

Grand County 2 Pager Resource



BE EPIC
ESCAPE the VAPE

E-Cigarette Prevention
in Rural Communities

Our website: <https://extension.usu.edu/be-epic/index#>



Emergency Resources

Moab Regional Hospital (435) 719-3500 450 Williams Way Moab, Utah 84532	Utah Poison Control Center (800) 222-1222 http://poisoncontrol.utah.edu/
Southeastern Utah Health Department (435) 259-5602 S. Kane Creek Blvd. Moab, Utah 84532 https://www.seuhealth.com	Four Corners Community Behavioral Health (435) 259-6131 198 E. Center St. Moab, Utah 84532 http://www.fourcorners.ws/index.html

Grand County High School Contacts:

School Counselor

Derrick Cook cookd@grandschools.org (435) 719-4888
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Counselor Secretary

Raelynn Mason masonr@grandschools.org (435) 719-4895

Grand County Middle School Contact:

Counselor

Marva Lewis lewism@grandschools.org (435) 719-4724

Helen M. Knight Elementary School Contacts:

School-Based Therapist

Kelly Vagts vagtsk@grandschools.org (435) 259-7350	Christie Van Kanegan vankaneganc@grandschools.org (435) 259-7350
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District nurse:

Mary Frothingham frothingham@grandschools.org (435) 719-4805
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Moab Charter School Contact:

Counselor

Natalie Olsen natalie@moabcharterschool.org

Online Resources

CATCH My Breath: https://letsgo.catch.org/
The Real Cost: https://therealcost.betobaccofree.hhs.gov/vapes
Rethink Vape: https://rethinkvape.org/
Know The Risks: https://e-cigarettes.surgeongeneral.gov/
The Truth: https://www.thetruth.com/about-truth/collaboration/this-is-quitting
Rethink Vape Information Sheet: https://rethinkvape.org/wp-content/uploads/2020/02/Parent-Information-Sheet.pdf
Know The Risks Information Sheet: https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf
CDC: https://www.cdc.gov/tobacco/features/back-to-school/e-cigarettes-talk-to-youth-about-risks/index.html

Full Resource Booklet Link: <https://extension.usu.edu/heart/resource-books>

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