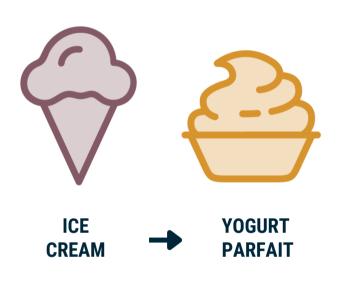
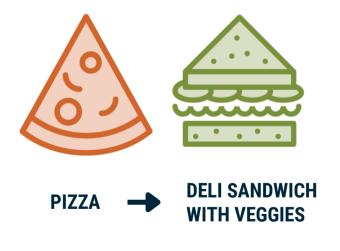
CREATE HEALTHY CHOICES

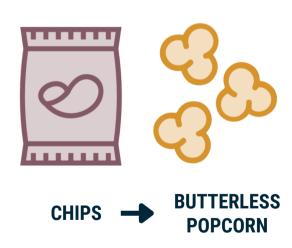


Make a Simple Swap!









Find more healthy lifestyle tips and nutritious recipes at CreateBetterHealth.org

