



DISCOVER



4-H POULTRY SHOWMANSHIP CLUBS



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Description

The Discover 4-H Clubs series guides new 4-H volunteer leaders through the process of starting a 4-H club or provides a guideline for seasoned volunteer leaders to try a new project area. Each guide outlines everything needed to organize a club and hold the first six club meetings related to a specific project area.

Purpose

The purpose is to create an environment for families to come together and participate in learning activities that can engage the whole family, while spending time together as a multi-family club. Members will experiment with new 4-H project areas.

What is 4-H?

4-H is one of the largest youth development organizations in the United States. 4-H is found in almost every county across the nation and enjoys a partnership between the U. S. Department of Agriculture (USDA), the state land-grant universities (e.g., Utah State University), and local county governments.

4-H is about youth and adults working together as partners in designing and implementing club and individual plans for activities and events. Positive youth development is the primary goal of 4-H. The project area serves as the vehicle for members to learn and master project-specific skills while developing basic life skills. All projects support the ultimate goal for the 4-H member to develop positive personal assets needed to live successfully in a diverse and changing world.

Participation in 4-H has shown many positive outcomes for youth. Specifically, 4-H participants have higher participation in civic contribution, higher grades, increased healthy habits, and higher participation in science than other youth (Learner et al., 2005).



Utah 4-H

4-H is the youth development program of Utah State University Extension and has more than 90,000 youth participants and 8,600 adult volunteers. Each county (Daggett is covered by Uintah County) has a Utah State University Extension office that administers the 4-H program.

The 4-H Motto

"To Make the Best Better!"

The 4-H Pledge

I pledge: My HEAD to clearer thinking, My HEART to greater loyalty, My HANDS to larger service and My HEALTH to better living, For my Club, my Community, my Country, and my world.

4-H Clubs

What is a 4-H Club? The club is the basic unit and foundation of 4-H. An organized club meets regularly (once a month, twice a month, weekly, etc.) under the guidance of one or more volunteer leaders, elects its own officers, plans its own program, and participates in a variety of activities. Clubs may choose to meet during the school year, only for the summer, or both.

Club Enrollment

Enroll your club with your local Extension office. Each member will need to complete a Club/member Enrollment form, Medical History form, and a Code of Conduct/Photo Release form (print these from the www.utah4h.org website or get them from the county Extension office).

Elect Club Officers

Elect club officers during one of your first club meetings. Depending on how many youth you have in your club, you can decide how many officers you would like. Typical officers will include a president, vice president, pledge leader, and secretary. Other possible officers or committees are: song leader, activity facilitator, clean-up supervisor, recreation chair, scrapbook coordinator, contact committee (email, phone, etc.), field trip committee, club photographer, etc. Pairing older members with younger members as Sr. and Jr. officers may be an effective strategy to involve a greater number of youth in leadership roles and reinforce the leadership experience for both ages. Your club may decide the duration of officers—six months, one year, etc.



A Typical Club Meeting

Follow this outline for each club meeting:

- Call to order–President
- Pledge of Allegiance and 4-H Pledge–Pledge Leader (arranges for club members to give pledges)
- Song–Song Leader (leads or arranges for club member to lead)
- Roll call–Secretary (may use an icebreaker or get acquainted type of roll call to get the meeting started)
- Minutes of the last meeting–Secretary
- Business/Announcements–Vice President
- Club Activity–arranged by Activity Facilitator and includes project, lesson, service, etc. These are outlined by project area in the following pages.
- Refreshments–arranged by Refreshment Coordinator
- Clean Up–led by Clean-up Supervisor



Essential Elements of 4-H Youth Development

The essential elements are about healthy environments. Regardless of the project area, youth need to be in environments where the following elements are present in order to foster youth development.

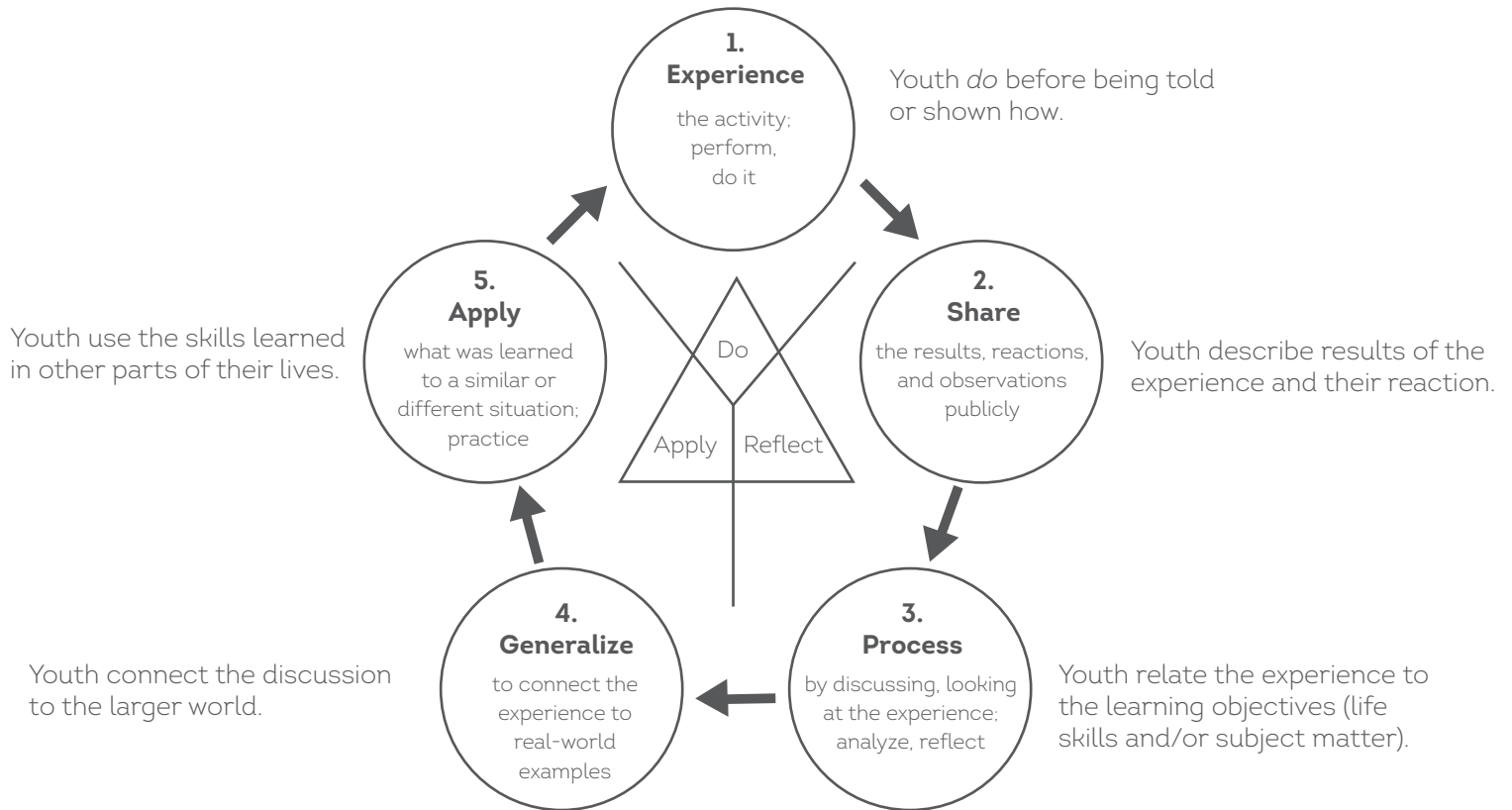
1. **Belonging:** a positive relationship with a caring adult; an inclusive and safe environment.
2. **Mastery:** engagement in learning; opportunity for mastery.
3. **Independence:** opportunity to see oneself as an active participant in the future; opportunity to make choices.
4. **Generosity:** opportunity to value and practice service to others.

(Information retrieved from: <http://www.4-h.org/resource-library/professional-development-learning/4-h-youth-development/youth-development/essential-elements/>)



4-H “Learning by Doing” Learning Approach

The Do, Reflect, Apply learning approach allows youth to experience the learning process with minimal guidance from adults. This allows for discovery by youth that may not take place with exact instructions.



4-H Mission Mandates

The mission of 4-H is to provide meaningful opportunities for youth and adults to work together to create sustainable community change. This is accomplished within three primary content areas, or mission mandates, - citizenship, healthy living, and science. These mandates reiterate the founding purposes of Extension (e.g., community leadership, quality of life, and technology transfer) in the context of 21st century challenges and opportunities. (Information retrieved from: http://www.csrees.usda.gov/nea/family/res/pdfs/Mission_Mandates.pdf)

- Citizenship:** connecting youth to their community, community leaders, and their role in civic affairs. This may include: civic engagement, service, civic education, and leadership.
- Healthy Living:** promoting healthy living to youth and their families. This includes: nutrition, fitness, social-emotional health, injury prevention, and prevention of tobacco, alcohol, and other drug use.
- Science:** preparing youth for science, engineering, and technology education. The core areas include: animal science and agriculture, applied mathematics, consumer science, engineering, environmental science and natural resources, life science, and technology.

Getting Started

1. Recruit one to three other families to form a club with you.
 - a. Send 4-H registration form and medical/photo release form to each family (available at utah4h.org)
 - b. Distribute the Discover 4-H Clubs curriculum to each family
 - c. Decide on a club name
 - d. Choose how often your club will meet (e.g., monthly, bi-monthly, etc.)
2. Enroll as a 4-H volunteer at the local county Extension office (invite other parents to do the same)
3. Enroll your club at the local county Extension office
 - a. Sign up to receive the county 4-H newsletter from your county Extension office to stay informed about 4-H-related opportunities.
4. Identify which family/adult leader will be in charge of the first club meeting.
 - a. Set a date for your first club meeting and invite the other participants.
5. Hold the first club meeting (if this is a newly formed club).
 - a. See *A Typical Club Meeting* section above for a general outline.
 - i. Your activity for this first club meeting will be to elect club officers and to schedule the six project area club meetings outlined in the remainder of this guide. You may also complete a-d under #1 above.
 - b. At the end of the first club meeting, make a calendar outlining the adult leader in charge (in partnership with the club president) of each club meeting along with the dates, locations, and times of the remaining club meetings.
6. Hold the six project-specific club meetings outlined in this guide.
7. Continue with the same project area with the 4-H curriculum of your choice (can be obtained from the County Extension Office) OR try another Discover 4-H Club project area.



Other Resources

Utah 4-H website: www.Utah4-h.org

National 4-H website: www.4-h.org

4-H volunteer training:

To set up login:

<http://utah4h.org/htm/volunteers/get-involved/new-volunteer-training>

To start modules: <http://4h.wsu.edu/volunteertraining/course.html>

(password = volunteer)

References

Information was taken from the Utah 4-H website (utah4h.org), the National 4-H Website (4h.org), the Utah Volunteer Handbook, or as otherwise noted.

Lerner, R., M. et al., (2005). Positive youth development, participation in community youth development programs, and community contributions of fifth grade adolescents: Findings from the first wave of the 4-H Study of Positive Youth Development. *Journal of Early Adolescence*, 25(1), 17-71.

We would love feedback or suggestions on this guide; please go to the following link to take a short survey:

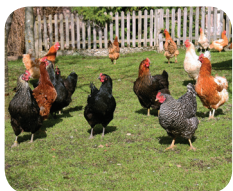
<http://tinyurl.com/lb9tnad>

4-H POULTRY SHOWMANSHIP CLUB *Meetings*



Club Meeting 1

Introduction to Poultry Showmanship 2



Club Meeting 2

Selecting Your Chicken 5



Club Meeting 3

Bringing Your Chicken Home 7



Club Meeting 4

Preparing for the Show (Washing and Grooming) 10



Club Meeting 5

Preparing for the Show (Training and Evaluation) 12



Club Meeting 6

Ready, Set, Show! 14

4-H *Club Meeting 1* Introduction to Poultry Showmanship

The 4-H Poultry Showmanship project is designed for youth to learn how to raise, grow, and exhibit chickens. 4-Hers who participate in the Discover 4-H Poultry Showmanship will gain valuable knowledge in how to feed, care for, fit, groom, show, identify varieties of poultry, and keep an account of their activities.



Supplies

- If youth have not purchased a chicken then provide a rooster, hen pullet (female chicken under one year of age), and an egg. If live birds are not available models or pictures are great too!
- Pictures or Power Point showing different breeds of chickens.
- Copies of pages 2-6 & 17 of The 4-H Poultry Project for each member, if possible.
- Pencils, 2 Pocket folder, and Portfolio pages for Poultry:
<http://utah4h.org/htm/general-forms/portfolios/>
(You can request that members bring these supplies.)
- Copies of "Poultry Terms Match Game"

PRIOR TO FIRST CLUB MEETING

- Arrange a meeting space that will provide an area for youth to handle and interact with their chicken as well as an area to sit for classroom style instruction. Local farmers are a great resource to contact for meeting space. If you are unable to find poultry producer contact your local county agent for ideas.
- Consider asking a local poultry producer to attend club meeting to answer questions club members or parents might have.
- Inform all members and parents of meeting locations, times and any supplies they are responsible for (Chicken, cage, bedding, grooming supplies, feed, water, pencils, etc.).
- Assign members to do some research (local library, Google) about poultry showmanship and come prepared to share about what they have found.
- Review information found in The 4-H Poultry Project (specifically pages 2-6 & 17 for first meeting).
- Review icebreaker and introduction ideas from "Getting Acquainted" on how to get members interacting.



WHAT TO DO

1. Organize the club with a president, vice-president, and secretary. Decide on meeting days, times, and places. Call meeting together, and begin with the Pledge of Allegiance and 4-H pledges, introduce leaders/participants and cover any club business items.
2. Select one member to lead an icebreaker game to allow members time to introduce themselves to each other and get comfortable working together.
<http://4h.msue.msu.edu/uploads/resources/4-HGroupBuildingIdeas2.pdf>
3. Give each member copies of pages 2-6 & 17 in "Introduction to Poultry."
<https://www.unce.unr.edu/4H/programs/stem/files/pdf/4-HManualIntroPoultry.pdf>
4. Introduce the "Parts of a Chicken" (pg. 2), and then using the illustration on page 17 have members complete the activity "Identifying Chicken Parts" using a live specimen if available. This can be done individually or as a group activity. You can even make it into a friendly competition!
5. Using pages 3 & 4 introduce the "Poultry Terms" and allow discussion. Depending on the age of the club members and if time allows use the attached "Poultry Terms Match" game to aid in memorizing these terms and their meanings. This can be done individually or as a group activity. Try to use different groups each time which allows members an opportunity to get to know everyone.
6. Introduce the next week's topic, "Selecting Your Chicken" as well as meeting time and location for the next meeting if different.
7. Encourage members to do some research in their own time using these valuable fact sheet resources available at **<http://extension.usu.edu/htm/publications/by=category/category=39>**
8. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about today's activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to collect folders)



Reflect

- Briefly review the topics covered in this meeting.
- Ask members what they felt was the most valuable information they learned in this meeting.

Apply

- Name some things that we use chickens for in our daily lives. (meat, eggs, etc.)
- Why is it important to understand the proper care and needs of chickens before starting a poultry project?
- Why is it important to be able to identify and know the correct terms for poultry projects?
- How does a raising healthy chicken affect us?

DEBRIEFING

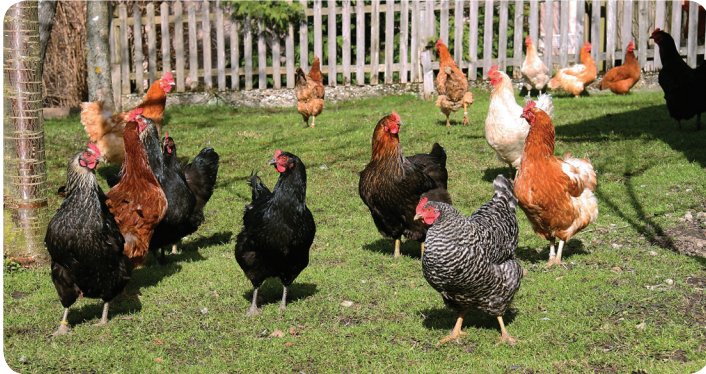
Allow time for questions and answers.



4-H *Club Meeting 2* Selecting Your Chicken



This club meeting will cover breeds of chickens, understanding breeds of chickens, and deciding which breed of chicken is best for your project.



Supplies

- Different breeds of chickens. Can be live specimens or pictures.
- Poultry judge, if available.
- Copies of pages 2 -5 from "Introduction to the 4-H Poultry Project" for each member.
- Member's folders.

PRIOR TO CLUB MEETING 2

- Review "Introduction to the 4-H Poultry Project" specifically pages 2-5.

Getting *Started*



WHAT TO DO

1. Have club president or member call meeting together. Begin with pledges and club business.
2. Select one member to lead an icebreaker game (1-2 minutes).
3. Give each member copies of pages 2-5 from "Introduction to Poultry."
4. Introduce Breeds of Chickens (pg. 4-5), and if time allows consider using the "Understanding Breeds" activity on to test for understanding.
http://www.lsuagcenter.com/mcms/images/departments/4hteens/project_books/pub2390%20Intro%20Poultry%20Project%20%284th-6th%29.pdf
5. Introduce the next week's topic, "Bringing Your Chicken Home."
6. Encourage members to do some research in their own time using these valuable fact sheet resources available at <http://extension.usu.edu/htm/publications/by=category/category=39>
7. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about the activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to collect folders)



Reflect

- Briefly review why understanding the different breeds of chickens and their uses is important.
- Ask members if the icebreakers have helped them get to know and learn to work with club members.

Apply

- What is the purpose of an exhibition bird?
- Why are Bantams the best choice for exhibition birds?

DEBRIEFING

Allow time for questions and answers.



4-H *Club Meeting 3*

Bringing Your Chicken Home (Nutrition and Care)



Supplies

- Member's folders.
- Copies of "Basics for Raising Backyard Chickens" for each member.
http://extension.usu.edu/files/publications/publication/AG_Poultry_2010-02pr.pdf
- Balanced ration feed sack or bag.
- Copies of "Feed Consumption and Space Requirements" for each member.
- Samples of different types of feed, pelleted, mash, crumbles, whole grains.
- Pictures or samples of feeder types. Check with local feed store to see if you can borrow samples for the day, many will let you. Pictures can also be found on the internet.
- Pictures of samples of watering types. Again check with local feed store or internet.
- Copies of "Small Scale Poultry Housing" for each member.

PRIOR TO CLUB MEETING 3

- Review "Basics for Raising Backyard Chickens."
- Review "Feed Consumption and Space Requirements."
- Review "Small Scale Poultry Housing."
- Consider reviewing the following links to learn more about basic poultry health, feeding, and housing of poultry, including nesting boxes for layers and space requirements for all poultry.
<http://extension.psu.edu/animals/poultry/topics/housing>
http://www.merckmanuals.com/vet/poultry/nutrition_and_management_poultry/nutritional_requirements_of_poultry.html <http://www2.ca.uky.edu/smallflocks/Health.html>

Getting *Started*



WHAT TO DO

1. Have club president or club member call meeting together. Begin with pledges and club business.
2. Select one member to lead an icebreaker game (1-2 minutes).
3. Display examples of feeders and styles discuss or show the types of feeders available for poultry. Discuss which feeders should be used for baby poultry, growing poultry, and adult poultry.



WHAT TO DO CONTINUED

4. Discuss Types of Feed: Show the group a bag of balanced ration feed. Explain to members that any commercial type feed they buy will have a feed tag attached to the bag. A feed tag is like the Nutrition Facts label you see on a cereal box. It lists the ingredients in the feed. The ingredients listed are in the descending order of the percent makeup of the feed.
5. Discuss that complete pelleted growing rations that range from 20-24 percent protein are adequate and easily accessible through many commercial feed companies. Instruct members to check local feed stores and see what types of rations are available for their specific breeds.
6. Discuss the importance of feed quality. Old, moldy, rancid, or stale feed may not be eaten by poultry and may harm them. Use feed as fresh as possible to ensure that vitamins and minerals are being supplied in quantities list on label. http://www.merckmanuals.com/vet/poultry/nutrition_and_management_poultry/nutrition
7. Reinforce that water is one of the most important nutrients; weight gain and growth is dependent on water intake. Display examples of waterers and discuss the types available for use with poultry. Affirm that devices used for watering must be kept clean, free of slime, and dirt. Poultry should always have access to a supply of clean, fresh, water!
8. Discuss poultry housing for different types of poultry. Include nesting boxes for layers, and space requirements for all poultry. Discuss the disadvantages of mixing poultry, examples, (chickens & turkeys) (ducks & chickens) and relate those to disease problems. <http://extension.psu.edu/animals/poultry/topics/housing>
9. Discuss poultry health and well-being. Prepare to help members know about common diseases, parasites, and nutritional related problems that poultry may encounter. <http://www2.ca.uky.edu/smallflocks/Health.html>
10. Introduce the next week's topic, "Preparing for the Show-Washing & Grooming" as well as meeting time and location for the next meeting, if different.
11. Handout copies of "Basics for Raising Backyard Chickens" to members to keep in their folders for review.
12. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about the activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to collect folders)



Reflect

- Briefly review by asking members to recall what was covered in today's meeting.
- Ask members to think about what they have learned today and share what they felt was the most valuable lesson.

Apply

- Name some things that are required for proper care and housing of poultry.
- Why is it important to know which feeds and when to feed poultry?
- Why is it important to be able to recognize fresh feed and water?
- What is the best housing for your poultry project?

DEBRIEFING

Allow time for questions and answers.



4-H Club Meeting 4

Preparing for the Show (Washing and Grooming)



Supplies

- Copies of "Preparing Your Bird for the Poultry Showmanship Contest"
http://extension.usu.edu/files/publications/publication/AG_Poultry_2012-06pr.pdf for each member.
- Member folders.
- Four tubs that bird will fit into easily, shampoo, vinegar, hair conditioner, towels, old toothbrush, dog nail clippers, blow dryer, emery board, and a small sponge.
- Warm water source.

Now that you have selected your bird, and are caring for and feeding it properly, it is time to start getting it ready to produce eggs.

PRIOR TO CLUB MEETING 4

- Review the information found on Fitting and Grooming on pg. 10 of the "4-H Poultry Project."
- Review "Preparing Your Bird for the Poultry Showmanship Contest."

Getting Started



WHAT TO DO

1. Have club president or club member call meeting together. Begin with pledges, introductions, and any club business.
2. Select one member to lead an icebreaker game (1-2 minutes).
3. Have youth prepare tubs with water at the proper temperature.
4. Demonstrate how and then instruct youth to grasp the bird with both hands and lower it gently into the water and wash bird in soapy water.
5. Instruct youth to transfer bird to second tub containing a small amount of vinegar and rinse bird.
6. Instruct youth to transfer bird to third tub for final rinse. If you have white birds you will need to use four tubs. The third tub will have a small amount of bluing in it, just enough to give the water a slight blue color. Rinse bird in it and then in clean water in the fourth tub for final rinse.



WHAT TO DO CONTINUED

7. Have youth wrap their bird in towel with head sticking out one end and feet out the other. Clean head and feet.
8. Trim top beak use emery board to smooth edges
9. Clip toe nails.
10. Finish drying bird, using a dry towel pressing down, do not rub. You can also use a hair dryer on low heat to finish drying bird. Keep bird in warm environment until completely dry.
11. Introduce the next week's topic, "Preparing for the Show- Training & Evaluation" as well as meeting time and location for the next meeting, if different.
12. Encourage members to do some research in their own time using these valuable fact sheet resources available at <http://extension.usu.edu/htm/publications/by=category/category=39>
13. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about today's activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to collect folders).



Reflect

- Review the topics and activities from the meeting by asking members to talk about what they have learned today.
- Ask members to reflect on the washing and grooming of their bird and share what they felt was important about the process.

Apply

- Name some things that we used for bathing your chickens. (water, tubs, shampoo, clippers, towels.)
- Why is it important to understand the proper technique in bathing and grooming your bird?

DEBRIEFING

Allow time for questions and answers.



4-H Club Meeting 5

Preparing for the Show (Training and Evaluation)



Supplies

- Copies of "Preparing Your Bird for the Poultry Showmanship Contest"
- Copies of "What is expected of the Poultry Showman" for each member.
- Member folders.
- A dowel, stick or a pointer.
- 6 foot table with old carpet or some other non-slick material for the bird to stand and walk on.
- Your bird's favorite treat to encourage it to stand and walk.
- Poultry cage.

Training and practicing for showmanship involves preparing oneself as well as teaching the bird. An exhibitor must know what to do, how to do it and when to do it. In this meeting we will begin to handle and train our birds as well as how to present the bird to the showmanship Judge.

PRIOR TO CLUB MEETING 5

- Review "Preparing Your Bird for the Poultry Showmanship Contest."
- Review "What is expected of the Poultry Showman."

Getting Started



WHAT TO DO

1. Have club president or club member call meeting together. Begin with pledges, introductions, and any club business.
2. Demonstrate and instruct members to practice the caging and carrying of the bird.
3. Demonstrate and instruct members to practice training their birds to pose.
4. Demonstrate and instruct members to practice training their birds to walk.
5. Introduce and have members demonstrate the examination steps of the bird for the judge.
6. Introduce showmanship questions and begin quizzing members while letting them know where to look for answers.



WHAT TO DO CONTINUED

7. Introduce the next week's topic, "Preparing for the Show- Training & Evaluation" as well as meeting time and location for the next meeting, if different.
8. Encourage members to do some research in their own time using these valuable fact sheet resources available at <http://extension.usu.edu/htm/publications/by=category/category=39>
9. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about today's activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to collect folders).



Reflect

- Ask members to discuss the showmanship training skills they acquired in this meeting.
- Ask each member to discuss what they felt they have improved on since the first meeting.
- Ask each member to discuss what they feel they could improve on before the next meeting.

Apply

- Name some things that we used for training the bird to pose and walk.
- Why is it important to understand the proper technique in showing your bird to the judge?
- What are two questions a showmanship judge might ask you?

DEBRIEFING

Allow time for questions and answers.



Supplies

- A meeting space that will provide an area for youth to handle and interact with their chicken as well as an area to sit for classroom style instruction.
- Copies of "4-H Poultry Showmanship Questions" for each member. <http://www.cals.uidaho.edu/ed-comm/pdf/CIS/CIS1206.pdf>
- Member folders.
- Birds for each member, if possible.
- Pointer for each member.
- Table with non-slick mate
- Poultry cage for each bird.
- Bottle of baby oil for each member.
- Package of baby wipes for each member.
- Tube of antibiotic ointment
- A toothbrush (can be old) for each member.
- A blood stopper for each member.
- A silk cloth for each member.
- A container for each member to put grooming materials in.

The purpose of this meeting will be to instill the importance of practicing with your bird as well as studying showmanship questions to memory. Now that you have learned everything needed to present a well-mannered, properly fed and cared for bird before a judge, it is time to prepare a show grooming kit, and practice, practice, practice, the steps of bird evaluation with your bird! Club time will also be used to study up on the showmanship questions that might be asked on show day.

PRIOR TO CLUB MEETING 6

- Review "Preparing Your Bird for Poultry Showmanship Contest."
- Review "What is Expected of the Poultry Showman."
- Review "4-H Poultry Showmanship Questions."



WHAT TO DO

1. Have club president call meeting together, begin with pledges, and club business.
2. Demonstrate and have members prepare their show grooming kit which will include the following: baby oil, baby wipes, antibiotic ointment, old toothbrush, blood stopper and silk cloth.
3. Instruct 4-Hers do preshow grooming of their birds.
4. Conduct a mock showmanship contest giving each 4-Her 1) time to present their bird 2) go over the bird evaluation 3) pose and walk their bird and 4) cage and uncage their bird.
5. Ask showmanship questions to the 4-Hers and allow them to respond. Make sure when correcting any incorrect responses to do so in a positive manner.
6. Encourage members to continue learning in their own time using these valuable fact sheet resources available at <http://extension.usu.edu/htm/publications/by=category/category=39>
7. Hand out pencils, portfolio project pages and folders. Direct youth to spend 2-5 minutes writing about today's activity in the project report section of the 4-H Portfolio and discuss what could be included in the size and project scope section (Section 1a) and in the skills and knowledge learned section (Section 1b). (Make sure to send members home with their folders).



Reflect

- Ask members to reflect on their club experience and what they have learned throughout the club meetings.
- Ask members if poultry showmanship is something they will continue to do.
- Reflect over all of the club meetings and take a moment to tell each of your members something you learned from them.

Apply

- Have 4-Hers ask each other showmanship questions.
- Why is it important to understand the proper technique in showing your bird to the judge?

DEBRIEFING

Allow time for questions and answers.



More to *Discover*

Congratulations on completing your Discover 4-H club meetings! Continue with additional curriculum in your current project area, or discover other 4-H project areas. Check out the following links for additional 4-H curriculum.

1. <http://utah4h.org/htm/discover4hclubs>
2. <http://www.4-h.org/resource-library/curriculum/>
3. <http://utah4h.org/htm/resource-library/view-all-curriculum>

Become a 4-H Member or Volunteer

To **register** your Utah club or individuals in your club visit:

<http://www.utah-4.org/htm/staff-resources/4-h-online-support>
<http://utah4h.org/htm/about-4-h/newto4h/>

Non-Utah residents please contact your local 4-H office:

<http://www.4-h.org/get-involved/find-4-h-clubs-camps-programs/>



Stay *Connected*

Visit Your County Extension Office

Stay connected with 4-H activities and news through your county Extension office. Ask about volunteer opportunities and don't forget to register for your county newsletter. Find contact information for counties in Utah here:

<http://extension.usu.edu/htm/counties>

Enjoy the Fair!

Enter your project or create a new project for the county fair. Learn about your county fair and fair judging here:

<http://utah4h.org/htm/events-registration/county-fairs>



Participate in Local or State 4-H Activities, Programs, Contests or Camps

For Utah state events and programs visit:

<http://utah4h.org/htm/events-registration>

<http://www.utah4h.org/htm/featured-programs>

For local Utah 4-H events and programs, visit your county Extension office.

<http://extension.usu.edu/htm/counties>

Non-Utah residents, please contact your local 4-H office.

<http://www.4-h.org/get-involved/find-4-h-clubs-camps-programs/>



Discover *Service*

Become a 4-H Volunteer!

 <http://www.youtube.com/watch?v=UBemO5VSyK0>

 <http://www.youtube.com/watch?v=U8n4o9gHvAA>

To become a 4-H volunteer in Utah, visit us at:

<http://utah4h.org/htm/about-4-h/newto4h/>

Serve Together as a 4-H Club or as an Individual 4-H Member

Use your skills, passions, and 4-H to better your community and world. You are needed! Look for opportunities to help in your area or participate in service programs that reach places throughout the world (religious groups, Red Cross, etc.).

Hold a Club Service Project

USU Collegiate 4-H Club hosted "The Gift of Giving" as a club activity. Club members assembled Christmas stockings filled with needed items for CAPSA (Community Abuse Prevention Services Agency).

<http://tinyurl.com/lu5n2nc>



Donate 4-H Projects

Look for hospitals, nursing homes, or other nonprofit organizations that will benefit from 4-H projects. Such projects include making quilts for CAPSA or Primary Children's Hospital, or making beanies for newborns. During Utah 4-H State Contests, 40 "smile bags" were sewn and donated to Operation Smile.

Partner with Local Businesses

92,000 pounds of processed lamb, beef, and pork were donated to the Utah Food Bank in 2013 by multiple companies.

<http://tinyurl.com/pu7lxyw>

Donate Money

Clubs or individuals can donate money gained from a 4-H project to a worthy cause. A nine-year-old 4-H member from Davis County donated her project money to help a three-year-old battle cancer.

<http://tinyurl.com/mqtfwxo>



Give Us Your *Feedback*

Help us improve Discover 4-H curriculum. We would love feedback or suggestions on this guide; please go to the following link to take a short survey:

<http://tinyurl.com/lb9tnad>