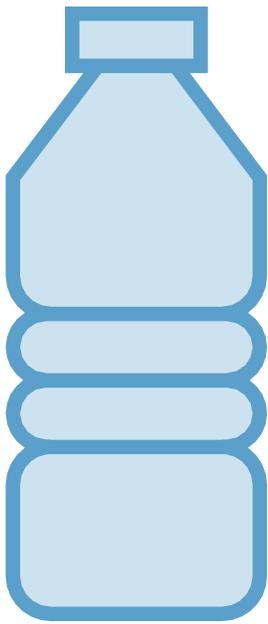




Doorashada
Caafimaadka
Qabta

Raadso walxaha soo socda si aad u samayso Doorashada Caafimaadka qabta



**BIYAHA
QASACADAYSAN**

**CAANO 1%
KA KOOBAN
DUX**



**CASIIRKA OO
100%
KHUDAAR AH.**

**CABITAANADA
AY KALORIGU
KU YAR YIHIIN**

<25 CAL/NAFAR



CREATE SNAP-ED
BETTER HEALTH

Si aad u hesho farsamooyin nololeed oo caafimaad leh iyo cuntooyin nafaqo leh booqo websaydkan createbetterhealth.org

EXTENSION 
UtahStateUniversity