




Use this guide to decide what reporting tools to use based on the English curriculum and audience you are teaching. Reporting is one of the most important parts of the SNAP-ed program, so it is critical that it is done correctly. If you have questions about reporting, please refer to the protocol manual or your supervisor.

Adult Curriculum

Curriculum	Description	Audience	Reporting
 Create Better Health	This curriculum teaches participants to make healthy MyPlate choices, stretch food dollars, read nutrition labels, and do physical activity. Classes include recipe demonstrations and create concepts.	Adults	Create Better Health Survey Single Class: Give one time survey at the END of class. Series Class: Give pre-survey at beginning of the first class, mid-series survey during class 3 (up to 7), and post-survey at the end of the last class.
 Create Family Meals	This curriculum helps families learn to create healthy meals together. The goal is to increase family mealtime and practice of cooking at home for family. SNAP-ed cannot pay for full meals so additional funding sources are needed for these classes.	Families	Create Family Meals Survey Series: Give pre-survey at the beginning of the first class, mid-series survey during classes 2-3, and post-survey at the end of the last class. **Only one family member needs to complete each survey.
 Create Healthy Gardens	This class is all about gardening. The class is partnered with the Master Gardener program. The class combines nutrition concepts and gardening principles. Classes are taught at a community garden where gardening can take place with a master gardener.	Adults	Create Healthy Gardens Survey Series: Give pre-survey at the beginning of first class, and post-survey at the end of the last class.
Create Better Health Tai Chi	Tai Chi is an exercise class taught to encourage flexibility and movement to SNAP-ed participants. These classes are taught in about 16 class segments with 2 classes per week.	Adults, great for older populations	Tai Chi Survey Tai Chi pre-survey is given at the beginning of the first class, and Tai Chi post-survey is given at the end of the last class.

Youth Curriculum

Curriculum	Description	Audience	Reporting
	<p>These lessons cover myPlate food groups, a game, a tasting activity, and a story. These lessons are for engaging young children in nutrition.</p>	<p>Youth Pre-K-2nd grade</p>	<p>Youth Class Roll To be filled out each class Classroom Data Form To be filled out once per series</p>
	<p>This curriculum is similar to Food, Fun, and reading, but also introduces different cultures through food.</p>	<p>Youth Pre-K-2nd grade</p>	<p>Youth Class Roll To be filled out each class Classroom Data Form To be filled out once per series</p>
 <p>Captain Create Better Health</p>	<p>This is the primary youth curriculum. This curriculum is based on the dietary guidelines for Americans and teaches food groups, hand washing, snacking, and physical activity. There are specific lessons for each grade</p>	<p>Youth 1st-5th Grade</p>	<p>Captain Create Better Health 1-2 grade OR Captain Create Better Health 3-5 grade Mark pre or post on the bottom of the worksheet. Give pre at the beginning of the first class and post at the end of the last class. Help youth fill out their unique identifiers to improve matching. Youth Class Roll Fill out at each class. Classroom Data Form Fill out once per series.</p>
<p>Create Better Health for Teens</p>	<p>This curriculum is to teach healthy behaviors as young teens foster independence. Lessons encourage enjoying healthy eating and physical activity and is more "grown up than the Captain Create lessons"</p>	<p>Teens age 12-14 (Middle School students)</p>	<p>Create Better Health Teens Survey 6-8 grade Mark pre or post on the bottom of the worksheet. Give pre at the beginning of the first class and post at the end of the last class. Help youth fill out their unique identifiers to improve matching. Youth Class Roll Fill out at each class. Classroom Data Form Fill out once per series.</p>
<p>Create Better Health High School</p>	<p>Teens ages 14-18 are taught the Create Better Health curriculum, and the way lessons are taught may be adapted for needs of students. Older teens are preparing to live on their own and need to learn valuable life skills.</p>	<p>Teens age 14-18 (High School Students)</p>	<p>Create Better Health High School Survey Single Class: Give one-time survey at the END of class. Series Class: Give pre-survey at beginning of the first class, mid-series survey during class 3 (up to 7), and post-survey at the end of the last class.</p>

