



BE EPIC
ESCAPE *the* VAPE

BE EPIC!

CONFIDENCE CLUB

**INCLUDES
SWAG AND
SNACKS!**

Dates: August 4,5,6,7, 2025

10-11 AM

Location:

**Carbon
Recreation
Classroom**

Are you looking to build your confidence and learn healthy habits? This is the place for you! Come learn about positive communication skills, friendship, and how to prevent e-cigarette use.

Open to youth in 5th-8th grades



Questions? Contact
Josie Hatch:
josie.hatch@usu.edu

*We will ask youth to fill out a post-survey as part of this program.

Extension

UtahStateUniversity®

