

Adult Class Survey Script

Create Better Health Utah (SNAP-Ed) is a grant funded program offered to you through Utah State University Extension. In order for us to assess how well our program is doing at reaching its goal of helping people create better health we invite participants to complete a brief survey during each class. The questions on the survey allow us to see if our programming is making a positive impact on your food and physical activity behaviors. In addition to helping us improve our programming, your participation in the surveys gives us important data to share with our funders so that we can continue to offer the program throughout Utah.

Your responses are confidential and your participation is completely voluntary. The questions on this survey ask for demographic information about yourself, as well as your behaviors before and after taking Create Better Health Utah (SNAP-Ed) lessons. We ask that you answer all questions honestly, there are no right answers. If you choose to participate, you may fill out the survey and leave it face down on the table. If you choose not to fill it out, you may leave the survey blank and leave it face down on the table.

Please let me know if you have any questions or would like assistance in completing the survey. Thank you for your help!