

A LOOK AT

2022

The Home & Community Department



Extension
UtahStateUniversity



Programs Delivered by USU Extension
Home and Community County Faculty

COUPLE & FAMILY RELATIONSHIPS



Marriage Celebration

1 virtual conference
680 attendees

"[The Marriage Celebration] helped me to realize that my marriage is absolutely worth fighting for."

- Conference Participant



Utah Marriage Commission Webinar

20 webinars
5,160 attendees



Stronger Marriage Connection Podcast

15 episodes
15,328 listens



Healthy Relationships Utah

7,491 attendees
Divorce Education
18,482 attendees

HEALTH EXTENSION: ADVOCACY, RESEARCH, TEACHING INITIATIVE (HEART)



A Light to Remember: Overdose Awareness Day

Free community events in: **184**

- Tooele
- Emery
- Salt Lake
- Duchesne
- Carbon

life-saving naloxone kits were distributed

242

people received Naloxone training



13 grants totaling **\$3,145,860**



205 community partners



6 faculty members trained to facilitate Living Well classes

FINANCIAL MANAGEMENT



EMPOWERING
FINANCIAL
WELLNESS

7,339

inflation.usu.edu
page views

6 media interviews

53 radio segments

utah **MONEY** moms

3,000+

Instagram followers



POWERPAY

HELPING DEBTORS BECOME SAVERS

441,720

PowerPay.org page views

5,961 debt repayment
plans created

Average user saved

\$3,512

The Home & Community Department

NUTRITION AND HEALTH



Create Better Health

2,373 adults & **7,899** youth attended direct education classes

723,843 reach through Instagram

142 total changes made in pantries across Utah



EFNEP

499 adults reach in 12 lesson series

2,314 youth directly & **1,180** family members reached indirectly

96% of adults improved diet



Diabetes Cook Along Classes

15 virtual classes

20 in-person classes

526 TOTAL participants

BUSINESS & COMMUNITY: RURAL ONLINE INITIATIVE (ROI)



Certified Remote Work Professional

Of the **1,892** CRWP certificate holders:

403 Utah certificate holders found remote work since completing the course



Certified Remote Work Leader

Of the **185** CRWL certificate holders:

18 companies created remote work environments
60 businesses participated in course hiring a collective **2,496** remote hires

HOME FOOD PRESERVATION AND FOOD SAFETY



Preserve the Harvest

5 webinars including lessons and canning demonstrations

237 participants | **1,468** video downloads

Based on what they learned in their first class...

97% will use safe food preservation resources provided.

45% will check if the food preservation resources at home are up-to-date.

83% will preserve food more often at home.

2022 AWARDS



Finance Education



Nutrition Education



Mental Health Education



National Extension Association of Family & Consumer Sciences

1st Place the Create Better Health Online Course
 1st Place the Captain Create YouTube Channel