

WHAT DOES MY CHILD NEED FROM ME?



Everyday Strong Resilience Training

EDUCATION EVENT FOR PARENTS & GUARDIANS IN GRAND COUNTY

Date: Thursday, March 26, 2026

Dinner & Training: 5:00 pm - 7:00 pm

Location: USU Moab,

Extension conference room

1850 Aggie Blvd, Moab, UT 84532

What you will learn:

- How to get your child to talk to you.
- How to ask youth questions that improve your relationship (without causing them to shut down!)
- Simple ideas to support your teen's motivation and emotional health.
- Plus receive a handbook and other resources that will help you, as an adult, strengthen relationships with youth of all ages!

FREE dinner provided by USU Extension, FREE swag for registered participants!



Register on Eventbrite:

[EveryDayStrong_Grand County.eventbrite.com](https://www.eventbrite.com/e/EveryDayStrong_GrandCounty)



For questions:

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**Pre-and-post surveys will be given at the event*

EveryDayStrong.org

extension.usu.edu/be-epic/events

EXTENSION.USU.EDU/BE-EPIC

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