

TO 4-H



4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H is a family affair; everyone can get involved learning and having fun.

What is a 4-H project?

A topic that is chosen to be worked on in a 4-H club. There is a great variety of projects available to try in 4-H. A club may choose one or several different projects to work on. 4-Hers may choose to work on one or more projects and can belong to one or several different clubs. It depends on their personal interests and goals and the interests of their club. A project is something a member learns to do with the help of leaders and parents. Learning by doing is the 4-H way. Youth learn by their mistakes as well as their successes when they are provided loving encouragement. While they work on projects, youth also learn service and leadership. 4-H is more than you ever imagined!



4-H Emblem:

A green four-leaf clover, with a white "H" on each leaflet.



4-H Colors:

Green and White

4-H Pledge:

(Members recite it while saluting the 4-H flag)

*I pledge
my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service
and
my HEALTH to better living,
for my club, my community,
my country and my world*

4-H Motto:

To Make the Best Better

4-H Slogan:

Learn by Doing

Find out more about 4-H on the web
www.utah4-h.org
tooele4-h.org

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Tooele County Extension

WELCOME TO 4-H



To Make the Best Better.

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WELCOME

How a 4-H club works:

A 4-H club is a group of youth with similar project interests. They can be neighbors, friends and even family members. Each club defines itself by making their own rules of operation. They determine when, where and how often the club will meet and what projects they will work on. Club members serve as officers and gain valuable leadership experience.

How to get started in a 4-H club:

Sometimes you can join an existing 4-H club. You talk to people who belong to a club that interests you. See if the leader is willing to let you join. Don't feel bad if they say no, usually it has more to do with the available space and the leader's time. Try another club or better yet, start your own.

Starting a 4-H club is as easy as 1..2..3..4.

First, you put together a group of youth. Then you find an adult who is willing to be the leader. Sometimes it takes more than one adult; one to keep it all organized and one with expertise in the project area. Third, you register your club at the 4-H office. Finally, you have fun while you learn and work together.

So, come on, get involved today!

4-H Clubs only happen when we have adults willing to be leaders. We have curriculum to guide you and resources to support you as a leader. Volunteer in 4-H today!

4-H Volunteers make a world of difference



A Parent's Role in 4-H

Your child needs your encouragement to get them started in 4-H and to keep them involved in the program through their teen years. You can help if you:

- Share: Take interest, look, listen and offer suggestions, but avoid the temptation to "take over" and do things yourself.
- Prepare: Help your child value having their projects, duties and presentations done right and on time.
- Be There: Parents are part of 4-H, too. You are welcome and very needed. Lend a hand where you can. Volunteer!
- Care: Support your child's participation and abide by the policies set by the 4-H Youth Development Program.

4-H is more than projects

4-H offers many things to do with your club or family or county:

4-H Carnival:

our fall kickoff, introduce your friends & family to 4-H fun.

Super Saturday:

in the spring, explore new project areas you might like to try.

4-H Camp:

in the summer, enjoy the outdoors while you learn and have fun

Tooele County Fair:

1st weekend in August. Enter your project and see what other 4-Hers have done.

County Contests:

Give a speech, demonstrate a skill, share your knowledge or perform a talent. Everyone benefits!

