

Green Fruit Salad

[Download Recipe](#)

Ingredients

- 2 granny smith apples, chopped into bite size pieces
- 5 kiwis, skinned and chopped
- 1 honeydew melon, chopped
- 1/2 pound green grapes, halved
- Juice of 2 limes
- 3 Tbsp fresh mint, chopped

Instructions

1. Cut all of the fruit into bite sized pieces and add to a large bowl.
2. Combine lime juice and mint, pour over salad. Toss to combine.
3. Let chill for about an hour before serving



Cooking with

Kids!

Have your kids help mix the salad together!

January 2026

Utah State University Extension