

The SCOOP:

Date: **May 2020**

Meeting: **Statewide Meeting**

Meeting YouTube Link: <https://youtu.be/S-jUDnBrZ7E>

County Sharing: **Group 2**

Create Better Health Notes, News and Updates:

Agenda items: May 4th, 2020

Heidi

- Everyone needs to cut 2-3 hours a week from now until the end of the year
- No spending on anything until the end of year
- No travel

Casey

- COVID-19 Impact Field in PEARS
- Nutrition Training Topics for June I

LaCee

- Farmers Markets and COVID-19 regulations- SNAP-Ed is not permitted to have a booth at farmers market this summer until further notice. We encourage counties to consider implementing the “Buy Produce for Your Neighbor” project.

Jocelin

- Please send in Ambassadors in Action photos. We are running low and those are such popular and fun-to-see posts.

Amalia

- Google calendar

Marcia

- Remember to enter your Employee Wellness points this week.
- For training this week: How to Steal a Dog Book Discussions
- Next week: Tuesday - PEARS training, Thursday – Cultural Sensitivity

Social Media Updates:

Candi @ Create Better Health

Coming up on the blog: preparing meals with food from your pantry (good foods to have on hand, highlighting shelf stable recipes, etc.) and Create Easy Eggs.

Hiram @ Captain Create

Ashley @ Utah SNAP-Ed Works

Kate @ Kids Create!

Social Media To Do List

This week we could use your help. Would you please:

- Create Better Health: Send Candi.Merritt@usu.edu an *Ambassador in Action* photo.
- Create Better Health Stories: Watch at least two Create Better Health Utah Facebook and/or Instagram stories. Answer any polls, quizzes, or questionnaires within the stories.
- Captain Create: Watch and Like [Handwashing with the Soaper Heroes](#) and one other video on the channel.
- Do you have a PSE effort you are proud of? We want to share it! Please send details to Ashley.Sullivan@usu.edu

Thank you from your CBH Social Media Team. Have a great week!



CREATE BETTER HEALTH

- [Blog](#)
- [Facebook](#)
- [Instagram](#)
- [Pinterest](#)
- [Twitter](#)
- [YouTube](#)



KIDS CREATE

- [Blog](#)
- [Facebook](#)
- [YouTube](#)



UTAH SNAP-ED WORKS

- [Facebook](#)
- [Twitter](#)
- [LinkedIn](#)

Agenda items: May 18th, 2020

Casey

- Tribal Community Work Request
- 2nd Quarter Impacts

Jocelin

- Reminder: We have a strict visual identity guide. Please do not download or screenshot social media posts and then edit them to your own use. Our Statewide Social Media images and posts use the approved fonts, colors, and brand design. Please comment and share. Do not copy and repurpose.
- If you need design assistance, please reach out to Jocelin

Amalia

- Reminder next Monday is a holiday.

Kristi

- Kaitlin Waters will be sharing about her Refugee work in SLC at 10 am Tuesday
- NNCP- If you have not started it yet please work on it. We will be doing a review with prizes soon.

Social Media Updates:

Social Media To Do List

This week we could use your help with the following:

- Utah SNAP-Ed Works: Like or comment on a recent Utah SNAP-Ed Works Post on [Facebook](#) or [LinkedIn](#) or [Twitter](#).
- Create Better Health: Watch two Create Better Health Utah Facebook and/or Instagram stories. Answer any polls, quizzes, or questionnaires within the stories.
- Captain Create: Watch [Captain Create open Blind Bags!](#) Please watch the video from start to finish (this greatly improves our site promotion).

Thank you from your CBH Social Media Team. Have a great, safe, and healthy week!



CREATE BETTER HEALTH

[Blog](#)
[Facebook](#)
[Instagram](#)
[Pinterest](#)
[Twitter](#)
[YouTube](#)



KIDS CREATE

[Blog](#)
[Facebook](#)
[YouTube](#)



UTAH SNAP-ED WORKS

[Facebook](#)
[Twitter](#)
[LinkedIn](#)

Success Story of the Month:

** Rachel Brower

In an online food demonstration, I showed how I was able to use previously chopped and frozen onions to add them to a chili recipe. After the demonstration, one of my participants reached out and said that she was really excited to try freezing her own onions and vegetables. She was excited that freezing her vegetables would help her be able to preserve the food that she does get. About a month and a half later, she reached out to me again and expressed her gratitude for learning that. She likes making a vegetable soup, and learning that she could freeze previously chopped onions has been extremely helpful to her! She has been able to make that healthy soup a lot more often during quarantine now that she can freeze more of the ingredients!

Protocol Manual Reminder of the Week:

****GOOGLE CALENDAR CHANGES**

Below (and attached) are three examples of correct Google calendar entries. (Props to Utah County – from whence these came.) Perhaps seeing some visual samples will help everyone recognize if they are entering their classes the right way. Also, please remember to go in and add **CANCELED** to any live, face-to-face classes that are/were canceled due to COVID 19 quarantine. We need to have a record of classes that were scheduled and did not occur. We also need to have **CANCELED** on there to signal Candi not include the events in social media or on your county newsletter.

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|    OPEN-Facebook Live-Adult-Create Better Health: Nutrition Facts Labe... Saturday, April 25 · 11:30am – 12:00pm | OPEN-Video Recorded Class-Kids Food, Fun & Reading: Fruits Lesson Wednesday, April 29 · 11:30 – 11:45am Weekly on Wednesday, 5 times | CLOSED-Virtual-Adult-Create Better Health: Fruits, Vegetables &... Tuesday, April 21 · 10:00 – 11:00am Every 2 weeks on Tuesday |
|  https://www.facebook.com/createbetterhealthutahcounty/ April 25, 11:30am Join us live en Español as we learn about how to read and understand nutrition facts labels, and how to overcome physical activity barriers! We will also show you how to make a delicious meal. We will meet over Facebook and stream live. Hope to see you there! |  Facebook.com/CreateBetterHealthUtahCounty  https://www.facebook.com/createbetterhealthutahcounty/ April 29, 11:30am Join us on Facebook (Facebook.com/CreateBetterHealthUtahCounty) for a pre-recorded Food, Fun, and Reading Class. These classes are great for pre-school aged children through 2nd grade. We will read a book and learn about the fruit group on MyPlate. Hope to see you there! Leading: Rachel |  The Promise of Women & Families - North 1479 Center St, Orem, UT 84058, USA  Zoom Link: Provided by North Promise April 21, 11:30am Join us live as we learn about incorporating more fruits and vegetables into our diets, and aerobic physical activity! We will also show you how to make a delicious meal. We will meet over Zoom conferencing software, which is free and available for download at https://zoom.us/ Leading: Nancy |
|  Utah County CBH SNAP-Ed Created by: nancy.aleccia@usu.edu |  Utah County CBH SNAP-Ed Created by: maggie.taylor@usu.edu |  Utah County CBH SNAP-Ed Created by: nancy.aleccia@usu.edu |

County Sharing: Group 2:

County Sharing Notes May 18th, 2020:

Group #2 –

Salt Lake

- Few new zoom classes – Parents as teacher wed/thurs - healthy snacks
- Finished series of FFR for extension classes through zoom
- FB live series just got done last week

Sevier

- New - trying to build relationships – Building social media

Uintah

- New - trying to build relationships – Building social media

Utah

- Started zoom classes and adding more.
- Community garden things, donating food to pantries
- Working with farmers markets to start buy produce for your neighbor

Wasatch

- 3/4 way through NNCP meeting
- Meeting with Supervisor about starting Facebook classes

Washington

- Social media efforts

Wayne

- Agreed to community garden but it is in planning phase
- Social Media efforts

Weber

- Working on planning a kid's camp over zoom – create my plate
- Working on FB page
- Buy produce for your neighbor planning

County Sharing Schedule

Group 1:

Beaver, Box Elder, Cache, Carbon, Davis, Duchesne, Emery, Garfield, Iron, Juab, Kane, Millard, Piute

- Please be prepared to share on the following dates: June 1st, July 6th, August 3rd

Group 2:

Rich, Salt Lake, San Juan, Sanpete, Sevier, Summit, Tooele, Uintah, Utah, Wasatch, Washington, Wayne, Weber

- Please be prepared to share on the following dates: June 15th, July 20th, August 17th

Chat Box From Meeting – Roll May 4th 2020

10:00:43 From Becky Egli : Becky Egli - Box Elder. Good morning everyone!
10:01:24 From Hiram Wigant : Morning! - Hiram Wigant - Social Media
10:01:31 From Chris Jessen - Piute : Chris Jessen - Piute
10:01:47 From Ashley Sullivan : Ashley Sullivan - Social Media
10:02:00 From Mercedis Zismer : Mercedis Zismer - Duchesne
10:02:02 From Cheryl Lines : Cheryl Lines Washington
10:02:06 From Marianne Davis : Marianne Davis-Sevier
10:02:09 From Cara Murray : Cara Murray Uintah
10:02:10 From Christina Pay : Christina Pay, Carbon
10:02:12 From Kathleen Riggs : Kathy Riggs- Iron
10:02:16 From Nancy Aleccia : Nancy Aleccia- Utah
10:02:18 From Amberly Lambertsen : Amberly Lambertsen - Davis County
10:02:22 From Emma Parkhurst : Emma Parkhurst - Davis
10:02:29 From Paige Wray : Paige Wray-San Juan
10:02:29 From Maggie Taylor : Maggie Taylor-Utah County
10:02:38 From thunsaker : Teresa Hunsaker-Weber
10:02:43 From Melanie Jewkes : Melanie Jewkes - Salt Lake
10:03:28 From Chris Jensen : Christine Jensen, Emery
10:03:50 From Rachel Brower : Rachel Brower- Utah
10:04:15 From Gabriela Porter : Gabriela Porter- Utah
10:04:42 From Jocelin Gibson : Jocelin Gibson, State Office
10:05:22 From Ann Henderson : Box Elder - Ann Henderson
10:05:30 From Shayla Shearer : Shayla Shearer, Social Media
10:05:49 From Debbie's iPad : Debbie Elmer-Wasatch
10:06:16 From Marcia Gertge : Marcia Gertge - State Office
10:06:29 From Laura Licon : Laura Licon - Cache
10:06:36 From gretchen blakey : Gretchen Blakey Sanpete
10:06:47 From Kaylee Anderson : Kaylee Anderson Nguyen- Utah
10:06:57 From Anny's iPad : Anny Galvin - Cache
10:06:57 From Paola Johnson : Paola Johnson - Cache
10:07:04 From Laurie Bates : Laurie Bates Juab
10:07:11 From Elizabeth Davis : Elizabeth Davis - Kane
10:07:13 From Norma Trejo :) : Norma Trejo - Utah County
10:07:26 From Andrea Schmutz : Andrea Schmutz - Washington

10:08:35 From Kate Chappell : Kate Chappell- Social Media
 10:08:47 From Jonathan Swinton : Jonathan swinton Sevier
 10:11:00 From Laura Streeter : Laura Streeter Salt Lake county
 10:11:29 From Susan : Susan Haws Summit County
 10:16:03 From Ranae's iPhone : Ranae Bell Summit County
 10:16:05 From sierrathornley : Sierra Hill-Weber
 10:16:18 From Mekeisia : Mekeisia Westwood-Piute
 10:16:29 From Eva Timothy : Eva Timothy-Millard
 10:16:46 From Michelle Vanfleet : michelle Vanfleet Box Elder
 10:17:08 From thunsaker : We were having trouble with our google calendar...but just got that all taken care of last week. So Weber should be finally up to speed with the calendar.
 10:19:41 From Kathleen Riggs to Create Better Health (Privately) : Lauren is off celebrating her birthday today but I'll ask her to make sure her calendar items are up to date.
 10:19:50 From Jocelin Gibson : Good to hear. Thanks for getting on that Weber :)
 10:20:32 From Hiram Wigant : *crossing our fingers*
 10:20:56 From Create Better Health to Kathleen Riggs (Privately) : Thats great! Thank you. I think your county is good about the calendar items but if you need anything please let me know.
 10:22:04 From Heather : Heather- Carbon
 10:23:13 From Abi Mickelson : Abi Mickelson-Iron County
 10:23:17 From Chris Jensen : Barbra Jones, Emery
 10:23:30 From LaCee Jimenez : LaCee Jimenez- State Office
 10:23:39 From Cindy Nelson : Cindy Nelson
 10:23:43 From Hiram Wigant : Thanks Becky!!!
 10:35:19 From Heather : can't believe i forgot to mention...i help create a school lunch flyer with CREATE Myplate that is distributed to over 2400 kids.
 10:35:33 From Heidi LeBlanc : WOW! Aweseome.
 10:35:56 From Debbie's iPad : Loris video was cute with her granddaughter
 10:36:30 From Kathleen Riggs to Create Better Health (Privately) : I forgot to mention that Abi is almost through with her trainings so she can begin working with our Spanish trainers!
 10:37:12 From Eves's iPhone : Daylemarie
 10:37:15 From Create Better Health to Kathleen Riggs (Privately) : Thats great. She has been awesome when I have talked with her!
 10:37:39 From Laurie Bates : Thank you Debbie
 10:39:28 From Laurie Bates : so do we need permission to do gardens

Chat Box From Meeting – Roll May 18th 2020

10:00:28 From Cheryl Lines : Cheryl Lines Washington
 10:00:52 From Marianne : Marianne Davis Sevier
 10:00:57 From Cindy Nelson : Cindy Nelson
 10:01:06 From LaCee Jimenez : LaCee Jimenez- State Office
 10:01:06 From Emma Parkhurst : Emma Parkhurst - Davis
 10:01:09 From Heather's iPad : heather-carbon
 10:01:21 From Melanie Dabb : Melanie Dabb-Wayne
 10:01:23 From iPad (3) : Laura Streeter Salt Lake county
 10:01:48 From Susan : Susan Haws - Summit County
 10:01:51 From Tricia Mathis : Tricia Mathis - Wasatch
 10:01:53 From Melanie Jewkes : Melanie Jewkes Salt Lake
 10:01:57 From Laura Licon : Laura Licon
 10:02:02 From Ashley Sullivan : Ashley Sullivan - Social Media
 10:02:04 From Mary Anna Henke : Mary Anna Henke - Millard
 10:02:11 From Maggie Taylor : Maggie Taylor-Utah
 10:02:14 From Gabriela Porter : Gabriela Porter - Utah
 10:02:14 From Laurie's iPhone : Laurie Markisich Salt Lake
 10:02:16 From Debbie's iPad : Debbie Elmer-Wasatch
 10:02:18 From Chris Jensen : Christine Jensen, Emery
 10:02:18 From Michelle Vanfleet : Michelle Vanfleet- Box Eldee
 10:02:23 From Sierra Hill : Sierra Hill- Weber County

10:02:25 From Hiram Wigant : Hiram Wigant - social media
10:02:41 From Nancy Aleccia : Nancy Aleccia- Utah
10:03:11 From Kate Chappell : Kate Chappell- State office/Wayne
10:03:16 From Paola Johnson : Paola Johnson - Cache
10:03:19 From Lauren McCoy : Lauren McCoy- Iron
10:03:25 From Shayla Shearer : Shayla Shearer, Social Media
10:03:27 From Hiram Wigant : Hiram Wigant - social media
10:03:34 From Heather's iPad : would it be an option to collect unemployment for a reduction of hours? that way it would be easier for people to work less hours per week.
10:03:46 From Amberly Lambertsen : amberly - Davis County
10:03:57 From Kaitlin : Kaitlin Waters-salt lake
10:04:15 From Elizabeth Davis : Elizabeth Davis -Kane
10:04:22 From Anny's iPad : Anny Galvin- Cache
10:04:25 From Teresa Hunsaker : Teresa Hunsaker--Weber
10:05:04 From Andrea Schmutz : Andrea Schmutz - Washington
10:06:00 From laurie bates : laurie bates juab
10:06:22 From gretchen blakey : Gretchen Blakey - Sanpete County
10:07:59 From Kathleen Riggs : Kathy Riggs- Iron
10:08:02 From Marcia Gertge : Marcia Gertge - State Office
10:09:31 From Rachel Brower : Rachel Brower- Utah
10:11:37 From Heidi LeBlanc : The unemployment is not allowed if you have any hours within the organization. I apologize. I know the extra they are doing is a lot. But, we do have jobs. :) I wish we could compete. We all have just been over our average hours. I apologize.
10:13:56 From Kate Chappell : If y'all can sew, I have made many of this pattern of mask and its very comfy (for a mask).
https://www.twistedneedletextiles.com/products/tnt-face-mask-pdf-pattern?_pos=1&_sid=c0ac843fc&_ss=r
10:13:59 From Kate Chappell : its free!
10:15:01 From Heidi LeBlanc : Reduction in hours is for the remainder of the year, it is projected if we do, then we may land in budget.
10:18:36 From Mekeisia : Mekeisia Westwood- Piute
10:19:38 From Jocelin Gibson : Jocelin Gibson, State Office
10:23:36 From Ashley : Will the survey be supplied by CBH? Maybe I missed this LaCee?
10:23:50 From LaCee Jimenez : Yes, we have the survey questions.
10:25:49 From laurie bates : I came late,3 hours a week is the reduction Heidi
10:28:24 From Mary Anna Henke : Can I get the survey by 3:00 pm today?
10:34:55 From Mary Anna Henke : Is there a training on Thursday this week?
10:34:56 From Brittney Johnson : Brittney Johnson - Kane County
10:35:02 From Eva Timothy : Eva Timothy-Millard County
10:42:36 From LaCee Jimenez : Mary Anna, I just sent it to Amalia to send out to everyone. We can send it out before 3pm.
10:43:00 From Mary Anna Henke : Thanks LaCee
10:45:05 From Hiram Wigant : Wow!!! Awesome!
10:45:29 From Mary Anna Henke : Awesome!
10:45:37 From laurie bates : wonderful!
11:06:26 From Eva Timothy To Create Better Health(privately) : Can the Zoom invitation for these events be updated to show how long meetings will be? I'm trying to make sure I plan my time properly, so I need to have meeting lengths in my calendar to avoid double booking. Thanks!
11:06:26 From Hiram Wigant : Hmmm... I'll see about sending you some Filipino, Mexican, and Italian if you want Kate!
11:06:41 From Melanie Jewkes : what a fun idea!
11:08:40 From Create Better Health To Eva Timothy(privately) : I can add them to the description of the meetings but I block the amount of time we plan on the meetings being.. this meeting is just running long. If you have other things you need to do feel free to do them when we go over time. We record these and you can refer back if needed. Thanks!
11:10:10 From Kate Chappell : Yes please! I've only had plantains and sweet "ketchup" as my filipino food so far
11:10:59 From Eva Timothy To Create Better Health(privately) : Ok, thank you!

11:12:58

From gretchen blakey : Sorry I'm here. Nothing to report

11:13:21

From gretchen blakey : Working on Summer programming

11:15:37

From Michelle Vanfleet : can I get the food pantry survey please? thanks