

# BE EPIC!

AFTER SCHOOL CONFIDENCE CLUB



**BE EPIC**  
ESCAPE *the* VAPE



Meaningful Mindz | 15 East Main Street Price, Utah 84501

**February 2nd & 16th**

**March 2nd & 16th**

**6:00-7:00pm**

**\*Must attend all sessions\***

**To register, visit:**

[meaningfulmindz.org](http://meaningfulmindz.org)

**For questions, email:**

[josie.hatch@usu.edu](mailto:josie.hatch@usu.edu)

Are you looking to build your confidence and learn healthy habits? This is the place for you! You will learn about positive communication skills, friendship, and how to prevent e-cigarette use. This program is FREE to attend.

See you there!

- Open to youth ages 13-18
- Includes FREE swag and snacks!

We will ask you to fill out a post- survey as part of this program

[EXTENSION.USU.EDU/BE-EPIC](http://EXTENSION.USU.EDU/BE-EPIC)

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