



Extension  
UtahStateUniversity



Utah State University Extension  
**Home and Community  
2024 Impact Report**

..... Programs Delivered by USU Extension County Faculty

# Welcome!

Welcome to the 2024 Impact Report of the Utah State University (USU) Extension Home and Community Department. As life becomes more complex, our home and community programs expand to help individuals and families meet their diverse challenges. Whether delivered through traditional or online courses, blogs, websites, or social media, Utah residents can access the information they need to cultivate health and wellness, build strong relationships, properly store and prepare food, manage finances, care for a home, deal with an emergency, and much more.

This year has been marked by remarkable achievements, innovative programs, and a steadfast commitment to enhancing the lives of individuals and families within our communities across the state. As an effort to provide a clearinghouse for what our department offers, we re-developed our Home and Community department webpage. We encourage you to visit: [USU Extension Home and Community Department](#). It showcases the diverse range of programs we offer, from educational workshops to community outreach projects.

In collaboration with our county faculty and Extension specialists, we have worked on a “Photo Voice” project, highlighting the “why” behind our work. This initiative is featured on our website (linked above).

Our year has been marked by success across various programs as demonstrated in this report. Our faculty across the state have worked tirelessly to address the needs of our community through detailed county and statewide needs assessments. Each program is carefully designed, through evidence-based research, to provide practical solutions and support, making a tangible difference in the lives of those we serve.

As we reflect on the past year, we are proud of the progress we have made and the positive impact our programs have had. We look forward to continuing the mission of USU Extension “to provide evidence-based programs and services to improve the lives of individuals, families, and communities throughout Utah” in the coming year.

Thank you for your continued support and engagement with the USU Extension Home and Community Department. Together, we can build a stronger, healthier, and more connected community.



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# Canning & Food Preservation Programs

Across the country, Extension offices provide education and research from the USDA on safe home food preservation practices to prevent foodborne illness, such as botulism, in home-canned goods. In Utah, we provide services by teaching classes and webinars, answering canning questions, testing pressure canner gauges, and providing scientifically tested recipes and procedures.

## Master Food Preserver Course

The Master Food Preserver course was developed by Utah State University to provide expert level knowledge of research-based food preservation practices to Extension faculty and community members. These classes include hands-on learning to practice approved recipes and techniques for water bath canning, pressure canning, freezing, freeze drying, and dehydration.

Salt Lake County

hosted the course

24

participants

91.6%

of participants took and passed the final Master Food Preserver exam



As a result of lessons and hands-on kitchen labs, participants improved their average test scores from 57% on the pre-test to **87%** on the post-test.

## Preserve the Harvest

A virtual class series for beginner or experienced canners wanting to learn how to build or sharpen their food preservation skills.

Participants who watched live:

57

freeze drying

33

fruits & jams

49

meats & veggies

31

tomatoes & salsa

29

pickling & fermenting

115

total live attendees

Learn more at <https://extension.usu.edu/preserve-the-harvest/>.



# Emergency Preparedness Programs

USU Extension Emergency Preparedness program provides essential resources and guidance to help individuals and communities prepare for natural disasters, such as earthquakes, floods, and wildfires.

To learn more, visit <https://extension.usu.edu/preparedness/>.

## Extension Disaster Education Network National Conference

Utah State University hosted the 2024 Annual Extension Disaster Education Network National Conference in Salt Lake City, Utah, which brought together Extension faculty from across the United States. This four-day event provided a platform for discussing emergency disaster preparedness needs and coordinating nationwide preparedness efforts. Attendees had the opportunity to hear from 39 distinguished state and national speakers. Key topics included climate change, the impacts of wildfires on communities, personal safety during emergencies, emergency finance management, drought management, and biosecurity practices.

117

participants

1,200

meals distributed to people in need

*"I was grateful for the opportunity to hear from and learn from other Extension professionals, which included opportunities to get more involved. That level of camaraderie was much appreciated."*

~ Conference Attendee



# Empowering Financial Wellness Program

The Empowering Financial Wellness (EFW) program was created in 2020. The objective of the program is to provide personal financial management education across Utah and help individuals and families achieve economic stability. Collaborating with several organizations while targeting low-income families and women, the EFW faculty and staff created a multi-faceted approach to develop innovative resources and teach in-person and webinar classes.

## Empowering Financial Wellness Webinars & In-Person Classes

In 2024, the EFW team taught:



## Budget Mastermind Workshops

Delivered **9** workshops  
to **140** people  
in **9** locations in Utah.

*"Everyone should learn from this workshop and go to it! I texted 5 people to tell them they should go in their area as they come up."*  
~ Workshop Attendee



of participants gained knowledge regarding setting financial goals

## Household Information Records Organizer (HIRO)

The HIRO is a systematic approach for keeping track of important documents and financial records. It helps people stay organized, save time searching for information, and makes it easier to cope with emergencies.



## 2024 Finance Calendars



Learn more at <https://extension.usu.edu/finance/empowering-financial-wellness/>.

# HEART Initiative Programs

The Health Extension: Advocacy, Research, and Teaching (HEART) Initiative continued their work to bring unique academic resources into communities. They partnered locally and nationally to address the opioid crisis and other pressing public health issues.

Learn more at <https://extension.usu.edu/heart>.



Received **6** grants totaling **\$3,381,744**



Reached **5,988** in-person participants



**Over 800** partners collaborated on a variety of programs



**2,343** Naloxone kits distributed

## Overdose Prevention Training for High-Risk Groups

HEART faculty and staff created an opioid overdose response training for service industry workers in **eight** high-risk Utah counties. The training includes recognizing overdoses, using naloxone, understanding Utah's Good Samaritan Law, and locating treatment resources. Participants get naloxone doses and businesses receive overdose response kits.

In January 2024, the program expanded to blue-collar workers and college students to tackle opioid risks and counterfeit pills. This initiative aims to reduce stigma, promote recovery, and improve Utah's response to the opioid crisis. A \$350,000 grant was secured to extend outreach to blue-collar workers and underserved populations through the TriCounty Overdose Prevention Program (TOPP).

**39**

trainings completed

**1,030**

participants

**784**

Narcan kits distributed

**68**

overdose response kits provided to businesses



*"I was surprised to find out that overdose is now the #1 cause of death for construction workers, and now I understand how important it is to know how to use Narcan."*

~ Training Participant

Learn more at <https://extension.usu.edu/heart/service-industry-naloxone-trainings>.

# HEART Initiative Programs

## Certified & Family Peer Support Specialist Certification

The Family Peer Support Specialist (FPSS) program is a vital part of the behavioral health system, providing mentorship and support to families with children or adolescents experiencing behavioral health disorders. FPSSs use their lived experience to offer empathy, education, and effective strategies without doing the work for the families. USU Extension's Salt Lake County is the only approved trainer for FPSS certification.

Dozens

of certified FPSS

30

sites serving families across the state

In 2025, the program aims to expand by translating the FPSS curriculum into Spanish to better serve the Spanish-speaking communities.



## Tooele County Jail Exit Preparation Program

In 2020, USU began providing individuals leaving incarceration with naloxone training and alternative pain management classes. This evolved into the Exit Strategies class which explains harm reduction education, goal setting, and community reintegration resources. USU also developed a jail-based Medication for Opioid Use Disorder (MOUD) program and expanded behavioral health treatment options.

As of 2025, the Tooele County Sheriff's Office has agreed to hire a USU employee as the jail supervisor over the substance use treatment program to ensure patients have access to MOUD, non-medication treatment, education, and connection to social services outside of incarceration.



## Be Epic, Escape the Vape

2023-2024 marked the 4th year of the **Be Epic, Escape the Vape** e-cigarette prevention program for youth in rural communities. *Be Epic* was designed to help reduce tobacco use and prevent vaping initiation among youth in rural Southeast Utah, specifically Carbon, Emery, and Grand counties, which have elevated numbers of youth using e-cigarettes.

In 2024,

18

youth participated in afterschool programming

20

prevention events were supported

49

parents and caregivers attended events

29

teachers and school staff received CATCH My Breath Curriculum Training

48,137

people reached through social media

Learn more at <https://extension.usu.edu/be-epic>.

## A Light to Remember: International Overdose Awareness Day

On August 31, 2024, nine locations across the state of Utah held live events, sharing the message of hope, support, and healing. Through multiple community partnerships, thousands of people attended the gatherings and were impacted by the luminary remembrance celebrations for those lost to overdose. In addition, naloxone training for temporary emergency overdose reversal were provided, resources were available, and communities came together for support.

1,300

people attended

136

people trained on overdose response

264

naloxone kits distributed

49

Remember-at-Home kits were mailed to households throughout the state and beyond



# Mental Health Programs

USU Extension Mental Health program offers resources and education to help individuals improve their mental health through coping skills, self-care practices, and support networks. USU Extension efforts are vital in addressing these challenges and providing valuable resources to the community.

Learn more at <https://extension.usu.edu/mentalhealth>.

## Celebrating Women Conference

This conference is a half-day, in-person event held annually to provide mental health and wellness education to women. The conference features workshops presented by professionals and include topics such as positive body image, self-care, using your voice, and living life well-rounded. It is also an opportunity to increase social connection, as that had been defined a priority issue for Davis County. Attendees also received a wellness workbook to continue their self-improvement after the event. In between sessions, there were mini activities for attendees to do as an opportunity to further connect with other participants that was met with positive feedback.

75 attendees

After the conference:



of respondents were likely to make a change as a result of participating in the conference



of respondents agreed the conference gave them strategies to improve their life



agreed they want to make positive changes in their life



agreed the event gave them an opportunity to connect with others

Learn more at <https://usuextension.mykajabi.com/cwc23>.

## Conversations for Coal Miners and Mental Health

Mental health is a significant concern in Carbon and Emery counties, particularly in its association with coal mining. USU Extension worked with local partners to co-host an event that provided education and resources related to coal mining and mental health.

60

people attended

Post-surveys showed:

-  Improved awareness of mental health resources.
-  Improved ability to interact with family/friends experiencing mental health issues.
-  Improved confidence in helping others who are experiencing mental health issues.



## Horse Powered Reading Retreats®

Low literacy rates and educational anxiety contribute to mental health challenges among children and teens in rural communities. The Horse Powered Reading Retreats® offered an innovative, equine-assisted learning program focused on improving reading skills and fostering confidence.



35

participants

Cache, Davis & Piute Counties

hosted sessions



Participants reported increased self-efficacy and engagement in learning, with many experiencing moments of awe that enhanced emotional well-being.

## Leadership, Education, Advocacy, and Prevention (LEAP) Coalition

In 2024,

6

groups of LEAP student presented to

19

classes of 5th-8th grade students about substance use prevention

## Out of the Darkness Suicide Prevention Walk

The USU Extension offices in Carbon & Emery Counties co-sponsored a suicide prevention walk attended by

over 250

community members.

Collaboratively organized by

the HOPE Squad of  
Carbon, Emery, and Grand Counties

## Crafting Connections

49

participants enhanced community connectedness, increased knowledge about mental health, and improved well-being.



# Mental Health Programs

## Nurturing New Beginnings

Utah boasts one of the highest fertility rates in the country, with over 46,000 births annually, underscoring the critical need for maternal mental health education. Alarming, rates of postpartum depression have risen from 11.9% in 2015 to 16.2% in 2021. Nurturing New Beginnings covers essential topics such as nutrition, physical activity, breastfeeding, and mental health. It provides valuable support and education for both mothers and fathers.

over 50 couples participated

77%

of participants reported having a high knowledge level related to common mental health issues during pregnancy

83%

reported a high understanding of healthy stress management techniques to use

44.2%

reported they intended to contact a mental health provider if experiencing depression or other mental health issue

61.5%

reported they would start using healthy coping strategies to deal with stress

## Youth Mental Health Conference

Carbon County hosted the event



helped increase students' knowledge of how to strengthen their mental health.

over 200 participants

Collaboratively organized by

the CARE Coalition



# Nutrition Education Programs

Families today face a myriad of nutrition and health challenges, including poor dietary habits, chronic diseases, food insecurity, and limited access to nutrition education. Obesity, poor nutrition, and limited physical activity remain pressing health concerns that disproportionately affect minority and low-income populations. To address these issues, USU Extension offers a variety of programs designed to promote healthy eating and active lifestyles. These initiatives are delivered through engaging workshops, interactive sessions, community partnerships, and digital platforms.

Learn more at <https://extension.usu.edu/nutrition>.

## Create Better Health

Create Better Health is Utah's SNAP-Education program. The goal of this program is to help people cook healthy meals on a budget, buy and prepare whole foods, understand food labels, practice safety in the kitchen, and much more. Create Better Health is designed to increase the knowledge, skill set, and overall well-being of those it serves.

**3,071 adults**

received nutrition education

After completing the Create Better Health class series, adults reported that they:

**44%**

ate fruit  
more often

**51%**

ate vegetables  
more often

**43%**

participated in  
physical activity  
more often

**33%**

were better able to  
stretch their food dollars  
to last the month

**10,512 youth**

received nutrition education

*"[My child] keeps coming home and goes on about [the Ambassador] and how she teaches about MyPlate and food. Now they want to eat foods they were never eating before!"*

~ Parent of a Kids Create Better Health participant

**154,132 SNAP-eligible individuals**

reached through policy, systems and environment work at

**43**

pantries

**15**

schools

**2**

stores

**12**

gardens



Learn more at <https://extension.usu.edu/createbetterhealth>.

# Nutrition Education Programs

## Diabetes Cook-Along

This program teaches individuals with a diagnosis of diabetes, or prediabetes, basic diet management principles and lifestyle skills to help manage their diabetes symptoms. The classes were offered virtually and in-person throughout 2024. Each class focused on a dietary component that directly affects diabetes symptoms, like carbohydrates, protein, body weight, dietary fat, healthy snacks, fiber, physical activity, and the Diabetes Plate Method. Classes included a hands-on cooking component to empower individuals to make diabetes appropriate meals at home.

8 virtual classes

for

473 participants



9 in-person program series

for

308 individuals

## EFNEP

The Expanded Food and Nutrition Education Program is conducted by the Cooperative Extension System through Land-grant Universities in all U.S. states. It is content- and relationship-based, learner-centered, culturally relevant and dynamic. Education is geared to food costs, and to the shopping, preparation, safety and storage of foods. This model supports EFNEP participants' efforts toward self-sufficiency and nutritional health and well-being. In Utah, EFNEP serves Salt Lake, Davis, Weber and Utah counties.

513 adults

reached directly through nutrition education

2,314 youth

reached directly through nutrition education

1,541 family members

reached indirectly through nutrition education

Adults reported:

94%

improved diet, including consuming an extra cup of fruits and vegetables

80%

improved food safety practices

92%

bettered food resource management practices

79%

positive change in physical activity

Youth reported:

55%

acquired skills to be food secure or gained knowledge

86%

improved their abilities to choose foods according to the Federal Dietary Guidelines or gained knowledge

53%

improved their physical activity practices or gained knowledge

59%

used safe food handling practices more often or gained knowledge

Learn more at <https://extension.usu.edu/efnep>.

## NourishEd

Food insecurity in Provo's Title I schools is a major issue, with 58% of students qualifying for free or reduced lunch and many facing additional challenges, like minority status, language barriers, and homelessness. "Farm to Fork Goes Mobile," the 2023 NourishTank competition winner, aims to tackle these problems by taking help on the road. They distribute fresh produce and educational resources to help families improve their food security.

116

produce bags distributed across Utah

Volunteers reported that the children were most excited about the following:

tasting food

receiving the produce boxes

the coloring pages/activity sheets



## NourishSmart

NourishSmart addresses the issue of food waste and hunger in Utah by providing educational resources and curriculum to students and teachers. The resources were developed and refined through collaboration with experts and integrated into state and national lesson plan libraries.



Post-surveys by educators show:

- improved knowledge of food waste in Utah
- improved knowledge of resources for teachers in Utah
- improved knowledge of integrating food waste curriculum

Learn more at <https://extension.usu.edu/hsi/nourishsmart>.

## Food Security Council

The Utah Food Security Council (FSC), established in 2022, aims to improve food access and security in Utah. It unites various stakeholders to provide policy recommendations, promote healthy eating, and coordinate statewide nutrition education efforts.

157

community participants

1

comprehensive toolkit published to support food security efforts

10

council meetings

Learn more at <https://extension.usu.edu/hsi/foodsecuritycouncil>.

# Physical Activity Programs

In Utah, there is a significant need for health and wellness initiatives across all age groups. It's never too early to promote preventive care, manage chronic diseases, and ensure access to wellness resources. USU Extension provides physical activity resources and programs that promote healthy living and overall well-being at all stages.

Learn more at <https://extension.usu.edu/healthwellness/physical>.

## Marathon Kids: Statewide Virtual Program

Marathon Kids is a non-profit organization encouraging young people to move more throughout the day. Although the main audience of this program is youth, adults are encouraged to participate as well. Activities such as running, walking, or any type of heart pumping exercise count towards mileage which is tracked in a digital platform. Participants complete one marathon and then move to the next.

Program respondents:



reported an increase in activity level because of participating in the program



agreed their participation helped them enjoy being physically active



felt they belonged and said their participation helped them complete a goal



intend to be more physically active due to participation

*"Super fun! Heart pumping! Awesome for getting ready for sports! I wish it was once a week! 😊"*  
~ Marathon Kids Participant

Learn more at <https://extension.usu.edu/healthwellness/marathon-kids>.

## StrongBodies Strength Training

Strong Bodies is a fitness program for older adults. It improves strength, prevents injuries, and speeds up recovery. Participants meet twice a week for 12 weeks and perform exercises with weights or body weight. Exercises can be modified for limited mobility. The program includes fitness tests and tracking logs.

**Beaver County**

hosted the classes

**19**

women participated

*"I learned how to use weights to improve my balance and safely work my muscles."*  
~ StrongBodies Participant



## Becoming an Outdoors Woman

Becoming an Outdoors Woman (BOW) is a nonprofit educational program offering hands-on workshops to adult women ages 18 and older. It encourages a supportive environment conducive to learning, making friends, and having fun. BOW is for women of all ages and fitness levels. Participants have the opportunity to learn a variety of outdoor skills such as fishing, hunter safety, target shooting, archery, outdoor cooking, camping, rock climbing, rappelling, nature photography, boating, hiking, and more.

76

women participated

*"I'm feeling emotional about how I feel about this event. I'm heard; I'm trained without pressure; I'm more confident; I'm not alone in my (prior) feelings of inadequacy."*

~ Becoming an Outdoors Woman Participant

100%

of the participants surveyed indicated they intended to increase/continue participating in outdoor activities following BOW

100%

indicated they learned skills that will enable them to be successful in outdoor activities

82%

said they made connections with others that will support them in continued outdoor activities

94%

believe that spending time outdoors can improve mental and physical health

## Empowering Yourself Through Self-Defense

over 242

participants

45

faculty & staff trained

10

counties have taught classes

*"This class was life changing!"*

*"I feel so much better with this useful information."*

*"I learned that even though I am older, I can defend myself."*

## Tai Chi

Taught **68 times** reaching **401** participants

*"I have more balance. I practice every day, and I can feel myself getting stronger and stronger. Thank you for helping me learn tai chi and helping me feel stronger in my 70s."*



# Relationship Education Programs

There are many pressures facing families today, including divorce, remarriage, blended families, single parenthood, financial distress, and work-family balance. Programs to strengthen family relationships are delivered through presentations, conferences, webinars, podcasts, and social media.

Learn more at <https://extension.usu.edu/relationships>.

## Common Sense Parenting Workshops

The Common Sense Parenting workshop series builds parenting skills and teaches easy-to-learn techniques that address communication, discipline, decision making, relationships, self-control, and school success.

387

parents reached

30

workshops provided in Salt Lake County

*"We were able to communicate more effectively. I am also feeling more comfortable that I am able to take more accountability for MY actions around my temper."  
~ Participant*



## Raising Amazing Youth Parenting Workshops

74

workshops

1,408

parents taught

99%

have a better understanding of the topic after the workshop

99%

intend to make changes because of what they learned

## Marriage Celebration

The Marriage Celebration is an annual event designed to strengthen relationships through workshops and activities. The celebration features expert speakers and interactive sessions to help couples engage and learn.

1,098

attendees

*"This conference has helped us so much in our marriage! I love when I hear other people talk about my rock-solid marriage. I always let them know that it didn't just happen! We choose to actively work on it and the yearly marriage conference is one of the big ways we do that!"  
~ Marriage Celebration Attendee*

## Hidden Gems Adventure Guides

The USU Hidden Gems Adventure Guides are free online resources with one-hour activities that promote quality time and healthy relationships. They include discussion questions to enhance communication and problem-solving skills, and are also adapted for single adults.

Between 2020-2024:

109

published guides

over 50,700

downloads

Learn more at <https://extension.usu.edu/relationships/hiddengems/>.

## Healthy Relationships Utah Statewide Classes

Healthy Relationships Utah offers free relationship education classes and resources to improve communication, relationship skills, and family bonds for diverse groups. The program aims to enhance well-being and build stronger communities through inclusive, research-based classes.

506

offerings

6,612

participants

Learn more at <https://extension.usu.edu/hru/>

## Stronger Marriage Connection Podcast

The Utah Marriage Commission strengthens marriages and families through podcasts, webinars, and e-Courses. It collaborates with community partners to teach healthy relationship skills and techniques for a stable family life.

47

podcast episodes

48,657

downloads

48,423

YouTube views

Learn more at <https://extension.usu.edu/strongermarriage/podcast/>.

## Utah Marriage Commission

20

webinars

2,490

people

Learn more at <https://extension.usu.edu/strongermarriage/>.



# Remote Online Initiative Programs

The Remote Online Initiative (ROI) programs are dedicated to reducing unemployment and enhancing economic stability in rural Utah. Its mission is to provide residents with the skills and opportunities needed for remote work. By offering comprehensive training and support, ROI fosters economic diversification, supports community resilience, and promotes sustainable development, ensuring that rural communities thrive in a rapidly changing digital economy.

Learn more at <https://extension.usu.edu/remoteworkcertificate/>.

## Certified Remote Work Professional<sup>(c)</sup> (CRWP) Course

Between January and October 2024:

278

participants enrolled in the course

91%

of participants took and passed the course (253 passes)

 Salaries for graduates who found remote work increased by an average of **32%** in 2024.

## Certified Remote Work Leader<sup>(c)</sup> (CRWL) Course

Facilitated the creation of **2,935** remote and hybrid positions across **30** companies in 2024.

## Certified Tech Sales Professional<sup>(c)</sup> (CTSP) Course

This course has become a key pipeline for tech sales employment, complementing the Remote Online Initiative's broader goal of diversifying rural economies.

## E-Commerce Accelerator<sup>(c)</sup> (ECA) Program

24

rural small businesses and Agriculture operations have launched e-commerce websites and begun generating new sales revenue



# Textiles & Home Arts

## USU Clothing & Textile Training

The annual USU Clothing and Textile Training program offers valuable hands-on training in sewing and textile skills. The training is specifically designed for Family and Consumer Science (FCS) teachers and 4-H leaders and volunteers. This event serves as a crucial resource, equipping participants with practical knowledge they can share with their communities. Attendees engage in various sewing projects, which not only foster creativity and skill-building but also promote mental health by encouraging mindfulness, reducing stress, and providing a sense of accomplishment. The program creates a supportive environment where participants can connect, learn, and strengthen both their sewing abilities and mental well-being. Through these efforts, the program contributes significantly to the personal and professional growth of FCS educators and volunteers, ultimately benefiting the wider community they serve.

2

conferences

173

participants

Participants reported the benefits of sewing include:

95%

mental health  
improvement

100%

creative outlet

86%

connections with  
like-minded people

## Quilting & Hand Stitchery Classes

8

classes or class series

172

participants

Learn more at <https://extension.usu.edu/sewing>.



# Home and Community Faculty



**Troy Allan**  
*Rural Counties*



**Ryan Benally**  
*San Juan*



**Naomi Brower**  
*Weber*



**Stephanie Carlson**  
*Weber*



**Kate Chappell**  
*Wayne*



**Amanda Christensen**  
*Morgan*



**Darlene Christensen**  
*Tooele*



**Shannon Cromwell**  
*Sanpete*



**Elizabeth Davis**  
*Kane*



**Jenna Dyckman**  
*Cache*



**Jared Hawkins**  
*Summit*



**Paul Hill**  
*Washington*



**Matt Huntington**  
*Salt Lake/Tooele*



**Cindy Jenkins**  
*Utah*



**Melanie Jewkes**  
*Salt Lake*



**Tim Keady**  
*Cache*



**Kristen Koci**  
*Box Elder*



**Tricia Mathis**  
*Wasatch*



**Anna Gilliam**  
*Sevier*



**Cara Murray**  
*Uintah*



**Gabriela Murza**  
*Utah*



**Cindy Nelson**  
*Beaver*



**Emma Parkhurst**  
*Davis*



**Christina Pay**  
*Carbon*



**Yvette Rea**  
*Duchesne*



**Lisa Schainker**  
Salt Lake



**Andrea Schmutz**  
Washington



**Maria Velasco**  
Grand



**Callie Adams**  
Garfield



**Sadie Wilde**  
Davis/Weber



**Ashley Yaughner**  
Carbon/Emery



**Heidi LeBlanc**  
Department Director



**Kristin Hoch**  
Program Coordinator

*The Extension Home and Community Department appreciates the work of county faculty, often shared in this report, who no longer work for USU Extension.*



**Melanie Dabb**  
Juab



**Christine Jensen**  
Emery



**Meagan Johnston**  
Iron



**Eva Timothy**  
Millard

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