

Carbon & Emery Counties

Substance Use Disorder & Recovery Resource Book

Updated August, 2023



UtahStateUniversity

Emma Eccles Jones College of Education and Human Services
Extension



HEALTH EXTENSION
Advocacy. Research. Teaching.

CARBON & EMERY
**OPIOID &
SUBSTANCE USE
COALITION**

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This is not an exhaustive resource

While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**THE CARBON & EMERY OPIOID & SUBSTANCE USE
COALITION CREATED THIS RESOURCE BOOK IN
OCTOBER 2019.**

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,
PLEASE REFER TO:**

UNITED WAY 2-1-1
CALL 2-1-1 OR 211UTAH.ORG

SOUTHEAST UTAH RESOURCES
WWW.SEUHEALTH.COM/RESOURCES

My Resources



This book belongs to:

Things that trigger stress for me:

How I can help myself feel better (Coping skills):

Friends I can call when I need to talk:	
Name	Phone Number

Professionals and Agencies I can call if I need more help:	
Name	Phone Number
Suicide/Crisis Hotlines	Suicide and Crisis Lifeline: 9-8-8 SafeUT: (833) 372-3388 (chat/app available)

Emergency Resources



Castleview Hospital: Emergency Room

(435) 637-4800
300 North Hospital Drive
Price, Utah 84501

Emery Medical Center

(435) 381-2305
90 West Main Street
Castle Dale, Utah 84513

Green River Medical Center

(435) 564-3434
585 Main Street
Green River, Utah 84525

University of Utah Neuropsychiatric Institute (UNI) Crisis Line

(801) 587-3000

UNI Crisis Text Line

Text "START" to 741-741

Utah Poison Control Center

(800) 222-1222
poisoncontrol.utah.edu

Emergency Resources

The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

Naloxone is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit opidemic.utah.gov

Signs of an Opioid Overdose



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

Suicide Prevention Resources



American Foundation for Suicide Prevention (AFSP)

afsp.org

Amanda McIntosh

ASFP Board Member - Utah Chapter

(435) 637-1153

amcintosh@utah.gov

Suicide Prevention Specialist

The SEUHD offers a free suicide prevention training called Q.P.R. Question, Persuade, Refer. Contact Amanda McIntosh (435) 636-1153 to schedule a training.

Liveonutah.org

liveonutah.org

Live on Utah Playbook



Please call 988 to be put in contact with the MCOT team.

Four Corners Community Behavioral Health

Provides 24/7 crisis response in Carbon and Emery Counties. FCCBH provides Mobile Crisis Outreach Team (MCOT) services for Carbon and Emery County. FCCBH crisis workers deploy to any site they are needed. There is a crisis worker and case manager/peer support that will deploy to the crisis to be evaluated.

988 Suicide & Crisis Lifeline

988lifeline.org/talk-to-someone-now

Confidential and free emotional support for people in suicidal crisis or emotional distress: 24/7, phone or text.

Chat available online.

Call: 9-8-8

988lifeline.org/chat

For TTY Users: Use your preferred relay service or dial 711 then 988.

Nacional de Prevención del Suicidio

988lifeline.org/es/chat

Llamada a Lifeline 24/7: 9-8-8

Safe UT

safeut.org

SafeUT: Help with any sized problem, any time. Phone support, online chat, and app available.

(833) 372-3388

Huntsman's Warmline

(801) 587-1055

Suicide Prevention Hotline for Law Enforcement
(800) 267-5463

Local Law Enforcement (*for immediate danger*)
9-1-1

Medication Disposal Drop Boxes



FDA Substance Disposal Information and Locations

fda.gov/drugdisposal

Know Your Script DropBox Locator

knowyourscript.org

Boyd's Family Pharmacy

590 E Main St
Castle Dale, UT 84513

Carbon Medical Service

331 Highway 123
Sunnyside, Utah 84539

Castleview Hospital

300 Hospital Dr
Price, Utah 84501

Castleview Urgent Care

317 East 100 North
Price, Utah 84501

East Carbon Police Department

101 West Geneva Dr
East Carbon, Utah 84520

Medication Disposal Drop Boxes

Emery Medical Center

90 West Main St
Castle Dale, Utah 84513

Green River Medical Center

585 Main St.
Green River, UT 84525

Helper Clinic

125 South Main Street
Helper, Utah 84526

Helper Police Department

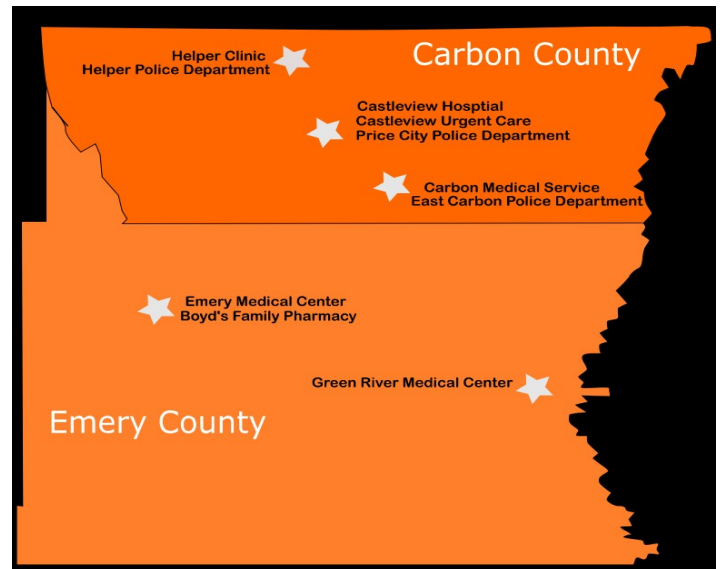
97 South Main Street
Helper, Utah 84526

Price City Police Department

910 North 7th East Street
Price, Utah 84501

Walmart Pharmacy

255 Hwy 55
Price, Utah 84501



Counseling and Social Work



Boni Taylor, LCSW - Mindful Healing

375 S. Carbon Ave, Room 129
(435) 630-5086
Price, Utah 84501

BreAnna Powell, CSW

Gagon Family Medicine + Urgent Care – Integrated
Behavioral Health Care
(435) 613-2200

Burt Bruno, LCSW

(435) 637-5032
(435) 650-6562

Canary Counseling

canarycounselingutah.com

(435) 557-0435
Jennifer Buttrick, CMHC
42 S Main Street,
Helper, UT 84526

We are a small practice of master-level clinicians who provide quality mental health care. We offer solution-focused, client-centered therapy. We have training in EMDR, Gottman Method, DBT, CBT, and other modalities of therapy.

Counseling and Social Work

Carbon Medical Service

carbonmedicalservice.com

The Helper Clinic

(435) 472-7000

The Sunnyside Clinic

(435) 888-4411

The Price Clinic

(435) 637-6338

Peer Support

Baylie Cave, Certified Peer Support

Specialist/CMAA/CCMA

(435) 637-6338

Treating all forms of mental illness, providing medication and behavioral health counseling, and primary care services. Contact for scheduling (no referral needed).

Christopher Gravett, LCSW

(435) 610-1896

Deanna Fulcher, RN, CGP

(435) 630-3985

Eating to Heal: Nutritional Counseling. Learn how healing your gut may help with recovery and other illnesses.

Counseling and Social Work

Four Corners Community Behavioral Health

fourcornersbh.com

Carbon County - (435) 637-2358

28 E 100 S, Price, Utah 84501

Emery County - (435) 381-2432

45 East 100 South, Castle Dale, Utah 84513

Green River - (435) 564-3434

585 Main Street, Green River, Utah 84525

Four Corners has 26 different licensed clinicians and therapists to choose from. It is also the sole source provider for most citizens that qualify for or currently have Medicaid insurance. Services include:

- Substance Use Treatment Services
 - Adults and Adolescents
 - Pregnant Individuals
- Comprehensive Mental Health Services
 - Adults, Adolescents, and Children
- In-Patient Services
- Residential Support Services
- Case Management
- Peer Support Services
- Psychosocial Rehabilitation
- Medication Evaluation and Management Services
- And more!

COMING SOON: Receiving Center at 575 E 100 S, Price UT. The receiving center will offer our community a first line of crisis intervention. This 24-hour program will function as a crisis response site and will offer brief crisis stabilization. The receiving center will be for individuals experiencing mental health or other behavioral crisis. We have 6 doctors who are able to prescribe Mental Health medication and SUD medication.

Counseling and Social Work

Gray Matters Counseling

graymatterscounseling.com

John (Greg) Cowan

(435) 650-9008

23 South Carbon Ave. Suite No. 5

Price, Utah 84501

greg.graymatters@gmail.com

We all see life through our own prism, with different shapes, colors and ideas. For example, what do you think of when you hear the name *Gray Matters Counseling*? Life experience, Depression, Unclear solutions?

Green River Medical Center

grmedicalcenter.org

Amber Fowler, CMHC

(435) 564-3434

John Dahle, CMHC

(435) 564-3434

Heath Earl, PhD

(435) 637-6348

590 East 100 North

Price, Utah 84501-2640

Clinical Psychologist

Counseling and Social Work

Jay Jeppson, PhD

(435) 637-2358

(435) 820-2199

575 East 100 South

Price, Utah 84501

Clinical Psychologist

Kara Heugly Counseling

<https://www.facebook.com/KARAHeuglyCounseling/>

(435) 637-0171

70 West Main Street

Price, Utah 84501

Through our years of experience, training, and strategies tailored to your needs, your goals of happiness and peace are within reach.

LDS Family Services

providentliving.churchofjesuschrist.org/lds-family-services

Contact: Local LDS Bishop

(435)375-3090

LDS Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president. Zoom options available.

Counseling and Social Work

Multicultural Counseling Center

mccounseling.com/telehealth

(801) 915-0359

Virtual options available

7625 South 3200 West, Ste 2 & 4

West Jordan, Utah, 84084

info@mccounseling.com

USU Eastern for Students

Karl Burnside

(435) 613-5337

Jennifer Leavitt Student Center Rm 233,

451 East 400 North

Price, Utah 84501

Monday – Friday 8:00 am – 5:00 pm

The Student Counseling Center provides free counseling on a short-term basis for many concerns and issues facing today's college students.

Utah Behavioral Health Solutions,

utbehavioral.com/

Eric Mcarty, M.A. LMFT, BCCC, BCPC, CCTP

(435) 772-9005,

ericmcca@msn.com

23 South Carbon Ave, Price

Compassionate help for those struggling with depression, anxiety, substance use disorder, grief, and loss.

Medication-Assisted Treatment & Harm Reduction Resources



Carbon Medical Service

carbonmedicalservice.com

The Sunnyside Clinic

(435) 881-4411
331 Highway 123
Sunnyside, Utah 84539

The Helper Clinic

(435) 472-7000
125 South Main Street
Helper, Utah 84526

The Price Clinic

(435) 637-6338
250 North Fairgrounds Rd.
Price, Utah 84501

Carbon Medical Service has three locations with full-time providers, and certified nurses to assist you with any health-related questions or needs. Sunnyside and Helper locations also have pharmacies for your convenience as well as a fully equipped, full-time dental clinic in Sunnyside. Testing and treatment for hepatitis C is available at all locations. All service fees are based on a sliding scale. Carbon Medical also offers Peer Support Services.

Medication-Assisted Treatment & Harm Reduction Resources

Green River Medical Center

grmedicalcenter.org

(435) 564-3434

585 West Main Street

Green River, Utah 84525

Green River Medical Center provides primary care, dental services, behavioral health services for patients of all ages, and Medication Assisted Treatment (MAT) for those on the journey to recovery. Pharmacy on-site to fill prescriptions.

Sterling Potter, MD Family Medicine

(435) 637-6190 ext. 3906

945 Hospital Drive #2

Price, Utah 84501

Dr. Potter and his staff are trained to meet the diverse health needs of children and families.

Medication-Assisted Treatment & Harm Reduction Resources

Operation Recovery – Four Corners Community Behavioral Health

www.fourcornersbh.com

Price Location:

(435) 613-1420
77 S 600 East Suite C
Price, Utah 84501

cpowell@fourcorners.ws

Green River Location:

(435) 564-3434
585 W. Main
Green River, UT

Operation Recovery offers various resources including medication-assisted treatment with prescription methadone, buprenorphine, and other medications combined with behavioral therapy approaches to help individuals find physical and emotional stabilization, detox safely, and gain skills to live a fulfilling life in recovery. Busing is available for eligible individuals to receive treatment in Price. Now treating Hepatitis C.

Through Medication for Opioid Use Disorder (MOUD) FCCBH is able to assist individuals in recovery. FCCBH offers Methadone, Subutex, Suboxone, Sublocade, and Vivitrol. Along with MOUD, FCCBH offers treatment

services to work alongside the medication to achieve success.

Medication-Assisted Treatment & Harm Reduction Resources

Southeast Utah Health Department

seuhealth.com

Price Main Office - (435) 637-3671

149 South 100 East

Price, Utah 84501

Castle Dale Office (435) 381-2252

25 West Main St.

Castle Dale, UT 84513

Jessica Serfustini

jserfustini@utah.gov

Harm Reduction – Michelle Ward

Price Office: (435) 636-1157

Cell: (435) 820-0807

65 South 100 East

Price, Utah 84501

HCV/HIV Testing offered Monday through Thursday from 9 am - 4 pm at the Southeast Utah Health Department in Price. No appointment is needed. For testing in Castle Dale, call Michelle to set up an appointment. Mobile outreach harm reduction is available on Thursdays from 2 pm–5 pm or walk-in to the Price office Monday through Thursday from 9 am – 4 pm. For mobile outreach in Emery County, please

call to set up a meeting place. Narcan is available at both locations.

Medication-Assisted Treatment & Harm Reduction Resources

Positive Pathways/Peaceful Transitions

sabinakcarter.wixsite.com/positivepathways

Sabrina K. Carter RN, MSN, FNP-BC,
Zena Robinson, Transitional Life Coach,
Rachel Allred, Therapist, CSW
(435) 299-5003
23 South Carbon Ave Suite 21
Price, Utah 84501
postivepathways101@gmail.com

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

Zena Robinson – Life Coach

zenarobinson5200@gmail.com

Zena Robinson offers life, career, and executive coaching services in Price, Utah. Zena understands that every person has a different background, experience, challenges, and goals. She says that, if you find yourself feeling stuck and unable to identify what is holding you back, it is time to take a nuanced look at your whole self. Call to schedule an appointment.



Alternative Pain Management

Carbon Medical Service

carbonmedicalservice.com/services

Persistent Pain Education Program with Pain Reprocessing Therapy

Haven Halk FNP, TPS

(435) 637-6338

250 N. Fairgrounds Rd, Suite 3

Price, UT 84501

No referral needed! All clients welcome for treatment in collaboration with their current pain management team. Our program is designed to be customized to your needs with 6 individualized one-on-one sessions.

Healing Arts Center

Southeastern Integrative Yoga and Mindfulness Classes

healingartscenter.net

(435) 637-5556

790 N. Cedar Hills Drive

Price, Utah 84501

Call for class schedules and additional information.

Living Well with Chronic Pain

medicaid.utah.gov/living-well-chronic-conditions-program/

Free 6-Session Workshop Series

1(888) 222-2542

Register online: livingwell@utah.gov

Alternative Pain Management

Matsuda Acupuncture and Herbal Medicine

matsudaacupuncture.com

(435) 650-2302

42 S Main St

Helper, UT 84526

Matsuda Acupuncture and Herbal Medicine uses time-tested, traditional Oriental medicine. They treat individuals using a holistic approach that can simultaneously heal physical, emotional, and spiritual ailments. They seek to help their patients live without pain, have more energy, prevent disease, and heal illnesses.

Scoville Chiropractic Pain Relief Clinic

scovillechiropractic.com

(435) 637-4822

248 South Utah Highway 55

Price, Utah 84513

Whether you're looking for relief from severe chronic pain, searching for ways to beat the aches and pains of day-to-day living, or seeking the "holy grail" of optimal health and peak performance, the Scoville Chiropractic Pain Relief Clinic can help.

Recovery Resources



Alcoholics Anonymous & Narcotics Anonymous

For further information please visit:

- na.org
- aa.org

Women's Group meeting: at the USARA Recovery Community Center. Gather with women who are going down the same paths as yourself. A safe space for all.
Tuesdays - 6:00PM

91 East Main St.
Price, Utah 84501

CRAFT (Community Reinforcement and Family Training)

myusara.com/support/craft

Family support groups facilitated over zoom by people with lived experience of being a family member or friend of someone with a substance use disorder (SUD). A safe space and free program for family members and friends of people with SUD to gather for support in their everyday lives.

Recovery Resources

LDS Addiction Recovery

Monica Johnson-Phelps

(435) 314-9268

40 South Center Street

Castle Dale, Utah 84513

AA and NA meeting Every Tuesday from 7pm to 8pm on the second floor of the County Commissioners Chambers.

Life Balance Recovery

www.lifebalancerecovery.com

Contact: Suzanna McGee, (801)367-0394 ex 702

90 W 100 N Suite 17

Price, UT 84501

Life Balance Recovery is here to help support and change the lives of those affected by substance use and mental health disorders through evidence-based practices and individualized treatment plans to meet each individual's needs.

Recovery Resources

Lost and Found Ministries

(435) 287-5120

lostandfound275@gmail.com

275 N Main St, Helper, UT

Meetings held on Friday's at 6:00 PM. Lost and Found Ministries seeks to educate Christians, church leaders, and ministers about substance use disorder and to provide people with substance use disorder the necessary tools to overcome.

Recovery Resources

Utah Support Advocates for Recovery Awareness (USARA) Carbon and Emery County

myusara.com/price/

Mersades Morgan, CPSS/Community Empowerment
Coordinator

(435) 299-8677

Kris Henderson CPSS

(435) 820-0657

Recovery Community Center

91 East Main St.

Price, Utah 84501

(877) 590-5965

[facebook.com/groups/usara.price](https://www.facebook.com/groups/usara.price)

[facebook.com/groups/usara.emery](https://www.facebook.com/groups/usara.emery)

USARA's mission is to celebrate, advocate, support, and empower people in all stages of substance use disorder recovery through building community, connection to resources, and raising awareness that long-term recovery is possible.

USARA offers all pathways to recovery meetings. Currently meetings are every day but Saturday, however the schedule is subject to change. Call and/or visit the Facebook page for current in-person and online meeting information.

In-Patient Treatment Resources



Castle Ridge Behavioral Health Center

castleridge.org

(435)749-5425

Todd and Donn Jeffs,

65 E 100 N

Castle Dale, Ut 84513

Castle Ridge Behavioral Health is a Behavioral Health Treatment Center which welcomes all individuals who are 18 years of age or older who are faced with an immediate concern with Trauma Based Mental Health and/or Substance Use Disorder.

Odyssey House

odysseyhouse.org

(801) 322-3222

344 E 100 S

SLC, UT 84111

Email: contact@odysseyhouse.org

In-Patient Treatment Resources

StepOne Services at Castlevue Hospital – Acute Withdrawal Management

steponeservice.com/castlevue-hospital-stepone

Savannah Eley - Service Coordinator

Intake: (435) 636-4808

Direct: (434) 749-0279

300 N Hospital Drive

Price, Utah 84501

Castlevue Bridge Program in the Castlevue E.R.

Christinna Barnett- Peer Navigator & Care

Coordinator

(435) 650-0028

Inpatient, hospital-based, three-to-five-day acute withdrawal management service. This service is available to adults requiring medical management of withdrawal symptoms from alcohol and/or opioids.

Pavilion at Mountain View Hospital

(435) 465-7041

1000 East 100 North

Payson, Utah 84651

The Pavilion at Mountain View Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed to meet the emotional and psychological needs of adults ages 18 to 55. In addition, their Geriatric Psychiatry services are designed to meet the emotional and psychological needs of senior adults ages 55 and over.

In-Patient Treatment Resources

Provo Canyon School / Residential Treatment

(801) 491-3910

4501 North University Ave

Provo, Utah 84604

Provo Canyon School is accredited by the Joint Commission and is licensed by the State of Utah to provide Residential Treatment to youth between the ages of 8 and 18. They provide a wide range of individualized and compassionate care to the students and families they serve. They are committed to providing innovative, evidence-based therapeutic interventions, academic instruction, and life-skills training tailored to the individual needs of each student.

University of Utah Neuropsychiatric Institute

(801) 583-2500

501 Chipeta Way

Salt Lake City, Utah 84108

Specialists at the institute treat conditions like anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia, and substance use disorder/chemical dependency for all ages. Their inpatient facility is designed to offer a safe, healing, and beautiful environment. In addition, they provide a continuum of exceptional patient care through intensive outpatient programs, day treatment, and outpatient services throughout the Salt Lake Valley.



Advanced Surgical Associates of Price

castleviewmedicalgroup.com

(435) 613-7874

945 West Hospital Drive, Suite 4

Price, Utah 84501

Dr. Jeffery and his staff are committed to providing the high-quality care their patients deserve, while treating them with the utmost respect. Their main goal is the satisfaction, confidence, and comfort of their patients.

Castle Country Orthopedics & Sports Medicine

(435) 613-6600

4242, 377 North Fairgrounds Road #2

Price, Utah 84501

Dr. Justesen and Dr. Kelly are the physicians that operate at Castle Country Orthopedics & Sports Medicine. They provide services for fractures, sprains, carpal tunnel, sports injuries, trigger finger, osteoporosis, back pain, joint degeneration, and more.

Healthcare Services

Castle Valley Foot & Ankle Specialist

castleviewmedicalgroup.com

(435) 637-6797

230 North Hospital Drive, Suite 4

Price, Utah 84501

Dr. Brian Griffeth and the team at Castle Valley Foot & Ankle specialize in medicine and surgery of the foot and ankle. Whether your pain is annoying or excruciating, Castle Valley Foot & Ankle will diagnose the issue that may be causing you pain and recommend a treatment plan that meets your needs.

Castleview Hospital Women's Services

castleviewhospital.net

(435) 637-4800 ext. 3160

300 North Hospital Drive

Price, Utah 84501

Castleview Hospital Women's Services offer education and assistance to families preparing for the birth of a child, such as: prenatal classes, Smart Start classes, breastfeeding education and support, and Sibling Classes (which encourage big brothers and sisters to be part of the event).

Healthcare Services

Carbon Medical Service

carbonmedicalservice.com

The Price Clinic - (435) 637-6338

250 N. Fairgrounds Rd, Suite 3

Price, UT 84501

The Sunnyside Clinic - (435) 888-4411

331 UT-123

Sunnyside, UT 84539

The Helper Clinic - (435) 472-7000

125 S Main St

Helper, UT 84526

Provides family medicine, pediatric well and sick care, adult and geriatric primary care, DOT exams, women's health, contraception services, Hepatitis C testing and treatment, in-house lab services, X-ray, and pharmacies. Also offers Peer Support Services at all locations.

David Bradshaw, MD & Hollie Stapley, PA-C

bradshawobgyn.com

(435) 613-2229 ext. 3976

280 Hospital Drive #2

Price, Utah 84501

At his OBGYN clinic, Dr. Bradshaw and his staff provide a full range of inpatient and outpatient care to women of all ages in all stages of life; including puberty, childbearing, menopause, and aging.

Healthcare Services

Eastern Utah Family Medicine

(435) 637-3584

317 East 100 North

Price, Utah 84501

Eastern Utah Family Medicine offers:

- Obstetrics
- Sports Medicine
- Pediatric Medicine
- Geriatric Medicine
- Women's Services
- Adolescent Medicine
- Preventative Medicine
- Acute and Chronic Adult Medicine

Eastern Utah Spine & Pain

drrussbeecher.com

(435) 613-PAIN (7246)

335 N. Fairgrounds Road

Price, Utah 84501

Eastern Utah Spine and Pain Center offers:

- Chronic Pain Treatment
- Physical medicine and rehabilitation
- Therapeutic and diagnostic interventional pain procedures
- Non-surgical evaluation and treatment of spine, nerve, and musculoskeletal pain
- Nerve conduction studies and EMG (to diagnose nerve related conditions including carpal tunnel syndrome)

Healthcare Services

Eastern Utah Women's Health

easternutahwomenshealth.com

(435) 637-0313

590 E 100 N. Suite B, Price, Utah 84501

Danielle Howa Pendergrass DNP, APRN, WHNP

info@easternutahwomenshealth.com

Eastern Utah Women's Health has created a comfortable, trusted place for women to go for their most personal healthcare needs. A place where you can take the time to sit down and openly discuss your health care questions, concerns and problems. Whether it is a simple preventative visit, or a complex hormonal consultation, they are there to listen, guide, and assist you in your healthcare decisions. Services include:

- Comprehensive Women's Healthcare
- Physical Exams for People of Any Sex
- Birth Control Options
- Hormone Therapy Options
- Mental Health Support
- Support for Pregnant Individuals with Substance Use Disorder
- And More!

Healthcare Services

Pine Top Medical

pinetopmedical.com

Dr. E. Doug Larsen

(435) 637-5690

280 N. Hospital Drive Suite 4

Price, UT 84501

We offer primary care services to our patients, including routine physicals, flu shots, and health screenings. Our goal is to keep you healthy and informed about your health.

Jeff Manley Wellness Center

castleviewhospital.net/physical-therapy-rehab/jeff-manley-wellness-center

(435) 636-4841

284 North Hospital Drive

Price, Utah 84501

Offers full-fledged gym to the public that includes weights, machines, cardio equipment, and rehab size pool, as well as massage therapists. See the website for more information including pricing and hours of operation.

Family Resources



Substance use disorder (SUD) affects the entire family. With education and treatment for themselves, the family can be an important resource of healing for people with SUD.

Al-Anon

al-anon.org

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

American Psychological Association Psychologist Finder

locator.apa.org

Find the right psychologist for you.

Substance Abuse and Mental Health Services Administration Locator

findtreatment.samhsa.gov

A confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use disorder and/or mental health problems.

The HOPE Squad of Carbon, Emery, and Grand Counties

www.facebook.com/hopesquadcarbonandemery

(435) 636-1153

The HOPE Squad brings awareness and provides suicide prevention activities to benefit those in the community who need it most. It believes that suicide is preventable using evidenced-based programs and partners. Services available also include support services for families dealing with loss.

Family Resources

CRAFT (Community Reinforcement and Family Training)

www.myusara.com/support/craft

Now located at the USARA Recovery Community Center

(877) 921-0330

91 East Main St.

Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives. Remote support options available. *Zoom meetings only.*

Cure the Conversation

www.curetheconversation.org

A resource created by Southeastern Utah Health Department to bring together information on reducing overdose deaths, resources, and personal stories.

Rural Utah Child Development (RUCD) Head Start

rucd.org

RUCD helps pregnant mothers and families with children ages 0-5. Our programs ensure children learn essential skills for their next educational steps, and parents get support and resources when they need it most. Apply online at RUCD.org

National Association for Caregivers

caregiving.org/advocacy/peer-support

Resources on Peer Support for Caregivers

Family Resources

How You Can Support Recovery

For more resources visit:

extension.usu.edu/heart/resources

Learn about prevention and harm reduction strategies



Listen

Be patient



Refrain from using stigmatizing language

Ask to join a meeting to learn about the condition and recovery



Offer rides to recovery meetings or difficult destinations

Reach out, anything can make a difference



Be available

Express hope



Promote and encourage choices that will benefit overall health

Other Resources



Southeast Utah Health Department

seuhealth.com

(435) 637-3671

28 South 100 East

Price, Utah 84501

Michelle Ward

(435) 636-1157

kmward@utah.gov

Opioid Prevention Specialist

Amanda McIntosh (American Foundation for Suicide Prevention)

(435) 637-1153

amcintosh@utah.gov

Suicide Prevention Specialist

Southeastern Utah Health Department offers a variety of services: Baby Your Baby, Cancer Prevention/Be Wise, HIV and STD Testing, Home Visitation, Immunizations, Medicaid Newborn Home Visits, Tuberculosis Screening, Well Child Screening, and WIC (Women, Infants, and Children).

Other Resources

The HOPE Squad of Carbon, Emery, and Grand Counties

[facebook.com/hopesquadcarbonandemery/](https://www.facebook.com/hopesquadcarbonandemery/)

Amanda McIntosh

(435) 637-1153

Brings awareness and provides suicide prevention resources for Carbon, Emery, and Grand Counties. The HOPE Squad also has services available for families dealing with loss.

Colleen Quigley Women's Center for Domestic Violence

(435) 637-6589

475 West Price River Drive Suite #152

Price, Utah 84501

This local shelter will help women who are victims of domestic violence. Abuse can be caused by a spouse, boyfriend or girlfriend, cohabitants, or even other family members. It is not a homeless shelter.

Other Resources

Stop the Opidemic

opidemic.org

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

Know Your Script

knowyourscript.org

When it comes to overdose and substance use disorder, we all have a part to play in keeping ourselves, our loved ones, and our communities safe. “Know Your Script” is an initiative to empower each of us to make smart decisions and ask the right questions regarding prescribed medications. Champion your role against prescription drug misuse and always know your script.

Utah Opioids

utahopioids.org

UtahOpioids.org is a part of the Utah Rural Opioid Healthcare Consortium (or UROHC). We bring together providers, health care entities, federally qualified health centers, public and behavioral health organizations, and nonprofit organizations to coordinate resources, expertise, and efforts to combat the opioid issues in Beaver, Carbon, Emery, Grand and Iron Counties.

Other Resources

Utah Naloxone in Carbon/Emery/Grand Counties+

utahnaloxone.org

Tori Palma, RN, BSN

Central Utah Sr. Outreach Educator

(801) 750-8763

Offering naloxone training and kits in Carbon, Emery, and Grand Counties.

Active Re-entry: Disability Services

arecil.org

(435) 637-4950

10 South Fairgrounds Road

Price, Utah 84501

Active Re-Entry is a community-based program that seeks to assist individuals with disabilities. They strive to help individuals achieve self-sufficient, productive lives in their own communities and homes.

VA Medical Center

(435) 613-0342

189 South 600 West Suite B

Price, Utah 84501

A medical clinic that exclusively serves Veterans, offering a variety of services in Carbon County.

Other Resources

Utah State University- ACT (Acceptance and Commitment Therapy)

scce.usu.edu/services/act-guide

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional wellbeing and help individuals cope with mental health issues including depression, anxiety, and stress.

- Participation is open to all adults aged 18 years and older
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$10 to access the program for six months

Castle Country Youth Center – Youth Services

jjs.utah.gov

(435) 636-4740 or 636-4720

1395 So. Carbon Ave.

Price, UT 84501

Mission: The Division of Juvenile Justice Services is to be a leader in the field of juvenile justice by changing young lives, supporting families, and keeping communities safe.

Services Include:

- Crisis Intervention
- Youth Skill-building
- Family and Parenting Classes
- 24 Hour Services

Other Resources

Utah State University Extension

extension.usu.edu

Carbon

(435) 636-3233

Emery

(435) 381-2381

USU Extension offers workshops and resources on homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, 4H, insect identification, and much more.

Health Extension: Advocacy, Research & Teaching (HEART) Initiative

extension.usu.edu/heart/resource-books

Ashley Yaughner, PhD

(435) 636-3276

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid overdose epidemic and other pressing public health issues.

Other Resources

Be Epic, Escape the Vape

extension.usu.edu/be-epic/

Carbon:

Josie Hatch, Be Epic Program Coordinator

(435) 636-3276

Emery:

Shawna Carroll, Be Epic Program Coordinator

(435) 749-9361

USU Extension's Be Epic, Escape the vape youth program offers e-cigarette and vape prevention programming in Carbon, Emery and Grand counties. Be Epic provides teacher trainings, education events for parents/guardians, and afterschool programs for youth in 5th-12th grades.

Carbon & Emery Opioid & Substance Use Coalition

utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition

The Carbon and Emery Opioid and Substance Use Coalition is a grass-roots effort that seeks to coordinate the efforts of our communities to comprehensively address the opioid overdose epidemic we are facing. We seek to decrease stigma; increase effective prevention, treatment, harm reduction, mental health and other efforts; and come together to create healthier communities.

Courts—Carbon County



7th District & Juvenile Court

(435) 636-3400

East Carbon Justice Court

(435) 888-6613

Helper Justice Court

(435) 472-3039

Price Justice Court

(435) 264-4640

Wellington Justice Court

(435) 637-5353

Courts—Emery County



Castle Dale 7th District & Juvenile Court

(435) 381-5419

Castle Dale Justice Court

(435) 264-4750

Public Safety Listings— Law Enforcement*



Ask to be connected with an officer certified in Crisis Intervention Training (CIT).

Dispatch

(435) 637-0890

Carbon County Sheriff's Office

(435) 636-3251

East Carbon Police Department

(435) 888-2081

Helper Police Department

(435) 472-3719

Price Police Department

(435) 636-3190

USU-Eastern Police Department

Office: (435) 613-5612

Wellington Police Department

(435) 637-4830

Emery County Sheriff's Office

(435) 381-2404

Green River Police Department

(435) 564-3474

Public Safety Listings— Fire Department*



Ask to be connected with an officer certified in Crisis Intervention Training (CIT).

East Carbon Fire Department

(435) 888-2100

Emery County Fire Departments

Contact ECSO (435) 381-2404

Helper Fire Department

(435) 472-3572

Price Fire Department

(435) 636-3187

Wellington Fire Department

(435) 637-5213

*These are non-emergency numbers, for emergencies please call: **911**.

Disclaimer

Please note that the provided resources are for informational purposes and that Utah State University or Utah State University – Extension does not specifically endorse their services. These resources are intended as a guide to available, local services. USU and USU Extension do not control the companies, websites, or services listed in this resource.

If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension
Ashley Yaughner, PhD
(435) 636-3276
ashley.yaughner@usu.edu
751 East 100 North, Suite 2300
Price, Utah 84501

Credits

Ashley Yaughner, PhD; Justin Sacco, Intern; Melissa Arrien, Intern; Alise Williams Condie, Intern; Chapel Taylor-Olsen, Health and Wellness Coordinator; Damon Davis Prevention and Education VISTA; Josie Hatch and Shawna Carroll, Health and Wellness Prevention Coordinators

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Extension
UtahStateUniversity



HEALTH EXTENSION
Advocacy. Research. Teaching.

CARBON & EMERY
**OPIOID &
SUBSTANCE USE
COALITION**



Violence & Injury Prevention Program



BE EPIC
ESCAPE the VAPE

E-Cigarette Prevention
in Rural Communities



For More Information, visit us at UtahOpioids.org

This booklet is periodically updated on the
USU Extension HEART website, found at:
extension.usu.edu/heart/resource-books