



## Overdose Prevention Training for College Students

**Please read all the information below before moving to the next page.** If you have any questions or would like to discuss anything related to the study, please ask the research staff present here today.

**You are being asked to participate in a research study.** The purpose of the study is to evaluate a tailored educational training approach used to teach college students on how to respond to an opioid overdose. A research study is designed to answer a scientific question. If you are 18 years or older and agree to be in the study, you will be one of about 34 to 500 people who are participating in the study.

**Why is this study being done?** This study is being done to answer the question: What is the effect of implementing an evidence-based opioid overdose training that is tailored for college students? You are being asked to be in this research study because you are a college student and 18 years or older.

**Do you have to be in the study?** It is your decision to be part of this research study. You do not have to be in it. Your choice will not affect your participation in the training. Before you make your decision, you should take time to learn about the study.

**What do you have to do if you choose to participate in this study?** If you are eligible and want to be part of the study, you will complete a brief anonymous paper survey before the training, participate in a training on how to respond to an opioid related overdose, and complete follow-up surveys immediately following the training on paper and online surveys at 6-, 12-, and 18-weeks following the training. The link for the online surveys will be sent via text message or email. Once all surveys are complete your participation will be complete.

**What are the risks or discomforts you should know about before deciding?** The study will take about 1 hour of your time. The training may not work any better than standard training approaches and may even cause some stress. All studies have some risks. Some risks are relatively small, like being bored or wasting time. Some are more serious – for this study, these include discussing distressing health related topics like rescue breathing, overdose, and unconsciousness.

To minimize those risks and discomforts, the researchers will ensure you are able to leave if the training is too stressful and referred to call 988 to talk with the mental health crisis line who will be able to refer you to a professional for help if needed. If you have a bad research-related experience or you would like to withdraw from the study at any time you can inform the research staff on site or contact Dr. Aaron Hunt ([aaron.hunt@usu.edu](mailto:aaron.hunt@usu.edu) or 605-530-6900).

**Benefits.** If you are in the study, you will be helping the researchers answer the study question. You may benefit from learning to effectively respond to an opioid related overdose and administering naloxone, the overdose prevention medication.

**Confidentiality.** The researchers will make every effort to ensure that the information you provide as part of this study remains confidential. Your identity will not be revealed in any publications, presentations, or reports resulting from this research study. While we will ask all group members to keep the information they hear during the training confidential, we cannot guarantee that everyone will do so.



We will collect your information through paper or online surveys. You will not provide your name but will provide other potential identifiers including phone number and/or email for follow-up surveys. We will keep this protected but online activities always carry a risk of a data breach. We will use systems and processes that minimize breach opportunities. Data will be securely stored in a restricted-access folder on Box.com, an encrypted, cloud-based storage system and/or in a locked drawer in a restricted-access office. This form will be kept for three years after the study is complete, and then it will be destroyed.

It is unlikely, but possible, that others (Utah State University, or state or federal officials) may require us to share the information you give us from the study to ensure that the research was conducted safely and appropriately. We will only share your information if law or policy requires us to do so.

**Voluntary participation & withdrawal.** Your participation in this research is completely voluntary. If you agree to participate now and change your mind later, you may withdraw at any time by informing the research staff or emailing the program director. If you choose to withdraw after we have already collected information about you, your data will be included in our analysis, but you will not be identified in any way. Your choice will not affect your participation in the training or employment.

**Payment and costs.** You will not be paid or have to pay for any of the study procedures or materials you receive. Participants that complete the training will be provided with the option to receive two free doses of Naloxone medication (valued at ~\$75) at no cost whether or not they enroll in the research study. Participating student organizations will receive an overdose prevention kit (contains CPR mask, gloves, Naloxone medication, and instruction card valued at \$100) at no cost to keep at their location to help them respond to an overdose.

**IRB review.** The Institutional Review Board (IRB) for the protection of human research participants at Utah State University has reviewed and approved this study. If you have questions about the research study itself, please contact the Principal Investigator at (605) 530-6900 or [aaron.hunt@usu.edu](mailto:aaron.hunt@usu.edu). If you have questions about your rights or would simply like to speak with someone *other* than the research team about questions or concerns, please contact the IRB Director at (435) 797-0567 or [irb@usu.edu](mailto:irb@usu.edu).

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**Informed Consent**

By signing below, you agree that you are 18 years or older, are able to speak and read English, and agree to participate in this study. You indicate that you understand the risks and benefits of participation, and that you know what you will be asked to do. You also agree that you have asked any questions you might have and are clear on how to stop your participation in the study if you choose to do so. Please be sure to retain a copy of this form for your records.

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Participant's Signature

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Participant's Name, Printed

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Date