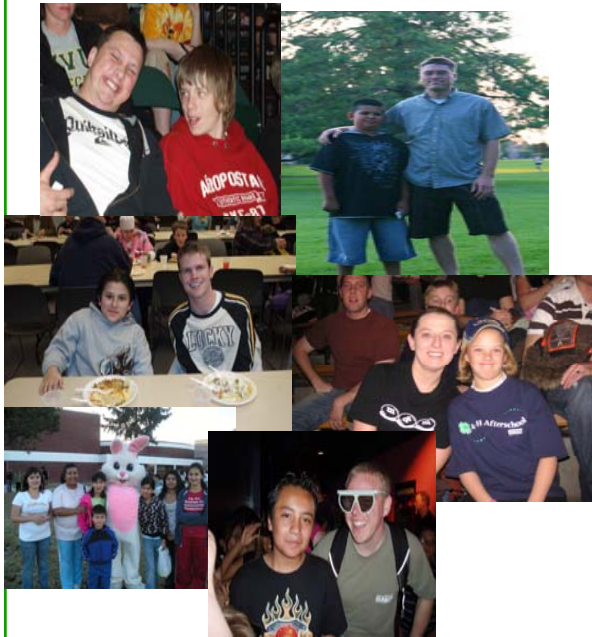


Why become a 4-H Mentoring Family?

- * Your child will receive a mentor
- * Your child will have the opportunity to participate in an afterschool club.
- * The program provides fun monthly activities at no-cost to its Participants
- * Its an opportunity to meet people and develop friendships
- * It's an opportunity to help strengthen family relationships.



Utah county 4-H Mentoring



Mentor a child, change a life

Utah County 4-H Mentoring





Utah County 4-H Mentoring Program

8 Sites in Utah County:

Orem:

Aspen Elementary

Westmore Elementary

Geneva Elementary

Provo:

Lakeview Elementary

Franklin Elementary

Timpanogos Elementary

SpringCreek Elementary

Spanish Fork:

Park Elementary

What is 4-H Mentoring?

4-H Mentoring is a one-to-one mentoring program that matches youth between the ages of 10-14 with a volunteer mentor to provide a caring and supportive relationship.

What do mentors do?

The main responsibility of a 4-H mentor is to be a friend, support, and positive role model to their assigned youth.

Mentors are required to meet with their youth at least once a week for an hour, doing activities that will help develop a supportive and caring relationship.

Mentors are encouraged to plan activities that are educational and FUN.

4 Components of Mentoring



1. One-to-one Mentoring

Youth meet one-on-one with their mentor each week for an hour.

2. Family Night Out

Monthly activities for mentoring families that are designed to strengthen family bonds through a family meal and activity.

3. Mentor/Mentee Activities

Monthly activities for mentors and mentees to do something fun together and strengthen the mentoring relationship. Activities include: laser tag, plays, sports events, etc.

4. Afterschool Mentoring club

An afterschool mentoring club for the period of 10 weeks each semester provided for the mentoring youth. The mentoring club teaches a skill over the period of 10 weeks and allows the youth to interact with their peers and site coordinator.

