

*Carbon & Emery Counties*

# **Substance Use Disorder & Recovery Resource Book**

**Updated and Printed February 2024**



**UtahStateUniversity**

Emma Eccles Jones College of Education and Human Services  
Extension



**HEALTH EXTENSION**  
Advocacy. Research. Teaching.

CARBON & EMERY  
**OPIOID &  
SUBSTANCE USE  
COALITION**

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*This is not an exhaustive resource*

While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**THE CARBON & EMERY OPIOID & SUBSTANCE USE  
COALITION CREATED THIS RESOURCE BOOK IN  
OCTOBER 2019.**

**A SPANISH LANGUAGE VERSION WAS CREATED IN FEBRUARY  
2024 AND IS AVAILABLE ON THE USU EXTENSION WEBSITE:  
[EXTENSION.USU.EDU/HEART/RESOURCE-BOOKS](https://extension.usu.edu/heart/resource-books)**

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,  
PLEASE REFER TO:**

**UNITED WAY 2-1-1  
CALL 2-1-1 OR [211UTAH.ORG](https://211utah.org)**

**SOUTHEAST UTAH RESOURCES  
[WWW.SEUHEALTH.COM/RESOURCES](https://www.seuhealth.com/resources)**

# My Resources



This book belongs to:

Things that trigger stress for me:

How I can help myself feel better (Coping skills):

Friends I can call when I need to talk:	
Name	Phone Number

Professionals and Agencies I can call if I need more help:	
Name	Phone Number
Suicide/Crisis Hotlines	Suicide and Crisis Lifeline: 9-8-8 SafeUT: (833) 372-3388 (chat/app available)

# Emergency Resources



## **Castleview Hospital: Emergency Room**

(435) 637-4800

300 North Hospital Drive, Price, Utah 84501

## **Emery Medical Center**

(435) 381-2305

90 West Main Street, Castle Dale, Utah 84513

## **Green River Medical Center**

(435) 564-3434

585 Main Street, Green River, Utah 84525

## **University of Utah Neuropsychiatric Institute (UNI)**

### **Crisis Line**

(801) 587-3000

### **UNI Crisis Text Line**

Text "START" to 741-741

## **Utah Poison Control Center**

(800) 222-1222

[poisoncontrol.utah.edu](http://poisoncontrol.utah.edu)



# Emergency Resources

## The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

**Naloxone** is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit [opidemic.utah.gov](http://opidemic.utah.gov)

## Signs of an Opioid Overdose



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

# Suicide Prevention Resources



## **American Foundation for Suicide Prevention (AFSP)**

[afsp.org](http://afsp.org)

Amanda McIntosh

ASFP Board Member - Utah Chapter

(435) 637-1153

[amcintosh@utah.gov](mailto:amcintosh@utah.gov)

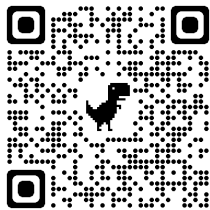
Suicide Prevention Specialist

The SEUHD offers a free suicide prevention training called Q.P.R. Question, Persuade, Refer. Contact Amanda McIntosh (435) 636-1153 to schedule a training.

## **Liveonutah.org**

[liveonutah.org](http://liveonutah.org)

Live on Utah Playbook



Please call 988 to be put in contact with the MCOT team.

## **Huntsman's Warmline**

(801) 587-1055

## **Suicide Prevention Hotline for Law Enforcement**

(800) 267-5463

## **Local Law Enforcement**

*(for immediate danger)*

9-1-1

## Suicide Prevention Resources

### **Four Corners Community Behavioral Health**

FCCBH provides 24/7 Mobile Crisis Outreach Team (MCOT) services for Carbon and Emery County. FCCBH crisis workers and case manager/peer support deploy to any site where they are needed.

**Carbon County:** (435) 637-0893

**Emery County:** (435) 381-2404

**Grand County:** (435) 259-8115

### **988 Suicide & Crisis Lifeline**

[988lifeline.org/talk-to-someone-now](https://988lifeline.org/talk-to-someone-now)

Confidential and free emotional support for people in suicidal crisis or emotional distress: 24/7, phone or text. Chat available online.

Call: 9-8-8

[988lifeline.org/chat](https://988lifeline.org/chat)

For TTY Users: Use your preferred relay service or dial 711 then 988.

### **Nacional de Prevención del Suicidio**

[988lifeline.org/es/chat](https://988lifeline.org/es/chat)

Llamada a Lifeline 24/7: 9-8-8

### **Safe UT**

[safeut.org](https://safeut.org)

SafeUT: Help with any sized problem, any time. Phone support, online chat, and app available.

(833) 372-3388

# Medication Disposal Drop Boxes



## **FDA Substance Disposal Information and Locations**

[fda.gov/drugdisposal](http://fda.gov/drugdisposal)

## **Know Your Script DropBox Locator**

[knowyourscript.org](http://knowyourscript.org)

### **Boyd's Family Pharmacy**

590 E Main St

Castle Dale, UT 84513

### **Carbon Medical Service**

331 Highway 123, Sunnyside, Utah 84539

### **Castleview Hospital**

300 Hospital Dr, Price, Utah 84501

### **Castleview Urgent Care**

317 East 100 North, Price, Utah 84501

### **East Carbon Police Department**

101 West Geneva Dr, East Carbon, Utah 84520

## Medication Disposal Drop Boxes

### **Emery Medical Center**

90 West Main St, Castle Dale, Utah 84513

### **Green River Medical Center**

585 Main St., Green River, UT 84525

### **Helper Clinic**

125 South Main Street, Helper, Utah 84526

### **Helper Police Department**

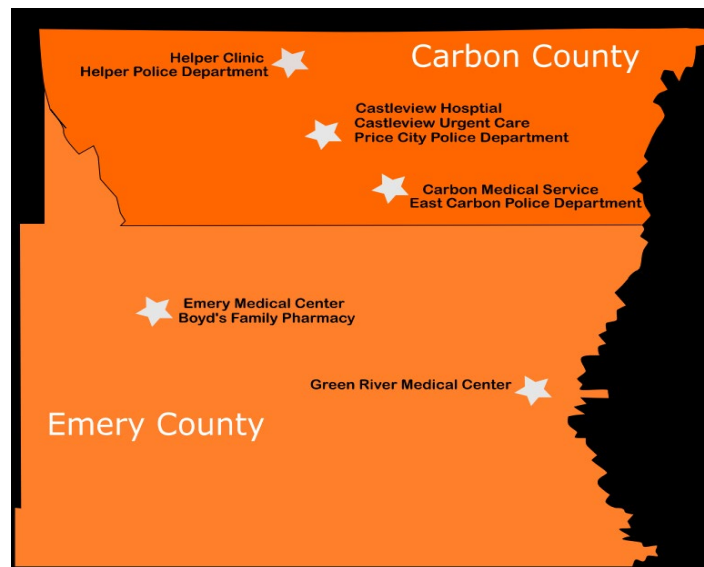
97 South Main Street, Helper, Utah 84526

### **Price City Police Department**

910 North 7th East Street, Price, Utah 84501

### **Walmart Pharmacy**

255 Hwy 55, Price, Utah 84501



## Counseling and Social Work



### **Boni Taylor, LCSW - Mindful Healing**

375 S. Carbon Ave, Room 129  
(435) 630-5086  
Price, Utah 84501

### **BreAnna Powell, CSW**

Gagon Family Medicine + Urgent Care – Integrated  
Behavioral Health Care  
(435) 613-2200

### **Burt Bruno, LCSW**

(435) 637-5032  
(435) 650-6562

### **Canary Counseling**

[canarycounselingutah.com](http://canarycounselingutah.com)

(435) 557-0435  
Jennifer Buttrick, CMHC  
42 S Main Street, Helper, UT 84526

We are a small practice of master-level clinicians who provide quality mental health care. We offer solution-focused, client-centered therapy. We have training in EMDR, Gottman Method, DBT, CBT, and other modalities of therapy.

## Counseling and Social Work

### **Carbon Medical Service**

[carbonmedicalservice.com](http://carbonmedicalservice.com)

#### **The Helper Clinic**

(435) 472-7000

#### **The Sunnyside Clinic**

(435) 888-4411

#### **The Price Clinic**

(435) 637-6338

#### **Peer Support**

Baylie Cave, Certified Peer Support

Specialist/CMAA/CCMA

(435) 637-6338

Treating all forms of mental illness, providing medication and behavioral health counseling, and primary care services. Contact for scheduling (no referral needed).

### **Christopher Gravett, LCSW**

(435) 610-1896

### **Deanna Fulcher, RN, CGP**

(435) 630-3985

*Eating to Heal: Nutritional Counseling.* Learn how healing your gut may help with recovery and other illnesses.

# Counseling and Social Work

## Four Corners Community Behavioral Health

[fourcornersbh.com](http://fourcornersbh.com)

**Carbon County** - (435) 637-2358

28 E 100 S, Price, Utah 84501

**Emery County** - (435) 381-2432

45 East 100 South, Castle Dale, Utah 84513

**Green River** - (435) 564-3434

585 Main Street, Green River, Utah 84525

Four Corners has 26 different licensed clinicians and therapists to choose from. It is also the sole source provider for most citizens who qualify for or currently have Medicaid insurance. Services include:

- Substance Use Treatment Services
  - Adults and Adolescents
  - Pregnant Individuals
- Comprehensive Mental Health Services
  - Adults, Adolescents, and Children
- In-Patient Services
- Residential Support Services
- Case Management
- Peer Support Services
- Psychosocial Rehabilitation
- Medication Evaluation and Management Services
- And more!

**COMING SOON:** Receiving Center at 575 E 100 S, Price UT. The receiving center will offer our community a first line of crisis intervention. This 24-hour program will function as a crisis response site and will offer brief crisis stabilization. The receiving center will be for individuals experiencing a mental health or other behavioral crisis. We have 6 doctors who can prescribe mental health medications and substance use disorder medications.



## Counseling and Social Work

### **Gray Matters Counseling**

[graymatterscounseling.com](http://graymatterscounseling.com)

John (Greg) Cowan

(435) 650-9008

23 South Carbon Ave. Suite No. 5, Price, Utah 84501

greg.graymatters@gmail.com

We all see life through our own prism, with different shapes, colors, and ideas. For example, what do you think of when you hear the name *Gray Matters Counseling*? Life experience, Depression, Unclear solutions?

### **Green River Medical Center**

[grmedicalcenter.org](http://grmedicalcenter.org)

Karen Dolan, LCSW

(435) 564-3434

585 W Main St, Green River, UT 84525

### **Heath Earl, PhD**

(435) 637-6348

590 East 100 North, Price, Utah 84501

Clinical Psychologist

### **Jay Jeppson, PhD**

(435) 637-2358

(435) 820-2199

575 East 100 South, Price, Utah 84501

Clinical Psychologist

## Counseling and Social Work

### **Kara Heugly Counseling**

[facebook.com/KARAHeuglyCounseling](https://www.facebook.com/KARAHeuglyCounseling)

(435) 637-0171

70 West Main Street, Price, Utah 84501

Through our years of experience, training, and strategies tailored to your needs, your goals of happiness and peace are within reach.

### **LDS Family Services**

[providentliving.churchofjesuschrist.org/lds-family-services](https://providentliving.churchofjesuschrist.org/lds-family-services)

Contact: Local LDS Bishop

(435)375-3090

LDS Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president. Zoom options are available.

### **Multicultural Counseling Center**

[mccounseling.com/telehealth](https://mccounseling.com/telehealth)

(801) 915-0359

Virtual options available

7625 South 3200 West, Ste 2 & 4, West Jordan, Utah,  
84084

[info@mccounseling.com](mailto:info@mccounseling.com)

## Counseling and Social Work

### **USU Eastern for Students**

Karl Burnside

(435) 613-5337

Jennifer Leavitt Student Center Rm 233

451 E 400 N, Price, Utah 84501

Monday – Friday 8:00 am – 5:00 pm

The Student Counseling Center provides free counseling on a short-term basis for many concerns and issues facing today's college students.

### **Utah Behavioral Health Solutions,**

[utbehavioral.com](http://utbehavioral.com)

23 South Carbon Ave, Price

Eric Mcarty, M.A. LMFT, BCCC, BCPC, CCTP

(435) 772-9005

[ericmcca@msn.com](mailto:ericmcca@msn.com)

Compassionate help for those struggling with depression, anxiety, substance use disorder, grief, and loss.

## Medication-Assisted Treatment & Harm Reduction Resources



### **Carbon Medical Service**

[carbonmedicalservice.com](http://carbonmedicalservice.com)

#### **The Sunnyside Clinic**

(435) 881-4411

331 Highway 123, Sunnyside, Utah 84539

#### **The Helper Clinic**

(435) 472-7000

125 South Main St., Helper, Utah 84526

#### **The Price Clinic**

(435) 637-6338

250 North Fairgrounds Rd., Price, Utah 84501

Carbon Medical Service has three locations with full-time providers, and certified nurses to assist you with any health-related questions or needs. Sunnyside and Helper locations also have pharmacies for your convenience as well as a fully equipped, full-time dental clinic in Sunnyside. Testing and treatment for hepatitis C is available at all locations. All service fees are based on a sliding scale. Carbon Medical also offers Peer Support Services.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Green River Medical Center**

[grmedicalcenter.org](http://grmedicalcenter.org)

(435) 564-3434

585 West Main St., Green River, Utah 84525

Green River Medical Center provides primary care, dental services, behavioral health services for patients of all ages, and Medications for Opioid Use Disorder (MOUD) for those on the journey to recovery. Pharmacy on-site to fill prescriptions.

### **Sterling Potter, MD Family Medicine**

(435) 637-6190 ext. 3906

945 Hospital Drive #2, Price, Utah 84501

Dr. Potter and his staff are trained to meet the diverse health needs of children and families.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Operation Recovery – Four Corners Community Behavioral Health**

[www.fourcornersbh.com](http://www.fourcornersbh.com)

(435) 613-7289

77 S 600 East Suite C, Price, Utah 84501

[cpowell@fourcorners.ws](mailto:cpowell@fourcorners.ws)

After hours emergencies: (435) 299-2409

FCCBH's Operation Recovery offers various resources including medications for opioid use disorder (MOUD) with prescription methadone, buprenorphine (Subutex, Suboxone, Sublocade), Vivitrol, and other medications, combined with behavioral therapy approaches, to help individuals find physical and emotional stabilization, detox safely, and gain skills to live a fulfilling life in recovery. Busing is available for eligible individuals to receive treatment in Price. Now treating Hepatitis C.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Southeast Utah Health Department**

[seuhealth.com](http://seuhealth.com)

**Price Main Office** - (435) 637-3671  
149 South 100 East, Price, Utah 84501

**Castle Dale Office** - (435) 381-2252  
25 West Main St., Castle Dale, UT 84513  
Jessica Serfustini  
jserfustini@utah.gov

**Harm Reduction – Michelle Ward**  
Price Office: (435) 636-1157  
Cell: (435) 820-0807  
65 South 100 East, Price, Utah 84501

HCV/HIV Testing is offered Monday through Thursday from 9 am - 4 pm at the Southeast Utah Health Department in Price. No appointment is needed. For testing in Castle Dale, call Michelle to set up an appointment. Mobile outreach harm reduction is available on Thursdays from 2 pm–5 pm or walk-in to the Price office Monday through Thursday from 9 am – 4 pm. For mobile outreach in Emery County, please call to set up a meeting place. Narcan is available at both locations.

## Medication-Assisted Treatment & Harm Reduction Resources

### **Positive Pathways/Peaceful Transitions**

[sabinakcarter.wixsite.com/positivepathways](http://sabinakcarter.wixsite.com/positivepathways)

Sabrina K. Carter RN, MSN, FNP-BC,  
Zena Robinson, Transitional Life Coach,  
Rachel Allred, Therapist, CSW  
(435) 299-5003

23 South Carbon Ave Suite 21, Price, Utah 84501  
postivepathways101@gmail.com

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

### **Zena Robinson – Life Coach**

[zenarobinson5200@gmail.com](mailto:zenarobinson5200@gmail.com)

Zena Robinson offers life, career, and executive coaching services in Price, Utah. Zena understands that every person has a different background, experience, challenges, and goals. She says that, if you find yourself feeling stuck and unable to identify what is holding you back, it is time to take a nuanced look at your whole self. Call to schedule an appointment.



## Alternative Pain Management



### **Carbon Medical Service**

[carbonmedicalservice.com/services](http://carbonmedicalservice.com/services)

Persistent Pain Education Program with Pain Reprocessing Therapy

(435) 637-6338

250 N. Fairgrounds Rd, Suite 3, Price, UT 84501

No referral is needed! All clients are welcome for treatment in collaboration with their current pain management team. Our program is designed to be customized to your needs with 6 individualized one-on-one sessions.

### **Healing Arts Center**

**Southeastern Integrative Yoga and Mindfulness Classes**

[healingartscenter.net](http://healingartscenter.net)

(435) 637-5556

790 N. Cedar Hills Drive, Price, Utah 84501

Call for class schedules and additional information.

### **Living Well with Chronic Pain**

[medicaid.utah.gov/living-well-chronic-conditions-program](http://medicaid.utah.gov/living-well-chronic-conditions-program)

Free 6-Session Workshop Series

(888) 222-2542

Register online: [livingwell@utah.gov](mailto:livingwell@utah.gov)

## Alternative Pain Management

### **Matsuda Acupuncture and Herbal Medicine**

[matsudaacupuncture.com](http://matsudaacupuncture.com)

(435) 650-2302

42 S Main St, Helper, UT 84526

Matsuda Acupuncture and Herbal Medicine uses time-tested, traditional Oriental medicine. They treat individuals using a holistic approach that can simultaneously heal physical, emotional, and spiritual ailments. They seek to help their patients live without pain, have more energy, prevent disease, and heal illnesses.

### **Scoville Chiropractic Pain Relief Clinic**

[scovillechiropractic.com](http://scovillechiropractic.com)

(435) 637-4822

248 South Utah Highway 55, Price, Utah 84513

Whether you're looking for relief from severe chronic pain, searching for ways to beat the aches and pains of day-to-day living, or seeking the "holy grail" of optimal health and peak performance, the Scoville Chiropractic Pain Relief Clinic can help.

# Recovery Resources



## **Alcoholics Anonymous & Narcotics Anonymous**

For further information please visit:

- [na.org](http://na.org)
- [aa.org](http://aa.org)

Women's Group meeting: at the USARA Recovery Community Center. Gather with women who are going down the same paths as yourself. A safe space for all.

Tuesdays - 6:00 PM

91 East Main St., Price, Utah 84501

## **CRAFT (Community Reinforcement and Family Training)**

[myusara.com/support/craft](http://myusara.com/support/craft)

Family support groups are facilitated over Zoom by people with lived experience of being a family member or friend of someone with a substance use disorder (SUD). A safe space and free program for family members and friends of people with SUD to gather for support in their everyday lives.

## Recovery Resources

### **LDS Addiction Recovery**

Monica Johnson-Phelps

(435) 314-9268

40 South Center Street, Castle Dale, Utah 84513

AA and NA meeting Every Tuesday from 7 pm to 8 pm on the second floor of the County Commissioners Chambers.

### **Life Balance Recovery**

[www.lifebalancerecovery.com](http://www.lifebalancerecovery.com)

Contact: Suzanna McGee

(801) 367-0394 ex 702

23 S Carbon Suite 22, Price, UT 84501

Life Balance Recovery is here to help support and change the lives of those affected by substance use and mental health disorders through evidence-based practices and individualized treatment plans to meet each individual's needs.

### **Lost and Found Ministries**

(435) 287-5120

[lostandfound275@gmail.com](mailto:lostandfound275@gmail.com)

275 N Main St, Helper, UT

Meetings are held on Fridays at 6:00 PM. Lost and Found Ministries seeks to educate Christians, church leaders, and ministers about substance use disorder and to provide people with substance use disorder with the necessary tools to overcome it.

## Recovery Resources

### **Utah Support Advocates for Recovery Awareness (USARA) Carbon and Emery County**

[myusara.com/price](http://myusara.com/price)

**Mersades Morgan**, CPSS/Community Empowerment  
Coordinator  
(435) 299-8677

### **Recovery Community Center**

91 East Main St., Price, Utah 84501

(877) 590-5965

[facebook.com/groups/usara.price](https://www.facebook.com/groups/usara.price)

[facebook.com/groups/usara.emery](https://www.facebook.com/groups/usara.emery)

USARA's mission is to celebrate, advocate, support, and empower people in all stages of substance use disorder recovery through building community, connection to resources, and raising awareness that long-term recovery is possible.

USARA offers all pathways to recovery meetings. Currently meetings are every day but Saturday, however the schedule is subject to change. Call and/or visit the Facebook page for current in-person and online meeting information.

## In-Patient Treatment Resources



### **Castle Ridge Behavioral Health Center**

[castleridge.org](http://castleridge.org)

(435)749-5425

Todd and Donn Jeffs

65 E 100 N, Castle Dale, UT 84513

Castle Ridge Behavioral Health is a Behavioral Health Treatment Center that welcomes all individuals who are 18 years of age or older who are faced with an immediate concern with Trauma-Based Mental Health and/or Substance Use Disorder.

### **Odyssey House**

[odysseyhouse.org](http://odysseyhouse.org)

(801) 322-3222

344 E 100 S, Salt Lake City, UT 84111

Email: [contact@odysseyhouse.org](mailto:contact@odysseyhouse.org)

## **In-Patient Treatment Resources**

### **StepOne Services at Castleview Hospital – Acute Withdrawal Management**

[steponeservice.com/castleview-hospital-stepone](http://steponeservice.com/castleview-hospital-stepone)

Intake: (435) 636-4808

Direct: (434) 749-0279

300 N Hospital Drive, Price, Utah 84501

### **Castleview Bridge Program in the Castleview E.R.**

(435) 650-0028

#### **Service Coordinator:**

**December Hatch:** (435) 545-4427

Inpatient, hospital-based, three-to-five-day acute withdrawal management service. This service is available to adults requiring medical management of withdrawal symptoms from alcohol and/or opioids.

### **Pavilion at Mountain View Hospital**

(435) 465-7041

1000 East 100 North, Payson, Utah 84651

The Pavilion at Mountain View Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed to meet the emotional and psychological needs of adults ages 18 to 55. In addition, their Geriatric Psychiatry services are designed to meet the emotional and psychological needs of senior adults ages 55 and over.

## **In-Patient Treatment Resources**

### **Provo Canyon School / Residential Treatment**

(801) 491-3910

4501 North University Ave, Provo, Utah 84604

Provo Canyon School is accredited by the Joint Commission and is licensed by the State of Utah to provide Residential Treatment to youth between the ages of 8 and 18. They provide a wide range of individualized and compassionate care to the students and families they serve. They are committed to providing innovative, evidence-based therapeutic interventions, academic instruction, and life-skills training tailored to the individual needs of each student.

### **University of Utah Neuropsychiatric Institute**

(801) 583-2500

501 Chipeta Way, Salt Lake City, Utah 84108

Specialists at the institute treat conditions like anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia, and substance use disorder/chemical dependency for all ages. Their inpatient facility is designed to offer a safe, healing, and beautiful environment. In addition, they provide a continuum of exceptional patient care through intensive outpatient programs, day treatment, and outpatient services throughout the Salt Lake Valley.



## Healthcare Services



### **Advanced Surgical Associates of Price**

[castleviewmedicalgroup.com](http://castleviewmedicalgroup.com)

(435) 613-7874

945 West Hospital Drive, Suite 4, Price, Utah 84501

Dr. Jeffery and his staff are committed to providing the high-quality care their patients deserve while treating them with the utmost respect. Their main goal is the satisfaction, confidence, and comfort of their patients.

### **Castle Country Orthopedics & Sports Medicine**

(435) 613-6600

377 North Fairgrounds Road #2, Price, Utah 84501

Dr. Justesen and Dr. Kelly are the physicians who operate at Castle Country Orthopedics & Sports Medicine. They provide services for fractures, sprains, carpal tunnel, sports injuries, trigger finger, osteoporosis, back pain, joint degeneration, and more.

## Healthcare Services

### **Castle Valley Foot & Ankle Specialist**

[castleviewmedicalgroup.com](http://castleviewmedicalgroup.com)

(435) 637-6797

230 North Hospital Drive, Suite 4, Price, Utah 84501

Dr. Brian Griffeth and the team at Castle Valley Foot & Ankle specialize in medicine and surgery of the foot and ankle. Whether your pain is annoying or excruciating, Castle Valley Foot & Ankle will diagnose the issue that may be causing you pain and recommend a treatment plan that meets your needs.

### **Castleview Hospital Women's Services**

[castleviewhospital.net](http://castleviewhospital.net)

(435) 637-4800 ext. 3160

300 North Hospital Drive, Price, Utah 84501

Castleview Hospital Women's Services offer education and assistance to families preparing for the birth of a child, such as: prenatal classes, Smart Start classes, breastfeeding education and support, and Sibling Classes (which encourage big brothers and sisters to be part of the event).

## Healthcare Services

### **Carbon Medical Service**

[carbonmedicalservice.com](http://carbonmedicalservice.com)

**The Price Clinic** - (435) 637-6338

250 N. Fairgrounds Rd, Suite 3, Price, UT 84501

**The Sunnyside Clinic** - (435) 888-4411

331 UT-123, Sunnyside, UT 84539

**The Helper Clinic** - (435) 472-7000

125 S Main St, Helper, UT 84526

Provides family medicine, pediatric well and sick care, adult and geriatric primary care, DOT exams, women's health, contraception services, Hepatitis C testing and treatment, in-house lab services, X-ray, and pharmacies. Also offers Peer Support Services at all locations.

### **David Bradshaw, MD & Hollie Stapley, PA-C**

[bradshawobgyn.com](http://bradshawobgyn.com)

(435) 613-2229 ext. 3976

280 Hospital Drive #2, Price, Utah 84501

At his OBGYN clinic, Dr. Bradshaw and his staff provide a full range of inpatient and outpatient care to women of all ages in all stages of life; including puberty, childbearing, menopause, and aging.

## Healthcare Services

### **Eastern Utah Family Medicine**

(435) 637-3584

317 East 100 North, Price, Utah 84501

- Obstetrics
- Sports Medicine
- Pediatric Medicine
- Geriatric Medicine
- Women's Services
- Adolescent Medicine
- Preventative Medicine
- Acute and Chronic Adult Medicine

### **Eastern Utah Spine & Pain**

[drrussbeecher.com](http://drrussbeecher.com)

(435) 613-PAIN (7246)

335 N. Fairgrounds Road, Price, Utah 84501

- Chronic Pain Treatment
- Physical medicine and rehabilitation
- Therapeutic and diagnostic interventional pain procedures
- Non-surgical evaluation and treatment of spine, nerve, and musculoskeletal pain
- Nerve conduction studies and EMG (to diagnose nerve-related conditions including carpal tunnel syndrome)

## Healthcare Services

### **Eastern Utah Women's Health**

[easternutahwomenshealth.com](http://easternutahwomenshealth.com)

(435) 637-0313

590 E 100 N. Suite B, Price, Utah 84501

Danielle Howa Pendergrass DNP, APRN, WHNP

[info@easternutahwomenshealth.com](mailto:info@easternutahwomenshealth.com)

Eastern Utah Women's Health has created a comfortable, trusted place for women to go for their most personal healthcare needs. A place where you can take the time to sit down and openly discuss your health care questions, concerns, and problems. Whether it is a simple preventative visit or a complex hormonal consultation, they are there to listen, guide, and assist you in your healthcare decisions. Services include:

- Comprehensive Women's Healthcare
- Physical Exams for People of Any Sex
- Birth Control Options
- Hormone Therapy Options
- Mental Health Support
- Support for Pregnant Individuals with Substance Use Disorder
- And More!

## Healthcare Services

### **Pine Top Medical**

[pinetopmedical.com](http://pinetopmedical.com)

Dr. E. Doug Larsen

(435) 637-5690

280 N. Hospital Drive Suite 4, Price, UT 84501

We offer primary care services to our patients, including routine physicals, flu shots, and health screenings. Our goal is to keep you healthy and informed about your health.

### **Jeff Manley Wellness Center**

[castleviewhospital.net/physical-therapy-rehab/jeff-manley-wellness-center](http://castleviewhospital.net/physical-therapy-rehab/jeff-manley-wellness-center)

(435) 636-4841

284 North Hospital Drive, Price, Utah 84501

Offers full-fledged gym to the public that includes weights, machines, cardio equipment, and rehab size pool, as well as massage therapists. See the website for more information including pricing and hours of operation.

## Family Resources



*Substance use disorder (SUD) affects the entire family. With education and treatment for themselves, the family can be an important healing resource for people with SUD.*

### **Al-Anon**

[al-anon.org](http://al-anon.org)

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

### **American Psychological Association Psychologist Finder**

[locator.apa.org](http://locator.apa.org)

Find the right psychologist for you.

### **Substance Abuse and Mental Health Services Administration Locator**

[findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)

A confidential and anonymous source of information for persons seeking treatment for SUD and/or mental health problems.

### **The HOPE Squad of Carbon, Emery, and Grand Counties**

[www.facebook.com/hopesquadcarbonandemery](http://www.facebook.com/hopesquadcarbonandemery)

(435) 636-1153

The HOPE Squad brings awareness and provides suicide prevention activities to benefit those in the community who need it most. It believes that suicide is preventable using evidenced-based programs and partners. Services available also include support services for families dealing with loss.

## Family Resources

### **CRAFT (Community Reinforcement and Family Training)**

[www.myusara.com/support/craft](http://www.myusara.com/support/craft)

Now located at the USARA Recovery Community Center  
(877) 921-0330

91 East Main St., Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives. Remote support options are available. *Zoom meetings only.*

### **Cure the Conversation**

[www.curetheconversation.org](http://www.curetheconversation.org)

A resource created by the Southeastern Utah Health Department to bring together information on reducing overdose deaths, resources, and personal stories.

### **Rural Utah Child Development (RUCD) Head Start**

[rucd.org](http://rucd.org)

RUCD helps pregnant mothers and families with children ages 0-5. Our programs ensure children learn essential skills for their next educational steps, and parents get support and resources when they need it most. Apply online at RUCD.org

### **National Association for Caregivers**

[caregiving.org/advocacy/peer-support](http://caregiving.org/advocacy/peer-support)

Resources on Peer Support for Caregivers



# Family Resources

## How You Can Support Recovery

For more resources visit:

[extension.usu.edu/heart/resources](http://extension.usu.edu/heart/resources)

Learn about prevention and harm reduction strategies



Listen

Be patient



Refrain from using stigmatizing language

Ask to join a meeting to learn about the condition and recovery



Offer rides to recovery meetings or difficult destinations

Reach out, anything can make a difference



Be available

Express hope



Promote and encourage choices that will benefit overall health

## Other Resources



### **Southeast Utah Health Department**

[seuhealth.com](http://seuhealth.com)

(435) 637-3671

28 South 100 East, Price, Utah 84501

**Michelle Ward**

(435) 636-1157

[kmward@utah.gov](mailto:kmward@utah.gov)

Opioid Prevention Specialist

**Amanda McIntosh**

**American Foundation for Suicide Prevention**

(435) 637-1153

[amcintosh@utah.gov](mailto:amcintosh@utah.gov)

Suicide Prevention Specialist

Southeastern Utah Health Department offers a variety of services: Baby Your Baby, Cancer Prevention/Be Wise, HIV and STD Testing, Home Visitation, Immunizations, Medicaid Newborn Home Visits, Tuberculosis Screening, Well Child Screening, and WIC (Women, Infants, and Children).

### **Colleen Quigley Women's Center for Domestic Violence**

(435) 637-6589

475 West Price River Drive, Suite #152, Price, Utah 84501

This local shelter will help women who are victims of domestic violence. Abuse can be caused by a spouse, boyfriend or girlfriend, cohabitants, or even other family members. It is not a homeless shelter.

## Other Resources

### **The HOPE Squad of Carbon, Emery, and Grand Counties**

[facebook.com/hopesquadcarbonandemery](https://www.facebook.com/hopesquadcarbonandemery)

Amanda McIntosh

(435) 637-1153

Brings awareness and provides suicide prevention resources for Carbon, Emery, and Grand Counties. The HOPE Squad also has services available for families dealing with loss.

### **Active Re-entry: Disability Services**

[arecil.org](http://arecil.org)

(435) 637-4950

10 South Fairgrounds Road, Price, Utah 84501

Active Re-Entry is a community-based program that seeks to assist individuals with disabilities. They strive to help individuals achieve self-sufficient, productive lives in their own communities and homes.

### **VA Medical Center**

(435) 613-0342

189 South 600 West Suite B, Price, Utah 84501

A medical clinic that exclusively serves Veterans, offering a variety of services in Carbon County.

## Other Resources

### **Stop the Opidemic**

[opidemic.org](http://opidemic.org)

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

### **Know Your Script**

[knowyourscript.org](http://knowyourscript.org)

When it comes to overdose and substance use disorder, we all have a part to play in keeping ourselves, our loved ones, and our communities safe. “Know Your Script” is an initiative to empower each of us to make smart decisions and ask the right questions regarding prescribed medications. Champion your role against prescription drug misuse and always know your script.

### **Utah Opioids**

[utahopioids.org](http://utahopioids.org)

UtahOpioids.org is a part of the Utah Rural Opioid Healthcare Consortium (or UROHC). We bring together providers, healthcare entities, federally qualified health centers, public and behavioral health organizations, and nonprofit organizations to coordinate resources, expertise, and efforts to combat the opioid issues in Beaver, Carbon, Emery, Grand, and Iron Counties.

## Other Resources

### **Utah Naloxone in Carbon/Emery/Grand Counties+**

[utahnaloxone.org](http://utahnaloxone.org)

Tori Palma, RN, BSN

Central Utah Sr. Outreach Educator

(801) 750-8763

Offering naloxone training and kits in Carbon, Emery, and Grand Counties.

### **Utah State University Extension**

[extension.usu.edu](http://extension.usu.edu)

#### **Carbon**

(435) 636-3233

#### **Emery**

(435) 381-2381

USU Extension offers workshops and resources on homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, 4H, insect identification, and much more.

### **Health Extension: Advocacy, Research & Teaching (HEART) Initiative**

[extension.usu.edu/heart/resource-books](http://extension.usu.edu/heart/resource-books)

Ashley Yaughner, PhD

(435) 636-3276

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid overdose epidemic and other pressing public health issues.

## Other Resources

### **Utah State University- ACT (Acceptance and Commitment Therapy)**

[scce.usu.edu/services/act-guide](https://scce.usu.edu/services/act-guide)

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional well-being and help individuals cope with mental health issues including depression, anxiety, and stress.

- Participation is open to all adults aged 18 years and older
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$10 to access the program for six months

### **Castle Country Youth Center – Youth Services**

[jjs.utah.gov](https://jjs.utah.gov)

(435) 636-4740 or 636-4720

1395 S. Carbon Ave., Price, UT 84501

Mission: The Division of Juvenile Justice Services is to be a leader in the field of juvenile justice by changing young lives, supporting families, and keeping communities safe.

Services Include:

- Crisis Intervention
- Youth Skill-building
- Family and Parenting Classes
- 24 Hour Services

## Other Resources

### **Be Epic, Escape the Vape**

[extension.usu.edu/be-epic](http://extension.usu.edu/be-epic)

#### **Carbon**

Josie Hatch, Be Epic Program Coordinator

(435) 636-3276

#### **Emery**

Shawna Carroll, Be Epic Program Coordinator

(435) 749-9361

USU Extension's Be Epic, Escape the Vape youth program offers e-cigarette and vape prevention programming in Carbon, Emery, and Grand counties. Be Epic provides teacher training, education events for parents/guardians, and afterschool programs for youth in 5<sup>th</sup>-12<sup>th</sup> grades.

### **Carbon & Emery Opioid & Substance Use Coalition**

[utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition](http://utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition)

The Carbon and Emery Opioid and Substance Use Coalition is a grass-roots effort that seeks to coordinate the efforts of our communities to comprehensively address the opioid overdose epidemic we are facing. We seek to decrease stigma; increase effective prevention, treatment, harm reduction, mental health, and other efforts; and come together to create healthier communities.

## **Courts—Carbon County**



### **7th District & Juvenile Court**

(435) 636-3400

### **East Carbon Justice Court**

(435) 888-6613

### **Helper Justice Court**

(435) 472-3039

### **Price Justice Court**

(435) 264-4640

### **Wellington Justice Court**

(435) 637-5353



## **Courts—Emery County**



### **Castle Dale 7th District & Juvenile Court**

(435) 381-5419

### **Castle Dale Justice Court**

(435) 264-4750

## **Public Safety Listings— Law Enforcement\***



*Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

### **Dispatch**

(435) 637-0890

### **Carbon County Sheriff's Office**

(435) 636-3251

#### **East Carbon Police Department**

(435) 888-2081

#### **Helper Police Department**

(435) 472-3719

#### **Price Police Department**

(435) 636-3190

#### **USU-Eastern Police Department**

Office: (435) 613-5612

#### **Wellington Police Department**

(435) 637-4830

### **Emery County Sheriff's Office**

(435) 381-2404

#### **Green River Police Department**

(435) 564-3474

## **Public Safety Listings— Fire Department\***



*Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

**East Carbon Fire Department**  
(435) 888-2100

**Emery County Fire Departments**  
Contact ECSO (435) 381-2404

**Helper Fire Department**  
(435) 472-3572

**Price Fire Department**  
(435) 636-3187

**Wellington Fire Department**  
(435) 637-5213

\*These are non-emergency numbers, for emergencies please call: **911**.

## Disclaimer

Please note that the provided resources are for informational purposes and that Utah State University or Utah State University – Extension does not specifically endorse their services. These resources are intended as a guide to available, local services. USU and USU Extension do not control the companies, websites, or services listed in this resource.

If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension  
Ashley Yaughner, PhD  
(435) 636-3276  
[ashley.yaughner@usu.edu](mailto:ashley.yaughner@usu.edu)  
751 East 100 North, Suite 2300  
Price, Utah 84501

## Credits

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### **EEO/Civil Rights and Non-Discrimination Statements**

In its programs and activities, including in admissions and employment, Utah State University does not discriminate or tolerate discrimination, including harassment, based on race, color, religion, sex, national origin, age, genetic information, sexual orientation, gender identity or expression, disability, status as a protected veteran, or any other status protected by University policy, Title IX, or any other federal, state, or local law. The following individuals have been designated to handle inquiries regarding the application of Title IX and its implementing regulations and/or USU's non-discrimination policies: Executive Director of the Office of Equity, Alison Adams-Perlac, [alison.adams-perlac@usu.edu](mailto:alison.adams-perlac@usu.edu), Title IX Coordinator, Hilary Renshaw, [hilary.renshaw@usu.edu](mailto:hilary.renshaw@usu.edu), Old Main Rm. 161, 435-797-1266. For further information regarding non-discrimination, please visit [equity.usu.edu](http://equity.usu.edu), or contact: U.S. Department of Education, Office of Assistant Secretary for Civil Rights, 800-421-3481, [ocr@ed.gov](mailto:ocr@ed.gov) or U.S. Department of Education, Denver Regional Office, 303-844-5695 [ocr.denver@ed.gov](mailto:ocr.denver@ed.gov). Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Kenneth L. White, Vice President for Extension and Agriculture, Utah State University.

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Extension  
UtahStateUniversity



HEALTH EXTENSION  
Advocacy. Research. Teaching.

CARBON & EMERY  
**OPIOID &  
SUBSTANCE USE  
COALITION**



UTAH DEPARTMENT OF  
**HEALTH**  
Violence & Injury Prevention Program



**BE EPIC**  
**ESCAPE the VAPE**  
E-Cigarette Prevention  
in Rural Communities



For More Information, visit us at [UtahOpioids.org](http://UtahOpioids.org)

This booklet is periodically updated on the  
USU Extension HEART website, found at:  
[extension.usu.edu/heart/resource-books](http://extension.usu.edu/heart/resource-books)