



Join us and you will:

- Network with other parents
- Promote healthy choices in your children
- Manage conflict
- Strengthen bonds

Come and learn the tools to give your child a healthy and happy future!

Register Here!



Extension
UtahStateUniversity



GUIDING GOOD CHOICES FOR FAMILIES

SEPTEMBER 15, 22, 29,
AND OCTOBER 6, 13, 20
6:30–8:30 PM

Join us for a **six-week** online course for parents and guardians of children **ages 9–14 years old** to learn new skills to help your children thrive.

Parents who complete the course will receive swag, course materials, and may be eligible for dinner vouchers!



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