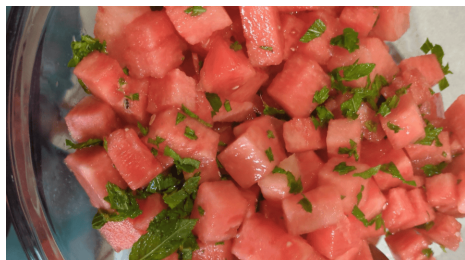


Watermelon and Mint Salad



Ingredients

- 8 cup seedless watermelon chunks (1-inch cubes)
- 1 /4 cup fresh lime juice
- Pinch of cayenne pepper (optional)
- 1 /2 cup mint leaves, torn
- Salt as desired

Instructions

In a large bowl, toss the watermelon chunks with the lime juice and cayenne. Fold in the mint leaves, season with salt and serve.



Cooking with

Kids!

Have your kids help mix the salad together!

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Utah State University Extension

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