



# 2018 4-H Sewing Day Camps & Service Project



Make a Hot Pad, Pillowcase, Pajama Pants, Shorts, or Pants with elastic waist,  
Mermaid / Shark Tail Blanket

Teamwork: Each Youth Brings an Adult or Older Teen to Work with Them

Each Youth Brings a Sewing Machine

(If you don't have a machine, contact Ann to reserve a 4-H machine.)

To register for the Sewing Day Camps and the sewing service project, please go to [ut.4honline.com](http://ut.4honline.com).  
Payment is due at the time of registration.

## Sewing Day Camps

June 6, 2018	9 a.m. - 12 noon	Sewing Machine Basics, Pot Holder	BTC, Brigham City
June 6, 2018	1:00 - 4:00 p.m.	Designer Pillow Case	BTC, Brigham City
June 20, 2018	9 a.m. - 3 p.m.	Pajama Pants, Shorts, Pants with elastic waist casing	Tremonton Public Works Bldg.
July 12, 2018	9 a.m. - 3 p.m.	Mermaid & Shark Tail Blankets	BTC, Brigham City
July 19, 2018	1 - 4 p.m.	Sewing Service Project	BTC - Brigham City
July 26, 2018	9 a.m. - 3 p.m.	Letter Pillows	Tremonton Public Works Bldg.

## BEGINNING SEWERS

### Sewing Machine Basics

Wednesday, June 6, 2018

9 a.m. - 12 noon

Bridgerland Technical College

325 W 1100 S, Brigham City

**Cost: \$5** Hot pad fabric, supplies, and instructions provided

**Prerequisite:** None

### Skills Learned:

- Sewing machine parts
- Winding a bobbin
- Threading the sewing machine
- Changing the sewing machine needle
- Caring for a sewing machine
- Stitching straight and curved lines, & corners



### Supplies Needed:

- Sewing machine
- Extra sewing machine needles
- 2 bobbins that fit your machine
- Basic sewing equipment (pins, pin cushion, tape measure, seam ripper, sharp sewing scissors, seam gauge, water soluble marking pen)
- 1 spool of thread (bring what you have at home)

## BEGINNING SEWERS

### Designer Pillow Case

Wednesday, June 6, 2018

1:00 - 4:00 p.m.

Bridgerland Technical College

325 W 1100 S, Brigham City

**Cost: \$12** Pillow case fabric, thread and instructions provided.

**Prerequisite:** Sewing Machine Basics

### Skills Learned:

- Straight stitching & back stitching
- Stitching corners
- Seam finishes
- Trimming and grading seams
- Preparing hem
- Machine stitched hem
- Using an iron
- Using a seam ripper
- Using a measuring tape



### Supplies Needed:

- Sewing machine
- Basic sewing equipment (pins, pin cushion, tape measure, seam ripper, sharp sewing scissors, seam gauge, water soluble marking pen)
- Extra sewing machine needles
- 2 bobbins that fit your machine

**ADVANCED BEGINNING SEWERS**  
**Pajama Pants, Shorts, Pants with an elastic waist**

**Wednesday, June 20, 2018**  
**9 a.m. – 3 p.m.**

**Tremonton Public Works Building**  
**300 E 1200 S, Tremonton**

**Cost: \$5** Participants provide pattern, fabric, elastic, and matching thread

**Prerequisite:** Sewing Machine Basics, experience sewing a pillowcase or pillow

**Skills Learned:**

- Reading and following instructions
- Comparing measurements
- Pattern marking symbols
- Fabric grain
- Laying out and cutting out a pattern
- Using a tape measure
- Transferring pattern markings
- Seam finishes
- Making a casing and inserting elastic
- Preparing and stitching a hem

**Supplies Needed:**

Pattern: Select and purchase one of the following patterns.



Simplicity 1520



McCall M6099



McCall 4762

- Fabric – fabric should be closely woven, cotton / cotton polyester, with little or no fraying on cut edge
- Matching thread
- Basic sewing equipment
- Sewing machine
- Extra sewing machine needles
- 2 bobbins

**ADVANCED BEGINNING SEWERS**  
**Mermaid or Shark Tail Blanket**

**Thursday, July 12, 2018**  
**9 a.m. – 3 p.m.**

**Bridgerland Technology College**  
**325 W 1100 S, Brigham City**

**Cost: \$5**

Instructions provided.

Participants provide fabric and thread.

**Prerequisite:** Sewing Machine Basics, Experience sewing a pillow, shorts, or skirt

**Skills Learned:**

- How to use a rotary cutter, ruler, and mat
- How to sew fleece
- Using measurements to create a pattern

**Supplies Needed:**

- Basic sewing equipment
- Sewing machine
- Extra sewing machine needles
- 2 bobbins
- Matching thread
- Fabric: fleece

See size charts and fabric requirements on our web site for more detail. Note that tails are not meant to fit tightly.

Based on youth clothing sizes 9 - 16

**Mermaid Tail**

- Tail 1 ¼ - 1 ½ yards
- Top band ¼ yard
- Tail fin ¾ - 7/8 yard

**Shark Tail**

- Tail 1 ¼ - 1 ½ yards
  - Fins 7/8 yard
  - Teeth/eyes ¼ yard
  - Mouth 1/8 yard
- gray  
royal blue  
white  
red



## INTERMEDIATE SEWERS

### Letter Pillows

Thursday, July 26, 2018

9 a.m. - 3 p.m.

Tremonton Public Works Building  
300 East 1200 South, Tremonton

**Cost: \$5** Pattern provided.

Participants provide fabric, matching thread and polyfill stuffing.

**Prerequisite:** Sewing Machine Basics, Experience sewing a tote bag, shorts, pants, or skirt with elastic waist.

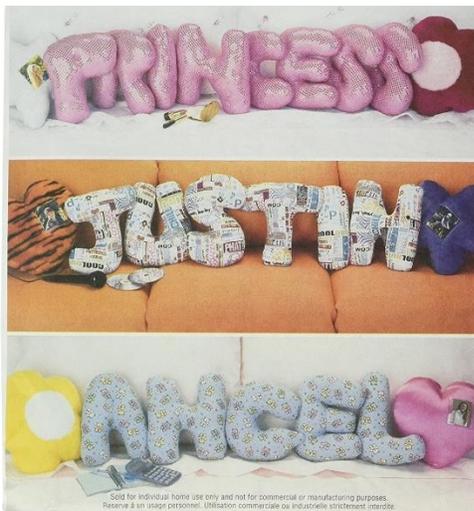
#### Skills Learned:

- Following instructions
- Cutting using fabric scissors and rotary cutter, mat, and ruler
- Pressing
- Trimming, grading, clipping
- Inserting polyfill stuffing and closing opening

#### Supplies Needed:

Fabric: Select fabrics that are firmly woven or knit and do not fray. Scraps and remnants may be used. Letter size pieces of fabric need to be 12" square. Edging strips need to be 3" wide and as long as possible.

- Matching thread
- Sewing machine
- Extra sewing machine needles,
- 2 bobbins that fit your sewing machine
- Basic sewing equipment



## SERVICE PROJECT: Ryan's Case for Smiles

Thursday, July 19, 2018

Bridgerland Technology College

325 W 1100 S, Brigham City

1-4 p.m.

Come and sew a pillowcase that will be given to youth who are being treated for cancer. The pillowcases will be delivered to Ryan's Case for Smiles and then they will distribute the pillowcases to Logan Regional or McKay Dee Hospital. "We can't get enough bright, cheery pillowcases."

Instructions will be provided.

#### Please bring the following items:

- ¾ yard 100% cotton fabric for the body of the pillowcase
- 1/3 yard 100 % cotton fabric for the border of the pillowcase

Fabric needs to be 100% cotton. Remember to use fun, colorful novelty prints! Please do not use fabric with glitter, red fabric that will bleed when washed or fabric with skull designs.

Because we are making these pillowcases for cancer patients whose immune systems are weakened, it is important to wash the fabric before sewing pillowcases. When washing please do not use scented detergent or dryer sheets.

Matching thread

Sewing machine, extra needles and bobbins

Basic sewing equipment (pins, pin cushion, tape measure, seam ripper, sharp sewing scissors, seam gauge)

