
Sweet Corn									
Tomatoes				X	X	X	X	X	
Winter Squash					X	X	X	X	

Extension

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