

# EDUCATIONAL ACTIVITY OBSERVATION TOOL

**CREATE** SNAP-ED  
BETTER HEALTH.

## LESSON

- ☐ Introduced Create Better Health Program
- ☐ Introduced themselves
- ☐ Presented approved lesson plan
- ☐ Topic appropriate for audience
- ☐ Met lesson objectives
- ☐ Taught at the appropriate literacy level
- ☐ Consistent with USDA, DGA and MyPlate

## CLASS CONTENT

- ☐ Involved Participants
- ☐ Free from disparaging remarks
- ☐ Free from endorsements
- ☐ Encourage behavior change
- ☐ Included an invitation to act
- ☐ Referred to CBH social media sites

## DISPLAY

- ☐ Justice for All
- ☐ Allergy Warning
- ☐ Social Media link or QR code visible

## EDUCATOR

- ☐ Relatable
- ☐ Positive rapport with participants
- ☐ Culturally sensitive and respectful to all
- ☐ Stayed within scope of practice
- ☐ Engaging in personality
- ☐ Well prepared
- ☐ Engaged learners
- ☐ Able to answer questions
- ☐ Provided referrals as appropriate
- ☐ Knowledgeable of local resources
- ☐ Stayed on task
- ☐ Checked for understanding
- ☐ Kept audience in mind

## CURRICULUM

- ☐ Create Better Health (English or Spanish)
- ☐ Create Family Meals (English or Spanish)
- ☐ Create Healthy Gardens
- ☐ Create Better Health Tai Chi
- ☐ Food, Fun & Reading
- ☐ Food, Fun & Reading: Cultural Adventures
- ☐ Captain Create MyPlate
- ☐ Create MyPlate for Teens

## PARTICIPANTS & LOCATION

- ☐ SNAP-Ed Eligible Location
- ☐ Civil Rights accommodations available
- ☐ Actively engaged
- ☐ Eligible location
- ☐ Conducive to learning
- ☐ Convenient for participants
- ☐ Comfortable, safe atmosphere
- ☐ Room was prepared prior to participants arrival
- ☐ Clean and uncluttered from participants perspective

## RECIPE DEMONSTRATION

- ☐ Objectives met
- ☐ Food safety addressed
- ☐ Discussion included 2 tips to stretch food dollars
- ☐ Demo was related to lesson topic
- ☐ Used CREATES handout in demo
- ☐ Shared how to use the CREATES method to make substitutions and variation
- ☐ Demo area was neat and tidy
- ☐ Participants have unobstructed view
- ☐ Provided sample size for participants
- ☐ Recipe met CBH guidelines
- ☐ Simple to prepare recipe
- ☐ Recipe didn't require special kitchen tools

## EVALUATIONS

- ☐ Evaluations explained and handed out to participants
- ☐ Used correct evaluation for curriculum
- ☐ Evaluation presented at the correct time

## YOUTH CLASSES

- ☐ Lesson was presented at an age appropriate level
- ☐ Youth asked to wash hands before sampling
- ☐ Classroom control maintained
- ☐ Surveys explained and handed out to participants
- ☐ Parent letter introduced and explained to youth

## PHYSICAL ACTIVITY

- ☐ Objectives met
- ☐ Checked for participant understanding

## NUTRITION

- ☐ Objectives met
- ☐ Checked for participant understanding

## OBSERVED BEST PRACTICES

## CONCERNS

## FEEDBACK FOR AMBASSADOR

**EDUCATOR:**

**LOCATION:**

**AUDIENCE:**

**OBSERVER:**

**DATE:**

**LESSON TOPIC:**

**Extension**

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