

HUNGER SOLUTIONS DISCUSSION

2018 SUMMARY



NOVEMBER 6, 2018

The Hunger Solutions Discussion was held on November 6, 2018. The event provided diverse parties an opportunity to collaborate one with another on a unified interest in food insecurity. Food insecurity defines a lack of adequate quantities and quality of food. Preliminary results from a study done on Utah State's campus during the spring semester of 2018 indicates that nearly 32% of Utah State students are food insecure.

Professors are concerned about the well-being of their students, understanding that student health has a direct correlation with academic performance. Members of many departments from Utah State University and various partnering organizations came together to brainstorm solutions to solve the ever-present issue of food insecurity on college campuses.

REPRESENTED PROGRAMS/DEPTS.

USU Food \$ense
 USU Student Affairs
 USU Extension
 History Dept.
 Sustainability Dept.
 Social Work Dept.
 Kinesiology and Health Sciences Dept.
 Center for Community Excellence
 College of Humanities and Social Sciences
 USU Animal, Dairy, and Veterinary Science
 Sociology Dept.
 Nutrition, Dietetics and Food Sciences Dept.
 College of Agriculture and Applied Sciences
 Get Healthy Utah
 Languages, Philosophy, and Communications Dept.
 Applied Economics Dept.
 University of Utah



Here are questions, action items, and great ideas that resulted from our discussion in November.

QUESTIONS

- How is food security linked to disabilities?
- How do we help students learn to cook?



ACTION ITEMS

- Work on curriculum devoted to food waste reduction & hunger issues for dietetic students.
- Improve student access to food through policy, systems, and environmental changes
- Create a visual face of hunger for dietetic interns
- Use the ListServe to share research and collaborate on community food needs
- Bring more fruits and vegetables to the SNAC pantry
- Get more volunteers to help with the SNAC pantry during the summertime
- Follow HSI on social media

GREAT IDEAS

- Get professors involved so they know what resources are available to hungry students and provide assistance where possible
- Have a farmers market donation bin "Buy a vegetable for your neighbor" Produce from this bin will go to a variety of agencies (food pantries, CAPSA, etc.)
- Invite food insecure students to Food \$ense classes @ DWS
- Advertise the Extension calendar to students so they can be aware of the Food \$ense class schedule
- Expand community gardens to have chickens
- Donate (otherwise wasted) bull calves to someone who could raise the calf and then donate the meat

THANK YOU

to everyone who attended the discussion in November. It is our hope that everyone can take something from this event to further reduce food insecurity in their respective field.



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