

Carbon & Emery Counties

Substance Use Disorder & Recovery Resource Book

Updated March 2026



Extension
UtahStateUniversity



HEALTH EXTENSION
Advocacy. Research. Teaching.

CARBON & EMERY
**OPIOID &
SUBSTANCE USE**
COALITION

Table of Contents

<u>My Resources.....</u>	<u>7</u>
<u>Emergency Resources.....</u>	<u>8</u>
Local Law Enforcement.....	8
Crisis Call or Text Line in Utah.....	8
Castleview Hospital: Emergency Room.....	8
Emery Medical Center.....	8
Green River Medical Center.....	8
Utah Poison Control Center.....	8
Domestic Violence Services Info-line.....	8
The Good Samaritan Law.....	9
Signs of an Opioid Overdose.....	10
<u>Suicide Prevention Resources.....</u>	<u>11</u>
988 Suicide & Crisis Lifeline.....	11
Liveonutah.org.....	11
Utah Warm Line.....	11
Safe UT.....	12
Suicide Prevention Hotline for Law Enforcement.....	12
RAINN National Sexual Assault Hotline.....	12
American Foundation for Suicide Prevention (AFSP).....	12
Utah Suicide Prevention Committee and Coalition.....	12
<u>Local Suicide Prevention Resources.....</u>	<u>13</u>
Four Corners Community Behavioral Health.....	13
The HOPE Squad of Carbon, Emery, and Grand Counties.....	13
<u>Medication Disposal Drop Boxes.....</u>	<u>14</u>
FDA Disposal of Unused Medications and Locations.....	14
Know Your Script DropBox Locator.....	14
Boyd’s Family Pharmacy.....	14
Carbon Medical Service.....	14
Castleview Hospital.....	14
Castleview Urgent Care.....	14
East Carbon Police Department.....	14
Emery Medical Center.....	15
Green River Medical Center.....	15
Helper Clinic.....	15
Helper Police Department.....	15

Price City Police Department.....	15
Walmart Pharmacy.....	15
<u>Counseling and Social Work.....</u>	16
American Psychological Association Psychologist Finder.....	16
Psychology Today-Find a Therapist.....	16
Boni Taylor, LCSW.....	16
BreAnna Powell, CSW.....	16
Bert Bruno, LCSW.....	17
Canary Counseling.....	17
Carbon Medical Service.....	17
Four Corners Community Behavioral Health (FCCBH).....	18
Gray Matters Counseling.....	18
Green River Medical Center.....	19
Heath Earl, PhD-Clinical Psychologist.....	19
Jay Jeppson, PhD-Clinical Psychologist.....	19
Kara Heugly Counseling.....	19
LDS Family Services.....	19
Men’s Mental Health Support Group (FREE).....	20
Mindful Pathway Therapy and Counseling.....	20
Multicultural Counseling Center.....	20
Positive Pathways/Peaceful Transitions.....	21
Sandstone Psychology.....	21
Ridgeline Terrace Psychiatry & Wellness, LLC.....	21
USU Eastern for Students.....	22
<u>Medication-Assisted Treatment & Harm Reduction Resources.....</u>	23
Carbon Medical Service.....	23
Crisis Receiving Center and Social Detox – FCCBH.....	24
Green River Medical Center.....	24
Hands of Hope.....	25
Operation Recovery – Four Corners Community Behavioral Health (FCCBH).....	25
Positive Pathways/Peaceful Transitions.....	26
Step One Services.....	26
Southeast Utah Health Department.....	27
Sterling Potter, MD Family Medicine.....	27
<u>Alternative Pain Management.....</u>	28
Healing Arts Center.....	28
Living Well with Chronic Pain.....	28
Matsuda Acupuncture and Herbal Medicine.....	28
<u>Recovery Resources.....</u>	29

Alcoholics Anonymous & Narcotics Anonymous.....	29
LDS Addiction Recovery.....	29
Life Balance Recovery	29
Lost and Found Ministries	30
Utah Support Advocates for Recovery Awareness (USARA) Carbon and Emery County.....	31
<u>In-Patient Treatment Resources</u>	<u>32</u>
Castle Ridge Behavioral Health Center.....	32
Crisis Receiving Center and Social Detox – FCCBH.....	32
Odyssey House.....	32
Pavilion at Mountain View Hospital.....	33
Provo Canyon School/ Residential Treatment.....	33
StepOne Services at Castleview Hospital – Acute Withdrawal Management	33
Hunstman Mental Health Institute.....	34
Wasatch Crest.....	34
<u>Healthcare Services.....</u>	<u>35</u>
Advanced Surgical Associates of Price	35
Bloom Women’s Health	35
Carbon Medical Service	36
Castle Country Orthopedics & Sports Medicine	36
Castle Valley Foot & Ankle Specialist.....	37
Castleview Hospital Women's Services.....	37
Eastem Utah Family Medicine.....	37
Eastem Utah Spine & Pain.....	38
Eastem Utah Women's Health.....	38
Jeff Manley Wellness Center	39
Pine Top Medical.....	39
<u>Family and Youth Resources</u>	<u>40</u>
Al-Anon.....	40
Castle Country Youth Center – Youth Services.....	40
CRAFT (Community Reinforcement and Family Training).....	40
Cure the Conversation.....	41
National Association for Caregivers	41
Rural Utah Child Development (RUCD) Head Start.....	41
Substance Abuse and Mental Health Services Administration Locator.....	41
Utah Department of Health & Human Services: Intensive Care Coordination.....	42
How You Can Support Recovery	42
<u>Local Prevention Coalitions</u>	<u>43</u>
Carbon & Emery Opioid & Substance Use Coalition.....	43
Carbon Addiction Reduction Elimination (C.A.R.E.) Coalition	43

1 Direction Prevention Coalition (Emery County).....	43
Green River Prevention Coalition.....	44
Other Local Resources.....	45
Active Re-entry: Disability Services.....	45
Be Epic, Escape the Vape.....	45
Colleen Quigley Women’s Center for Domestic Violence.....	45
Health Extension: Advocacy, Research & Teaching (HEART) Initiative.....	46
Southeast Utah Health Department.....	46
Utah State University Extension.....	47
VA Medical Center.....	47
Online Resources.....	48
Stop the Opidemic.....	48
Know Your Script.....	48
Utah Opioids.....	48
Utah Naloxone in Carbon/Emery/Grand Counties+.....	48
Utah State University- ACT (Acceptance and Commitment Therapy) Guide.....	49
Courts—Carbon County.....	50
7th District & Juvenile Court.....	50
East Carbon Justice Court.....	50
Helper Justice Court.....	50
Price Justice Court.....	50
Wellington Justice Court.....	50
Courts—Emery County.....	51
Castle Dale 7th District & Juvenile Court.....	51
Castle Dale Justice Court.....	51
Public Safety Listings— Law Enforcement*.....	52
Dispatch.....	52
Carbon County Sheriff’s Office.....	52
East Carbon Police Department.....	52
Helper Police Department.....	52
Price Police Department.....	52
USU-Eastern Police Department.....	52
Wellington Police Department.....	52
Emery County Sheriff’s Office.....	52
Green River Police Department.....	52

Public Safety Listings— Fire Department*53

 East Carbon Fire Department.....53

 Emery County Fire Departments.....53

 Helper Fire Department.....53

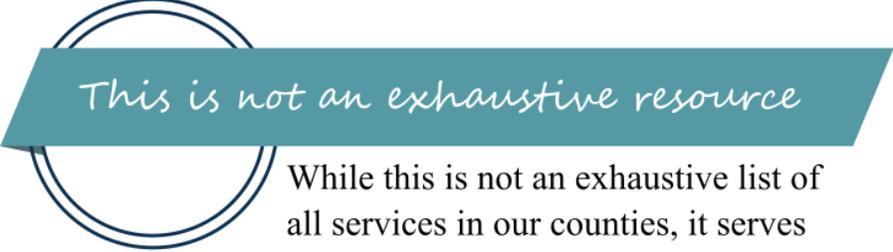
 Price Fire Department.....53

 Wellington Fire Department.....53

Disclaimer.....54

Credits.....54

Notes.....55



This is not an exhaustive resource

While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**THE CARBON & EMERY OPIOID & SUBSTANCE USE
COALITION CREATED THIS RESOURCE BOOK IN
OCTOBER 2019.**

**A SPANISH LANGUAGE VERSION WAS CREATED IN FEBRUARY
2024 AND IS AVAILABLE ON THE USU EXTENSION WEBSITE:
[EXTENSION.USU.EDU/HEART/RESOURCE-BOOKS](https://extension.usu.edu/heart/resource-books)**

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,
PLEASE REFER TO:**

**UNITED WAY 2-1-1
CALL 2-1-1 OR [211UTAH.ORG](https://211utah.org)**

**SOUTHEAST UTAH RESOURCES
[WWW.SEUHEALTH.COM/RESOURCES](https://www.seuhealth.com/resources)**

My Resources



This book belongs to:

Things that activate stress for me:

How I can help myself feel better (Coping skills):

Friends I can call when I need to talk:	
Name	Phone Number

Professionals and Agencies I can call if I need more help:	
Name	Phone Number
Suicide/Crisis Hotlines	Suicide and Crisis Lifeline: 9-8-8 SafeUT: (833) 372-3388 (chat/app available)

Emergency Resources



Local Law Enforcement

(for immediate danger)

9-1-1

Crisis Call or Text Line in Utah

Call or Text 9-8-8

Chat: [988Lifeline.org](https://988lifeline.org)

Call, chat, deaf, hard of hearing, and Spanish speaking options available.

Castleview Hospital: Emergency Room

(435) 637-4800

300 North Hospital Drive, Price, Utah 84501

Emery Medical Center

(435) 381-2305

90 West Main Street, Castle Dale, Utah 84513

Green River Medical Center

(435) 564-3434

585 Main Street, Green River, Utah 84525

Utah Poison Control Center

(800) 222-1222

poisoncontrol.utah.edu

Domestic Violence Services Info-line

(800) 897-LINK (5465)

www.dcfv.utah.gov/services/domestic-violence-services

Emergency Resources

The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

Naloxone is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit opidemic.utah.gov

Signs of an Opioid Overdose



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

Suicide Prevention Resources



988 Suicide & Crisis Lifeline

[988lifeline.org](https://www.988lifeline.org)

The image shows the 988 Suicide & Crisis Lifeline logo, which includes the number '988' in large blue font, 'SUICIDE & CRISIS LIFELINE' in smaller blue font, and 'Call or text 988 Chat 988Lifeline.org' in white text on a dark blue background. To the right of the logo are three service icons: 'Veterans' (purple square with 'PRESS' and '1'), 'Español' (teal square with 'MARCA' and '2'), and 'LGBTQI+ Youth' (orange square with 'PRESS' and '3'). Below the icons is the text 'Talk with us.' and icons for a smartphone, speech bubbles, and a telephone handset. The SAMHSA logo is at the bottom left.

Call or Text 9-8-8

Confidential and free emotional support for people in suicidal crisis or emotional distress: 24/7, phone or text. Chat available online.

Liveonutah.org

[liveonutah.org](https://www.liveonutah.org)

Live on Utah Playbook



Call or Text: 9-8-8

to be put in contact with the Mobile Crisis Outreach Team* (MCOT)

*See pg. 13 for more details on MCOT.

Utah Warm Line

healthcare.utah.edu/hmhi/programs/crisis-diversion

(833) SPEAKUT (toll-free)

(801) 587-1055 (local)

Staffed 8am - 11pm 365 days per year

Utah residents who need connection with others who have walked similar paths may call the Utah Warm Line. Spanish-interpretation and language translation services provided at no cost.

Suicide Prevention Resources

Safe UT

safeut.org

(833) 372-3388

Help with any sized problem, any time. Phone support, online chat, and app available.

Suicide Prevention Hotline for Law Enforcement

www.copline.org

(800) 267-5463

All counselors are retired officers and are volunteers who do a 40-hour training. Some volunteers speak Spanish.

RAINN National Sexual Assault Hotline

Chat online at online.rainn.org

(800) 656-4673

American Foundation for Suicide Prevention (AFSP)

afsp.org

Are you in a crisis? Call or text 988.

Utah Suicide Prevention Committee and Coalition

utahsuicideprevention.org

Resources, training, and strategic tools for organizations working to prevent suicide and support mental wellness across Utah.

Local Suicide Prevention Resources



Four Corners Community Behavioral Health

Mobile Crisis Outreach Team (MCOT)

Carbon County: (435) 637-0893

Emery County: (435) 381-2404

Grand County: (435) 259-8115

FCCBH provides 24/7 services for Carbon and Emery County. Crisis workers and case manager/peer support travel to any site where they are needed.

Amanda McIntosh, Suicide Prevention Liaison

(702) 419-3471, amcintosh@fourcorners.ws

Contact Amanda for suicide prevention, intervention, and postvention needs including means restrictions such as gunlocks, gun cases, medication lock bags, Question, Persuade, Refer (QPR) suicide prevention trainings and other resources.

The HOPE Squad of Carbon, Emery, and Grand Counties

www.facebook.com/hopesquadcarbonandemery

(702) 419-3471

The mission of the HOPE Squad of Carbon, Emery, and Grand Counties is to educate, promote, and spread awareness for a healthier community with an emphasis on mental health, suicide prevention, support for suicide loss survivors, and creating a stigma-free culture around seeking help. Together with expertise of local agencies, schools, coalitions, and partners, our overall goal is to reduce the number of people who die by suicide and to build communities of hope and connection.

Financial assistance is potentially available through the HOPE Squad for behavioral health treatment. Email Amanda McIntosh for details: amcintosh@fourcorners.ws

Medication Disposal Drop Boxes



FDA Disposal of Unused Medications and Locations

fda.gov/drugdisposal

Know Your Script DropBox Locator

knowyourscript.org

Boyd's Family Pharmacy

590 E Main St

Castle Dale, UT 84513

Carbon Medical Service

331 Highway 123, Sunnyside, Utah 84539

Castleview Hospital

300 Hospital Dr, Price, Utah 84501

Castleview Urgent Care

317 East 100 North, Price, Utah 84501

East Carbon Police Department

101 West Geneva Dr, East Carbon, Utah 84520

Medication Disposal Drop Boxes

Emery Medical Center

90 West Main St, Castle Dale, Utah 84513

Green River Medical Center

585 Main St., Green River, UT 84525

Helper Clinic

125 South Main Street, Helper, Utah 84526

Helper Police Department

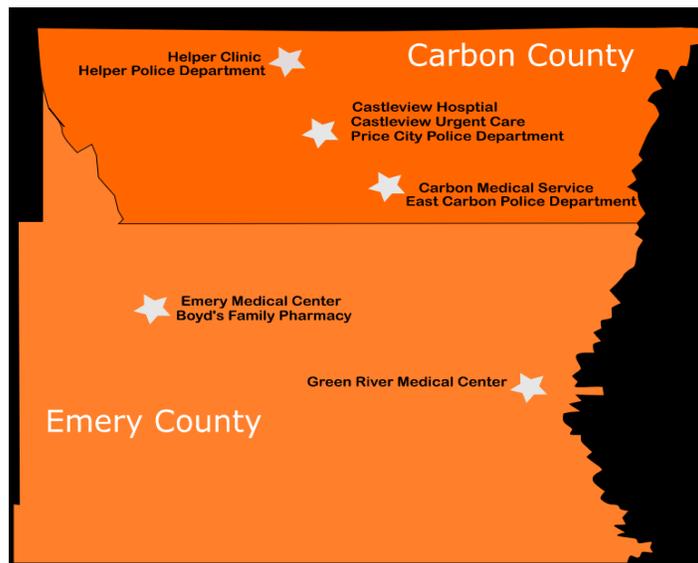
97 South Main Street, Helper, Utah 84526

Price City Police Department

910 North 7th East Street, Price, Utah 84501

Walmart Pharmacy

255 Hwy 55, Price, Utah 84501





American Psychological Association Psychologist Finder

locator.apa.org

Find the right psychologist for you.

Psychology Today-Find a Therapist

psychologytoday.com/us

Boni Taylor, LCSW

590 E 100 N, St #7, Price, Utah 84501
(435) 630-5086

Experienced in working with trauma, depression, and anxiety through many modalities including EMDR, ART, DBT and others.

BreAnna Powell, CSW

gagonfamilymedicine.com/mental-health/

Gagon Family Medicine + Urgent Care –
Integrated Behavioral Health Care
(435) 613-2200

Integrated Behavioral Health is the integration of behavioral health and primary care where the patient experiences care by a team of primary care and behavioral health clinicians working together to provide patient centered care by addressing substance use disorder conditions, health behaviors, life stressors and crises, and more.

BreAnna has been trained to help each patient enhance their biological, psychological, social, and emotional wellness. She provides counseling for children, teens, and adults.

Counseling and Social Work

Bert Bruno, LCSW

(435) 650-6562

Castle Country Counseling

23 South Carbon Avenue Suite #7, Price, Utah 84501

Specializing in substance use treatment after care, trauma work for individual therapy, couples therapy, and family therapy.

Canary Counseling

canarycounselingutah.com

(435) 557-0435

Jennifer Buttrick, CMHC

42 S Main Street, Helper, UT 84526

We are a small practice of master-level clinicians who provide quality mental health care. We offer solution-focused, client-centered therapy. We have training in EMDR, Gottman Method, DBT, CBT, and other modalities of therapy.

Carbon Medical Service

carbonmedicalsevice.com

All locations: (435) 888-4411

After Hours: (435) 650-7132

Helper Clinic

125 S. Main St., Helper UT

Sunnyside Clinic

3311 UT-123, Sunnyside UT

Price Clinic

92 N. 400 E., Suites 1 & 3, Price UT

Carbon Medical offers comprehensive **Behavioral Health services**, including therapy, medication management, substance use support, and Certified Peer Support Services.

Counseling and Social Work

Four Corners Community Behavioral Health (FCCBH)

fourcornersbh.com

Carbon County - (435) 637-2358

28 E 100 S, Price, Utah 84501

Emery County - (435) 381-2432

45 East 100 South, Castle Dale, Utah 84513

Green River - (435) 564-3434

585 Main Street, Green River, Utah 84525

Four Corners has 26 different licensed clinicians and therapists to choose from. It is also the sole source provider for most citizens who qualify for or currently have Medicaid insurance. Services include:

- Substance use treatment services
 - Adults and adolescents
 - Pregnant individuals
- Comprehensive mental health services for all ages
- In-patient services
 - 24/7 Crisis Receiving Center in Price is open to all
- Residential support services
- Case management
- Peer support services
- Psychosocial rehabilitation
- Medication evaluation and management services
- And more!

Gray Matters Counseling

graymatterscounseling.com

John (Greg) Cowan

(435) 650-9008

23 South Carbon Ave. Suite No. 5, Price, Utah 84501

greg.graymatters@gmail.com

My main methods for treating adult clients are Cognitive-Behavioral Therapy along with a Psychodynamic approach. In simple terms helping one to understand why you think like you think, and the reason(s) behind your thought process.

Counseling and Social Work

Green River Medical Center

grmedicalcenter.org

(435) 564-3434

585 W Main St, Green River, UT 84525

Heath Earl, PhD-Clinical Psychologist

(435) 637-6348

590 East 100 North, Price, Utah 84501

Jay Jeppson, PhD-Clinical Psychologist

(435) 637-2358

(435) 820-2199

575 East 100 South, Price, Utah 84501

Kara Heugly Counseling

[facebook.com/KARAHeuglyCounseling](https://www.facebook.com/KARAHeuglyCounseling)

(435) 637-0171

70 West Main Street, Price, Utah 84501

Through our years of experience, training, and strategies tailored to your needs, your goals of happiness and peace are within reach.

LDS Family Services

providentliving.churchofjesuschrist.org/lds-family-services

Contact: Local LDS Bishop

LDS Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president. Zoom options are available.

Counseling and Social Work

Men's Mental Health Support Group (FREE)

Contact: Amy Jones (435) 650-4194 or

Zac Robinson (435) 650-3463

Castleview Hospital-Boardroom

300 North Hospital Drive, Price UT

Meetings: 2nd Wednesday of every month at 7:00 PM

A local men's support group offering a safe, confidential space for men to support men through grief/loss, addiction, divorce, depression, parenting challenges, anger, and life transitions.

Mindful Pathway Therapy and Counseling

www.mindfulpathwaytherapy.com/

595 E Main St., Price, UT 84501

Multicultural Counseling Center

mccounseling.com/telehealth

(801) 915-0359

7625 South 3200 West, Ste 2 & 4, West Jordan, Utah

info@mccounseling.com

Virtual options available.

Counseling and Social Work

Positive Pathways/Peaceful Transitions

positivepathways.co/

(435) 299-5003

Sabrina K. Carter, Owner and NP

Zena Robinson, Transitional Life Coach,

Rachel Allred LCSW Therapist

23 South Carbon Ave Suite 19, Price, UT 84501

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

Sandstone Psychology

www.sandstonepsychology.org/locations/price/

(801) 382-9338

59 S 700 E, Price, UT 84501

We offer therapy services, medication management, psychological testing, and AcuDetox. We accept most major insurances.

Ridgeline Terrace Psychiatry & Wellness, LLC

www.psychiatryandwellness.org/

(435) 299-7083

250 N. Fairgrounds Rd, Suite 3, Price, UT 84501

Counseling and Social Work

USU Eastern for Students

eastern.usu.edu/mental-wellness/

Jennifer Leavitt Student Center Rm 233

451 E 400 N, Price, Utah 84501

Monday – Friday 8:00 am – 5:00 pm

The Student Counseling Center provides free counseling on a short-term basis for many concerns and issues facing today's college students.

Utah Behavioral Health Solutions

Utbehavioral.com

Eric Mcarty, M.A. LMFT, BCCC, BCPC, CCTP

(435) 772-9005

23 South Carbon Ave, Price, Utah 84501

ericemcca@msn.com

Compassionate help for those struggling with depression, anxiety, substance use disorder, grief, and loss.

Medication-Assisted Treatment & Harm Reduction Resources



Carbon Medical Service

carbonmedicalservice.com

Contact (all locations): (435) 888-4411

After Hours Contact: (435) 650-7132

Helper Clinic

125 S. Main St., Helper UT

Sunnyside Clinic

3311 UT-123, Sunnyside UT

Price Clinic

92 N. 400 E., Suites 1 & 3, Price UT

Peer Support

Baylie Cave, Certified Peer Support

Specialist/CMAA/CCMA

(435) 637-6338

Carbon Medical Service Association has three convenient locations staffed with full-time providers and certified nurses ready to assist with your healthcare needs. Our Sunnyside and Helper clinics offer on-site pharmacies for added convenience, and our Sunnyside location features a fully equipped, full-time dental clinic. Testing and treatment for hepatitis C is available at all locations. Service fees are based on a sliding fee scale, and **Certified Peer Support Services** are available to support your overall well-being.

Medication-Assisted Treatment & Harm Reduction Resources

Castleview Bridge Program in the Castleview E.R.

castleviewhospital.net/medical-detox

Contact: Jenn Colosimo (435) 650-0028 or (435) 636-4808

Helping those in Carbon and Emery County with Opioid Use Disorder.

The Bridge Program offers individuals the opportunity to walk into the Castleview Hospital Emergency Department and get assistance with a short-term supply of Suboxone that will reduce the urge to use, as well as get connected to appropriate outpatient care and counseling to support individuals in recovery. We provide the “bridge” to longer-term treatment that fits each patient’s path for sustained recovery when a patient is ready for that transition. (More info on Bridge Recovery Program on pg. 29).

Crisis Receiving Center and Social Detox – FCCBH

www.fourcornersbh.com

(435) 637-5995

575 E 100 S, Price, UT

The FCCBH Social Detox program is a voluntary program for adults 18 and older. This program includes two beds, with more coming soon, for individuals seeking medical care and peer support to detox from substances. Individual stays in the social detox program are personalized depending on what care is needed and services offered are medication management, individual therapy, and case management/peer support to help them in their recovery journey.

Green River Medical Center

grmedicalcenter.org

(435) 564-3434

585 West Main St., Green River, Utah 84525

Green River Medical Center provides primary care, dental services, behavioral health services for patients of all ages, and Medications for Opioid Use Disorder (MOUD) for those on the journey to recovery. Pharmacy on-site to fill prescriptions.

Medication-Assisted Treatment & Harm Reduction Resources

Hands of Hope

Michelle Ward, Executive Director-Harm Reduction
Specialist

(435)609-0807

Handsofhope.mw26@gmail.com

Operation Recovery – Four Corners Community Behavioral Health (FCCBH)

www.fourcornersbh.com

(435) 613-7289

77 S 600 East Suite C, Price, Utah 84501

cpowell@fourcorners.ws

After hours emergencies: (435) 299-2409

FCCBH's Operation Recovery offers various resources including medications for opioid use disorder (MOUD) with prescription methadone, buprenorphine (Subutex, Suboxone, Sublocade), Vivitrol, and other medications, combined with behavioral therapy approaches, to help individuals find physical and emotional stabilization, detox safely, and gain skills to live a fulfilling life in recovery. Busing is available for eligible individuals to receive treatment in Price. Now treating Hepatitis C.

Medication-Assisted Treatment & Harm Reduction Resources

Positive Pathways/Peaceful Transitions

positivepathways.co/

(435) 299-5003

Sabrina K. Carter, Owner and NP

Zena Robinson, Transitional Life Coach,

Rachel Allred LCSW Therapist

23 South Carbon Ave Suite 19, Price, Utah 84501

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

Step One Services

www.steponeservice.com

Intake: (435) 636-4808

Castleview Hospital

300 N. Hospital Drive-Price, UT 84501

Kennedy Naylor- Care Coordinator

Cell: (435)200-4635

knaylor@ehp.care

Michelle Ward, CPSS, HRS- Service Coordinator

Cell: (435)243-7067

mward@ehp.care



The StepOne Service offers a three-to-five-day acute withdrawal management program for adults dealing with alcohol or opioid dependence, providing around-the-clock medical care in a local hospital setting through partnership with Evergreen Healthcare Partners, LLC. Designed for adults in impending or early withdrawal stages upon voluntary admission, the service aims to medically support patients through withdrawal and facilitate their transition to community-based addiction treatment.

Medication-Assisted Treatment & Harm Reduction Resources

Southeast Utah Health Department

seuhealth.com

Jessica Serfustini - Community Health Director

jserfustini@utah.gov

Price Main Office - (435) 637-3671

149 South 100 East, Price, Utah 84501

Castle Dale Office - (435) 381-2252

25 West Main St., Castle Dale, UT 84513

Harm Reduction –

Ashley Justice

Price Office: (435) 636-1157

Cell: (435) 749-2902

65 South 100 East, Price, Utah 84501

HCV/HIV Testing is offered Monday through Thursday from 9 am - 4 pm at the Southeast Utah Health Department in Price. No appointment is needed. For testing in Castle Dale, call Michelle to set up an appointment. Mobile outreach harm reduction is available on Thursdays from 2 pm–5 pm or walk-in to the Price office Monday through Thursday from 9 am – 4 pm. For mobile outreach in Emery County, please call to set up a meeting place. Narcan is available at both locations.

Sterling Potter, MD Family Medicine

(435) 637-6190 ext. 3906

945 Hospital Drive #2, Price, Utah 84501

Dr. Potter and his staff are trained to meet the diverse health needs of children and families.

Alternative Pain Management



Healing Arts Center

Southeastern Integrative Yoga and Mindfulness Classes

healingartscenter.net

(435) 637-5556

790 N. Cedar Hills Drive, Price, Utah 84501

Call for class schedules and additional information.

Living Well with Chronic Pain

medicaid.utah.gov/living-well-chronic-conditions-program

Free 6-Session Workshop Series

(888) 222-2542

Register via email: livingwell@utah.gov

Matsuda Acupuncture and Herbal Medicine

matsudaacupuncture.com

(435) 650-2302

42 S Main St, Helper, UT 84526

Matsuda Acupuncture and Herbal Medicine uses time-tested, traditional Oriental medicine. They treat individuals using a holistic approach that can simultaneously heal physical, emotional, and spiritual ailments. They seek to help their patients live without pain, have more energy, prevent disease, and heal illnesses.

Recovery Resources



Alcoholics Anonymous & Narcotics Anonymous

For further information please visit:

- na.org
- aa.org

Castleview Bridge Program in the Castleview E.R.

castleviewhospital.net/medical-detox

Contact: Jenn Colosimo (435) 650-0028 or (435) 636-4808

Helping those in Carbon and Emery County with Opioid Use Disorder.

The recovery program is uniquely designed to assist through OUD recovery. The program helps defray many of the costs including some of the initial ER visit, the medication suboxone, as well as follow-up appointments for the next 6 months or more with a primary care and behavioral health to help patients best achieve their goal. If anyone knows of someone that is experiencing an Opioid Use Disorder (OUD) and has a desire to get help, this is a great program for their initial steps toward stability and regaining control of their life. (Find more info on Bridge Medication Assisted Treatment options on pg. 24).

LDS Addiction Recovery

addictionrecovery.churchofjesuschrist.org/

Contact Local Bishop for more Information

Life Balance Recovery

www.lifebalancerecovery.com

Contact: Suzanna McGee

(801) 367-0394 ex 702

23 S Carbon Suite 22, Price, UT 84501

Life Balance Recovery is here to help support and change the lives of those affected by substance use and mental health disorders through evidence-based practices and individualized treatment plans to meet individual needs.

Recovery Resources

Lost and Found Ministries

<https://www.facebook.com/p/Lost-Found-Ministries-Church-100079446523607/>

(435) 287-5120

lostandfound275@gmail.com

275 N Main St, Helper, UT

Lost and Found Ministries seeks to educate Christians, church leaders, and ministers about substance use disorder and to provide people with substance use disorder with the necessary tools to overcome it.

Recovery Resources

Utah Support Advocates for Recovery Awareness (USARA) Carbon and Emery County

myusara.com/price

Mersades Morgan, Price RCO Manager (435) 299-8677

Damon Davis, CPSS (877) 590-5965 x354

Recovery Community Center

91 East Main St., Price, Utah 84501

(877) 590-5965

facebook.com/groups/usara.price

facebook.com/groups/usara.emery

USARA's mission is to celebrate, advocate, support, and empower people in all stages of substance use disorder recovery through building community, connection to resources, and raising awareness that long-term recovery is possible.

USARA offers all pathways to recovery meetings. The schedule below is subject to change. Call and/or visit the Facebook page for current in-person and online meeting information.



Price Weekly Calendar

For the most current and up-to-date information, please visit www.myusara.com/events.

Monday				
Recovery Yoga	11:00 AM - NOON	In Person only	Every Week	Open Group in person
NA- Step Study Guide	6:00 PM - 7:00 PM	In Person only	Every Week	Open Group In Person
Tuesday				
Coffee & Recovery	9:00 AM - 10:00 AM	For virtual login visit http://myusara.com/price	Every Week	Open Group In Person & Virtual
Step Sisters AA meeting	6:00 PM - 7:00 PM	In Person only	Every Week	Women's Group in person
Wednesday				
Mens Meeting	12:00 PM - 1:00 PM	In Person only	Every Week	Men's Group in Person
Thursday				
Coffee & Recovery	9:00 AM - 10:00 AM	For virtual login visit http://myusara.com/price	Every Week	Open Group In Person & Virtual
Friday				
No meeting				
Saturday				
No meeting				
Sunday				
Narcotics Anonymous	6:00 PM - 7:00 PM	In Person only	Every Week	Open Group In Person

In-Patient Treatment Resources



Castle Ridge Behavioral Health Center

castleridge.org

(435)749-5425

Todd and Donn Jeffs

65 E 100 N, Castle Dale, UT 84513

Castle Ridge Behavioral Health is a Behavioral Health Treatment Center that welcomes all individuals who are 18 years of age or older who are faced with an immediate concern with Trauma-Based Mental Health and/or Substance Use Disorder.

Crisis Receiving Center and Social Detox – FCCBH

www.fourcornersbh.com

(435) 637-5995

575 E 100 S, Price, UT 84501

The Crisis Receiving Center and Social Detox Center are open 24 hours a day, 365 days a year. We offer a variety of services for anyone experiencing a mental health or substance use crisis. The Crisis Center has 7 beds and the Social Detox Center has 8 beds. We provide therapy, case management, medication management, peer support, and other essential services. Walk-ins are welcome anytime, and no referrals are necessary. Stays in the social detox program are personalized based on individual care needs. To be admitted, individuals must agree to voluntary admission, be 18 years or older, medically stable, and non-violent.

Odyssey House

odysseyhouse.org

(801) 322-3222

344 E 100 S, Salt Lake City, UT 84111

Email: contact@odysseyhouse.org

In-Patient Treatment Resources

Pavilion at Mountain View Hospital

(435) 465-7041

1000 East 100 North, Payson, Utah 84651

The Pavilion at Mountain View Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed to meet the emotional and psychological needs of adults ages 18 to 55. In addition, their Geriatric Psychiatry services are designed to meet the emotional and psychological needs of senior adults ages 55 and over.

Provo Canyon School / Residential Treatment

(801) 491-3910

4501 North University Ave, Provo, Utah 84604

Provo Canyon School is accredited by the Joint Commission and is licensed by the State of Utah to provide Residential Treatment to youth between the ages of 8 and 18. They provide a wide range of individualized and compassionate care to the students and families they serve. They are committed to providing innovative, evidence-based therapeutic interventions, academic instruction, and life-skills training tailored to the individual needs of each student.

StepOne Services at Castleview Hospital – Acute Withdrawal Management

steponeservice.com/castleview-hospital-stepone

Intake: (435) 636-4808

300 N Hospital Drive, Price, Utah 84501

Michelle Ward – Service Coordinator

mward@ehp.care

Inpatient, hospital-based, three-to-five-day acute withdrawal management service. This service is available to adults requiring medical management of withdrawal symptoms from alcohol and/or opioids.



In-Patient Treatment Resources

Hunstman Mental Health Institute

<https://healthcare.utah.edu/hmhi>

(801) 583-2500

501 Chipeta Way, Salt Lake City, Utah 84108

Specialists at the institute treat conditions like anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia, and substance use disorder/chemical dependency for all ages. Their inpatient facility is designed to offer a safe, healing, and beautiful environment. In addition, they provide a continuum of exceptional patient care through intensive outpatient programs, day treatment, and outpatient services throughout the Salt Lake Valley.

Wasatch Crest

wasatchcresttreatment.com/

Admissions: (800) 385-3507

Office: (435) 657-9755

At our mountainside residences in Park City and nearby Heber, clients are surrounded by awe-inspiring natural beauty that fosters clarity, resilience, and inspiration. Through compassionate clinical care, evidence-based treatment, and experiential therapies, individuals embrace meaningful change and begin creating fulfilling, purpose-driven lives in recovery.

- Men's and women's residential treatment centers
- Partial hospitalization (PHP)/day treatment
- Evening & virtual intensive outpatient program (IOP)
- Social detox

Healthcare Services



Advanced Surgical Associates of Price

castleviewmedicalgroup.com

(435) 613-7874

945 West Hospital Drive, Suite 4, Price, Utah 84501

Dr. Jeffery and his staff are committed to providing the high-quality care their patients deserve while treating them with the utmost respect. Their main goal is the satisfaction, confidence, and comfort of their patients.

Bloom Women's Health

www.bloomwhutah.com

(435) 613-2229

David C. Bradshaw, MD

Hollie Stapely, PA-C

Kisty Ward, CNM

280 N Hospital Drive, Ste #2, Price, UT 84501

Obstetrics, gynecology, and women's health-All providers are Board Certified in their specialty. We are proud to offer a unique blend of expertise and patient-centered care for women in all stages of life and health.

Healthcare Services

Carbon Medical Service

carbonmedicalservice.com

All Locations: (435) 888-4411

After Hours: (435) 650-7132

Helper Clinic

125 S. Main St., Helper UT

Sunnyside Clinic

3311 UT-123, Sunnyside UT

Price Clinic

92 N. 400 E., Suites 1 & 3, Price UT

Services include: Primary medical care, dental services, behavioral health services, pharmacy, women's health & OB care, pediatric & family medicine, preventative care & screenings, immunizations & vaccinations, chronic disease management, lab services, x-ray, DOT physicals, peer support services.

Sliding fee discount program for eligible patients

Castle Country Orthopedics & Sports Medicine

castleviewhospital.net/patient-orthopedic-screenings

(435) 613-6600

377 North Fairgrounds Road #2, Price, Utah 84501

Dr. Justesen and Dr. Kelly are the physicians who operate at Castle Country Orthopedics & Sports Medicine. They provide services for fractures, sprains, carpal tunnel, sports injuries, trigger finger, osteoporosis, back pain, joint degeneration, and more.

Healthcare Services

Castle Valley Foot & Ankle Specialist

castleviewphysicianpractices.com/foot-ankle-care

(435) 637-6797

230 North Hospital Drive, Suite 4, Price, Utah 84501

Dr. Brian Griffeth and the team at Castle Valley Foot & Ankle specialize in medicine and surgery of the foot and ankle. Whether your pain is annoying or excruciating, Castle Valley Foot & Ankle will diagnose the issue that may be causing you pain and recommend a treatment plan that meets your needs.

Castleview Hospital Women's Services

castleviewhospital.net/mother-baby

(435) 637-4800 ext. 3160

300 North Hospital Drive, Price, Utah 84501

Castleview Hospital Women's Services offer education and assistance to families preparing for the birth of a child, such as: prenatal classes, Smart Start classes, breastfeeding education and support, and Sibling Classes (which encourage big brothers and sisters to be part of the event).

Eastern Utah Family Medicine

(435) 637-3584

317 East 100 North, Price, Utah 84501

- Obstetrics
- Sports Medicine
- Pediatric Medicine
- Geriatric Medicine
- Women's Services
- Adolescent Medicine
- Preventative Medicine
- Acute and Chronic Adult Medicine

Healthcare Services

Eastern Utah Spine & Pain

drrussbeecher.com

(435) 613-PAIN (7246)

335 N. Fairgrounds Road, Price, Utah 84501

- Chronic Pain Treatment
- Physical medicine and rehabilitation
- Therapeutic and diagnostic interventional pain procedures
- Non-surgical evaluation and treatment of spine, nerve, and musculoskeletal pain
- Now offering MRIs and X-rays

Eastern Utah Women's Health

easternutahwomenshealth.com

(435) 637-0313

590 E 100 N. Suite B, Price, Utah 84501

Danielle Howa Pendergrass DNP, APRN, WHNP

info@easternutahwomenshealth.com

Eastern Utah Women's Health has created a comfortable, trusted place for women to go for their most personal healthcare needs. A place where you can take the time to sit down and openly discuss your health care questions, concerns, and problems. Whether it is a simple preventative visit or a complex hormonal consultation, they are there to listen, guide, and assist you in your healthcare decisions. Services include:

- Comprehensive Women's Healthcare
- Physical Exams for People of Any Sex
- Birth Control Options
- Hormone Therapy Options
- Mental Health Support
- Support for Pregnant Individuals with Substance Use Disorder
- And More!

Healthcare Services

Jeff Manley Wellness Center

castleviewhospital.net/physical-therapy-rehab/jeff-manley-wellness-center

(435) 636-4841

284 North Hospital Drive, Price, Utah 84501

Offers full-fledged gym to the public that includes weights, machines, cardio equipment, and rehab size pool, as well as massage therapists. See the website for more information including pricing and hours of operation.

Pine Top Medical

pinetopmedical.com

Dr. E. Doug Larsen

(435) 637-5690

280 N. Hospital Drive Suite 4, Price, UT 84501

We offer primary care services to our patients, including routine physicals, flu shots, and health screenings. Our goal is to keep you healthy and informed about your health.

Family and Youth Resources



Substance use disorder (SUD) affects the entire family. With education and treatment for themselves, the family can be an important healing resource for people with SUD.

Al-Anon

al-anon.org

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

Castle Country Youth Center – Youth Services

www.jjys.utah.gov

(435) 636-4740 or 636-4720

Contact: Chad Jones

1395 S. Carbon Ave., Price, UT 84501

Mission: The Division of Juvenile Justice Services is to be a leader in the field of juvenile justice by changing young lives, supporting families, and keeping communities safe.

Services include:

- Crisis Intervention
- Youth Skill-Building
- Family and Parenting Classes
- 24-Hour Services

CRAFT (Community Reinforcement and Family Training)

www.utahrecovers.org/for-families/

Now located at the USARA Recovery Community Center

(877) 921-0330

91 East Main St., Price, Utah 84501

A safe space and free program for family members and friends of people with substance use disorder to gather for support in their everyday lives. Family support groups are facilitated over Zoom by people with lived experience of being a family member or friend of someone with a substance use disorder (SUD).

Family and Youth Resources

Cure the Conversation

www.curetheconversation.org

A resource created by the Southeastern Utah Health Department to bring together information on reducing overdose deaths, resources, and personal stories.

National Association for Caregivers

www.caregiving.org

Resources on Peer Support for Caregivers.

Rural Utah Child Development (RUCD) Head Start

rucd.org

RUCD helps pregnant mothers and families with children ages 0-5. Our programs ensure children learn essential skills for their next educational steps, and parents get support and resources when they need it most. Apply online at RUCD.org

Substance Abuse and Mental Health Services

Administration Locator

findtreatment.samhsa.gov

A confidential and anonymous source of information for persons seeking treatment for SUD and/or mental health problems.

Family and Youth Resources

Utah Department of Health & Human Services: Intensive Care Coordination

familyhealth.utah.gov/ccrs/icc/

(385) 414-1644

Intensive Care Coordination (ICC) is a service tailored to children's and family's needs. This program serves ages 0-21 who experience emotional, mental, developmental, behavioral, substance use disorder and other health challenges that impact their home community and school interactions.

How You Can Support Recovery

For more resources visit:

extension.usu.edu/heart/resources

Learn about prevention and harm reduction strategies			Listen
Be patient			Refrain from using stigmatizing language
Ask to join a meeting to learn about the condition and recovery			Offer rides to recovery meetings or difficult destinations
Reach out, anything can make a difference			Be available
Express hope			Promote and encourage choices that will benefit overall health

Local Prevention Coalitions



Carbon & Emery Opioid & Substance Use Coalition

utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition

The Carbon and Emery Opioid and Substance Use Coalition is a grass-roots effort that seeks to coordinate the efforts of our communities to comprehensively address the opioid overdose epidemic. We seek to decrease stigma; increase effective prevention, treatment, harm reduction, mental health, and other efforts; and come together to create healthier communities.

Carbon Addiction Reduction Elimination (C.A.R.E.) Coalition

care4carbon.org/

McKenna Terry – mterry@fourcorners.ws

(435) 637-7200

690 E. Main St. Price, UT

The mission of the CARE Coalition is to create a more connected and resilient community by implementing evidence-based prevention strategies. We achieve this through education, programs, advocacy, and opportunities that mitigate risk factors.

1Direction Prevention Coalition (Emery County)

1directionprevention.com

Niki Allred – nallred@fourcorners.ws

(435) 749-9903

45 East 100 South, Castle Dale, Utah

The 1Direction Prevention Coalition enhances the well-being of families, children, and youth in Emery County by fostering connections and community involvement. We are committed to building a healthier, more supportive environment by moving in one direction together. Our mission involves offering resources, education, and advocacy through proven prevention strategies to reduce risks and nurture growth.

Local Prevention Coalitions

Green River Prevention Coalition

Heidi Quintana - hquintana@fourcorners.ws

Green River Prevention Coalition's mission is to empower our community to help youth reach their full potential.

Other Local Resources



Active Re-entry: Disability Services

arecil.org

(435) 637-4950

10 South Fairgrounds Road, Price, Utah 84501

Active Re-Entry is a community-based program that seeks to assist individuals with disabilities. They strive to help individuals achieve self-sufficient, productive lives in their own communities and homes.

Be Epic, Escape the Vape

extension.usu.edu/be-epic

(435) 636-3276

Carbon

Josie Hatch, Be Epic Program Coordinator

josie.hatch@usu.edu

Emery

Shylie Dickey, Be Epic Program Coordinator

shylie.dickey@usu.edu

USU Extension's Be Epic, Escape the Vape youth program offers e-cigarette and vape prevention programming in Carbon, Emery, and Grand counties, including parent workshops, teen and youth programs, and more.

Colleen Quigley Women's Center for Domestic Violence

(435) 637-6589

475 West Price River Drive, Suite #152, Price, Utah 84501

This local shelter will help women who are victims of domestic violence. Abuse can be caused by a spouse, boyfriend or girlfriend, cohabitants, or even other family members. It is not a homeless shelter.

Other Local Resources

Health Extension: Advocacy, Research & Teaching (HEART) Initiative

extension.usu.edu/heart/resource-books

Ashley Yaughner, PhD

(435) 636-3276

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid overdose epidemic and other pressing public health issues.

Southeast Utah Health Department

seuhealth.com

(435) 637-3671

28 South 100 East, Price, Utah 84501

Southeastern Utah Health Department offers a variety of services: Baby Your Baby, Cancer Prevention/Be Wise, HIV and STD Testing, Home Visitation, Immunizations, Medicaid Newborn Home Visits, Tuberculosis Screening, Well Child Screening, and WIC (Women, Infants, and Children).

Other Local Resources

Utah State University Extension

extension.usu.edu

Carbon

(435) 636-3233

Emery

(435) 381-2381

USU Extension offers workshops and resources on homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, 4H, insect identification, and much more including:

Hidden Gems Relationship Guides

extension.usu.edu/relationships/hiddengems/

Free downloadable adventure guides for exploring the hidden gems in your relationship! Find local guides for exploring the Wedge and Gordon Creek Falls with your family.

VA Medical Center

(435) 613-0342

189 South 600 West Suite B, Price, Utah 84501

A medical clinic that exclusively serves Veterans, offering a variety of services in Carbon County.

Online Resources



Stop the Opidemic

opidemic.org

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

Know Your Script

knowyourscript.org

When it comes to overdose and substance use disorder, we all have a part to play in keeping ourselves, our loved ones, and our communities safe. “Know Your Script” is an initiative to empower each of us to make smart decisions and ask the right questions regarding prescribed medications. Champion your role against prescription drug misuse and always know your script.

Utah Opioids

utahopioids.org

UtahOpioids.org is a part of the Utah Rural Opioid Healthcare Consortium (or UROHC). We bring together providers, healthcare entities, federally qualified health centers, public and behavioral health organizations, and nonprofit organizations to coordinate resources, expertise, and efforts to combat the opioid issues in Beaver, Carbon, Emery, Grand, and Iron Counties.

Utah Naloxone in Carbon/Emery/Grand Counties+

utahnaloxone.org

Free virtual trainings and free naloxone kits for attendees. Visit the website and click on: “Training and Event Calendar” for more information and training dates.

Online Resources

Utah State University- ACT (Acceptance and Commitment Therapy) Guide

scce.usu.edu/services/act-guide

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional well-being and help individuals cope with mental health issues including depression, anxiety, and stress.

- Online program guides for adults and adolescents are available
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$25 to access the program for six months

Courts—Carbon County



7th District & Juvenile Court

(435) 264-4640

East Carbon Justice Court

(435) 888-6613

Helper Justice Court

(435) 472-3039

Price Justice Court

(435) 264-4640

Wellington Justice Court

(435) 637-5353

Courts—Emery County



Castle Dale 7th District & Juvenile Court

(435) 264-4750

Castle Dale Justice Court

(435) 264-4750

Public Safety Listings— Law Enforcement*



**Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

Dispatch

(435) 637-0890

Carbon County Sheriff's Office

(435) 636-3251

East Carbon Police Department

(435) 888-2081

Helper Police Department

(435) 472-3719

Price Police Department

(435) 636-3190

USU-Eastern Police Department

Office: (435) 613-5612

Wellington Police Department

(435) 637-4830

Emery County Sheriff's Office

(435) 381-2404

Green River Police Department

(435) 564-3474

Public Safety Listings— Fire Department*



**Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

East Carbon Fire Department
(435) 888-2100

Emery County Fire Departments
Contact ECSO (435) 381-2404

Helper Fire Department
(435) 472-3572

Price Fire Department
(435) 636-3187

Wellington Fire Department
(435) 637-5213

*These are non-emergency numbers, for emergencies please call: **911**.

Disclaimer

Please note that the provided resources are for informational purposes and that Utah State University or Utah State University – Extension does not specifically endorse their services. These resources are intended as a guide to available, local services. USU and USU Extension do not control the companies, websites, or services listed in this resource.

If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension
Ashley Yaughner, PhD
(435) 636-3276
ashley.yaughner@usu.edu
751 East 100 North, Suite 2300
Price, Utah 84501

Credits

Ashley Yaughner, PhD; Justin Sacco, Intern; Melissa Arrien, Intern; Alise Williams Condie, Intern; Chapel Taylor-Olsen, RN-BSN, Emery County Liaison; Damon Davis Prevention and Education VISTA; Josie Hatch and Shawna Carroll, Health and Wellness Prevention Coordinators; Kristi Mingus, OAYI Liaison. Translated to Spanish by Aurelio Rodriguez Medrano, Carbon County Liaison.

EEO/Civil Rights and Non-Discrimination Statements

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This booklet is periodically updated on the
USU Extension HEART website, found at:
extension.usu.edu/heart/resource-books



Extension
UtahStateUniversity



HEALTH EXTENSION
Advocacy. Research. Teaching.



BE EPIC
ESCAPE theVAPE
E-Cigarette Prevention
in Rural Communities

CARBON & EMERY
OPIOID &
SUBSTANCE USE
COALITION