

Everyday Strong Resilience Presentation



BE EPIC
ESCAPE the VAPE

FREE DINNER AND PRESENTATION FOR PARENTS/GUARDIANS



- **1 hour presentation**
- **Free Costa Vida style dinner**
- **Swag bags and resources for all participants**

February 23, 2026 at 6:00PM
USU Eastern (JLSC Alumni Room)

Topics include:



How to get your child to talk to you



Simple ideas to support your teen's motivation and emotional health



How to talk about vaping and other substance use



SCAN HERE

or register at:

EveryDayStrong_Carbon.eventbrite.com

EXTENSION.USU.EDU/BE-EPIC

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