

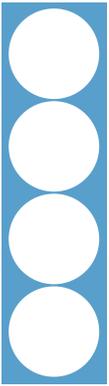
CREATE SNAP-ED
BETTER HEALTH.

To create better health, I will . . .



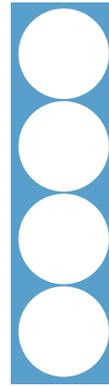
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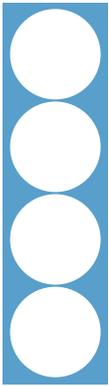
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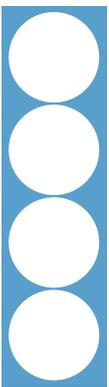
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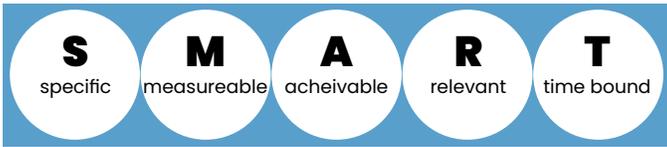
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Make your goal a SMART goal



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