



DAVIS COUNTY 4-H

COUNTY AMBASSADORS

2021-2022 HANDBOOK



Extension
UtahStateUniversity





MESSAGE FROM DAVIS COUNTY 4-H

Welcome to the Davis County 4-H Ambassador team! County Ambassadors learn and use leadership skills to make a difference in other Davis County 4-H members' lives.

Ambassadors represent Davis County and are enthusiastic about 4-H. There are a lot of leadership opportunities where Ambassadors will be able to share their knowledge and skills with the community using a positive "learn by doing" approach. Ambassadors are what make Davis County 4-H the best!

- The Davis County 4-H Team

MESSAGE FROM UTAH 4-H

4-H Ambassador is an official envoy, an authorized representative of our Utah 4-H program. A 4-H Ambassador is a self-motivated, enthusiastic leader who promotes 4-H using the skills, knowledge and leadership abilities acquired in 4-H with fellow members, area residents, community leaders, elected officials and non-4-H youth. A 4-H Ambassadors serve to strengthen the 4-H program through public relations.

- Craig Dart

VISION

Davis County 4-H Ambassadors are teens that are working to gain leadership experience while helping other members of the community grow. They work together along with adult leaders and the 4-H Program Coordinators to run events, summer camps, and workshops.

4-H PLEDGE



I pledge

my HEAD to clearer thinking

my HEART to greater loyalty

my HANDS to larger service

my HEALTH to better living

**for my club, my community,
my country and my world**



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Purpose, Role, & Schedule

The Davis County Ambassador program facilitates positive youth leadership development and expands youth's opportunities to lead at a county level, interact with larger groups, and expand social and professional networks.

ROLE

- Represent Davis County 4-H
- Promote and recruit 4-H members
- Help plan, prepare, and present at County Ambassador meetings
- Create and coordinate with new leaders in 4-H Teen Council groups
- Develop personal leadership skills & self-confidence
- Make friends & have fun!

QUALIFICATIONS

- Active member of Davis County 4-H
- Involved in a chartered local club
- At least 14 years old or in 8-12th grade
- Able and willing to commit your time to 4-H.
 - Meetings (once a month for 1.5 hours), events, summer camps, and workshops
- Parent and/or guardian support
- Enthusiastic about 4-H
- Willing to take on leadership roles within the ambassador program

SCHEDULE & TIME COMMITMENT

Meetings will be held on the second Tuesday of each month.

- January 11, 2022
- February 8, 2022
- March 8, 2022
- April 12, 2022
- May 10, 2022
- June 14, 2022
- July 12, 2022
- August 9, 2022

All meetings will be held in person at the Utah House. However, they may be moved to an online format depending on the current pandemic conditions.

County ambassadors will need to make the ambassador program a priority and will be required to attend the following events:

- At least 1 Service Project
- At least 1 Teen Retreat held by Utah 4-H
- At least 4 Teen Council Meetings
- At least 1 summer camp

Attending these events is essential to the ambassador program and having a successful learning experience. When applying, make sure you can make this commitment.



How to Apply

The Davis County Ambassador application is available using this QR code.



APPLICATION PROCESS

- Fill out the online application
- Upload 4-H Portfolio (Resume and Cover Letter - objectives listed below)
- Upload a professional headshot

COVER LETTER OBJECTIVES

- Explain your leadership experience from 4-H and non-4-H experiences
- Explain your involvement in your specific project area(s)
- Specify what skills do you bring to the Davis County Ambassador team
- Tell us why you want to be a Davis County Ambassador

For more information about 4-H Portfolios: extension.usu.edu/utah4h/more/4-h-portfolios

APPLICATION DEADLINE

The deadline for applications to be a Davis County 4-H Ambassador for the 2022-2023 4-H year is July 31, 2022

After the application deadline, applicants will be contacted via email by Lauren Montgomery, the Davis County Lead Coordinator.

IMPORTANT DATES

July 31, 2022 - Application Deadline

August 31, 2022 - Acceptance Deadline

September 13, 2022 - First Ambassador meeting if accepted



Leadership Positions

WHY TEEN LEADERSHIP?

Our communities, our nation, and our world need leaders. Leaders for tomorrow, and yes leaders for today. Youth are learning they can make a difference right now. Learning is more effective while young. It allows the learner to better retain and integrate basic skills into their lives. Great leaders learn their skills from an early age, increasing their self-confidence, ability to develop relationships, and to communicate effectively with others.

AMBASSADOR OFFICER POSTIONS

PRESIDENT

- Represent Davis County 4-H Ambassadors
- Makes sure the Ambassador team is representing 4-H in the best manner
- Has great communications skills
- Determines deadlines and follows up on assignments given to other team members
- Works with the 4-H Coordinator to create the club meeting agenda.

VICE PRESIDENT

- Represent Davis County 4-H Ambassadors
- Makes sure the Ambassador team is representing 4-H in the best manner
- Directs all meetings
- In charge of specific plan for marketing events. ambassador information on a variety of medias
- Can fill in for the president

SECRETARY

- Represent Davis County 4-H Ambassadors
- Makes sure the Ambassador team is representing 4-H in the best manner
- Takes attendance and notes during monthly meetings
- Plans a list of actionable items for the President and Vice President to share with the whole team

TREASURER

- Represent Davis County 4-H Ambassadors
- Makes sure the Ambassador team is representing 4-H in the best manner
- In charge of the budget for the team
 - purchases of food, games and SWAG
- Coordinates who brings snacks to monthly meetings



The BIG M

BIG M

BELONGING

Positive relationship with a caring adult
A safe and inclusive environment which fosters a sense of belonging in all members

MASTERY

Engagement in learning
Opportunity for mastery by building knowledge, skills, wisdom, and attitudes, then demonstrating their use

INDEPENDENCE

Opportunity to see oneself as an active participant in the future
Opportunity to develop a sense of responsibility and influence over one's choices, as well as the consequences of those choices

GENEROSITY

Opportunity to value and practice service for others—finding oneself often begins with losing oneself in the service of others

8 ESSENTIAL ELEMENTS

1. A positive relationship with a caring adult.
2. A safe emotional and physical environment.
3. An inclusive environment.
4. Engagement in learning.
5. Opportunity for mastery.
6. Opportunity to see oneself as an active participant in the future.
7. Opportunity for self-determination.
8. Opportunity to value and practice service for others.

The **Eight Essential Elements** are standards for the effective practice of youth development work. These elements are also a framework to design and measure the effectiveness of the program environments. The opportunities and programs of 4-H that are intentionally designed and thoughtfully executed with the Eight Essential Elements meet the needs of young people building positive attributes of Competence, Confidence, Connection, Character, and Caring, commonly known as the “5 Cs” (Lerner, 2007). Every 4-H experience may not include all eight elements. However, program leaders should try to incorporate as many of the elements as possible.

The eight elements are often summarized into 4 key concepts: Belonging, Mastery, Independence, and Generosity. In Utah, we often use the acronym BIG M to refer to these Essential Elements.



BIG M ESSENTIAL ELEMENTS

BELONGING

Positive Relationship with a Caring Adult

A caring adult (4-H staff and/or leader) acts as an advisor, guide, and mentor. The adult helps set boundaries and expectations for young people. The caring adult should be viewed as a supporter, friend, and advocate.

A Safe Emotional and Physical Environment

Youth should not fear physical or emotional harm while participating in the 4-H experience. A sense of safety should exist from the learning environment itself, from adults, other participants, and spectators.

An Inclusive Environment

An inclusive environment allows a sense of belonging to develop, support members, and offer encouragement with positive and specific feedback. Healthy groups celebrate the success of all members, taking pride in the collective efforts of all.

INDEPENDENCE

Opportunity to See Oneself as an Active Participant in the Future

The ability to foresee oneself as possessing hope and optimism that shape life choices and facilitate the transition into future participation.

Opportunity for Self-Determination

Believing that one has an impact on life's events rather than passively submitting to the will or whims of others defines self-determination. Youth must exert a sense of influence over their lives, exercising their potential to become self-directing, autonomous adults.

GENEROSITY

Opportunity to Value and Practice Service for Others

Finding oneself begins with losing the self in service to others. Service is a way for members to gain exposure to the larger community and the world's entirety. It is necessary to actively practice and uphold service in order to develop a sense of generosity. People understand others and themselves by comprehending how they can make a positive impact throughout the rest of their lives.

MASTERY

Engagement in Learning

A youth engaged in learning is one who is mindful of the subject area and builds relationships in order to develop greater understanding. Through self-reflection, youth have the ability to self-connect and learn from experience. The engaged learner has a higher degree of self-motivation and an inexhaustible capacity for creativity.

Opportunity for Mastery

Mastery is the building of knowledge, skills, and/or attitudes, then demonstrating the competent use of them in the manner of a proficient practitioner. The level of mastery is dependent on the developmental ability of the youth. The development of mastery is a process that exists in an evolution over time.



Contact Information

4-H COORDINATOR

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County Ambassadors**

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AMBASSADOR ADVISOR

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4-H PROGRAM COORDINATORS

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Notes



Notes



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