

# Marinated Zucchini Salad



**Cooking with**

## **Kids!**

- 1. You can have your kids help you combine the ingredients once they are chopped up.**
- 2. They could also help whisk together the sauce ingredients.**

## **Additional Notes**

## **Additional Vegetables You Could Add**

Red onion

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*Utah State University Extension*

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## **Ingredients**

- 4-5 small zucchini and/or yellow squash, chopped
- 1 can black olives, sliced
- 1 red or green bell pepper, diced

## **Dressing:**

- 1 cup Italian dressing, low sodium
- 2 Tbsp lemon juice
- 1/4 cup parmesan cheese
- 1 Tbsp dried basil
- 1 tsp dried oregano

## **Instructions**

1. Steam squash for 3-5 minutes. Chill.
2. Combine squash, olives, pepper, and red onion in a large bowl.
3. Whisk together dressing ingredients and pour over salad. Toss to coat.
4. Chill in fridge overnight or for 4-8 hours before serving.