

# Harvest Schedule

## Southern Utah (Cold)



Although each growing season is different, here is a list of when you are likely to find some of your favorite items at the local farmers market. Chat with local farmers to find out exactly when certain items will be ready in your area this year.

Crop	March	April	May	June	July	Aug	Sept	Oct	Nov
Apricots					X	X			
Arugula			X	X			X	X	
Basil				X	X	X	X	X	
Beets				X	X	X	X	X	
Broccoli				X	X		X	X	
Cabbage			X	X					
Carrots				X	X			X	
Cucumbers					X	X	X		
Eggplant					X	X	X	X	
Garlic					X	X			
Garlic Scapes				X					
Greens (Chard/Kale)		X	X				X	X	X
Green Beans					X	X	X		
Melons						X			
Mints			X	X	X	X	X	X	
Onions							X	X	X
Peaches					X	X	X		
Peppers					X	X	X		
Potatoes						X	X		
Raspberries					X	X			
Spinach	X	X	X	X				X	X
Summer Squash					X	X	X		
Sweet Cherries					X	X			
Sweet Corn						X			
Tomatoes					X	X	X	X	
Winter Squash							X	X	

Extension

UtahStateUniversity.



In collaboration with: Benjamin Scow, Professional Practice Extension Assistant Professor and Victoria Yedan Xiong, Ph.D.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider. Utah State University is an affirmative action/equal opportunity institution and is committed to a learning and working environment free from discrimination, including harassment. For USU's non-discrimination notice, see <https://www.usu.edu/equity/non-discrimination>.