



WHEN: There are four camp session options for youth:
July 27-31 | M W F | 10 am - 11am
July 27-31 | M W F | 2 pm - 3 pm
August 3 - 7 | M W F | 10 am - 11 am
August 3 - 7 | M W F | 2 pm - 3 pm

Choose One

And four options for the EveryDay Strong parent/guardian webinar:
Tuesday, July 28 | 10:00 am
Tuesday, July 28 | 7:00 pm
Thursday, August 6 | 10:00 am
Thursday, August 6 | 7:00 pm

Camp Thrive is going virtual for 2020!

This camp is for youth grades 7th - 10th to learn how important their physical, emotional, and social needs are for their mental health.

Youth will learn, through virtual meetings and independent activities, how to better understand their needs and get those needs met.

This camp includes a parent/guardian webinar called EveryDay Strong.* Adults will learn their role in helping youth meet their needs, which will strengthen their resiliency.

*EveryDay Strong is a framework developed by United Way of Utah County to address anxiety and depression in youth."



VIRTUAL CAMP

Register at ut.4honline.com
Not a member? That's ok!
Contact Kassie Lovan at (435)919-1322

EXTENSION 
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